

Inside the mind of a psychopath

Psychology



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Inside the Mind of a Psychopath

The article to be discussed herein is titled inside the mind of a psychopath authored by Kent and Joshua (2010). The article derives a typical study on Neuroscientists who are making the discovery on cold-blooded killers suffering from a brain abnormality. The author alludes that the term psychopath intrigues up movie images of brutal incomprehensible violence's and draws particular analogies of people who have this mental problem in prisons. These people tend to lack some elements in life such as empathy and are incapable to engage in vices that are awful without regrets. Psychopaths cover their deficiencies and it would take extra effort and time before discovering such characters. These people show appearances of normalcy even with guilt inside of the most erratic and irresponsible actions and sometimes would turn violent and destructive. Kent (2010) believes that nearly every culture on earth has individuals whose antisocial behavior poses a threat to the communities' peace. He mentions that by the help of technology, the brain activities of such characters can be captured and an investigation carried on what is happening inside them. This article, therefore, analyzes the traits of psychopaths and how they react to the world around them. In relation to this subject, it is evident that far from being selfish, psychopaths suffer from a biological defect and their brains tend to process information differently. In the real sense, psychopaths exist in real life and Newman believes that they are un-reactive and have normal physiological responses to unpleasant stimuli. In as much as they may look appealing, they have the capacity to be tone-deaf, because they lack access to their own feelings and those of others. Tentatively, <https://assignbuster.com/inside-the-mind-of-a-psychopath/>

I agree with the author of this article since the psychopaths ' experience the world in his or her own context from other people. They have issues upon issues making appropriate moral judgments on values and putting breaks through their impulses. They also have issues on how to deal with emotions, especially fear and have trouble identifying fearful facial expressions. According to Kent, these individuals feel irritated when things do not work their way and turn to risky behaviors to fulfill the desires of their hearts.

It is essentially interesting to discover that psychopaths have trouble understanding metaphors and are more likely to judge negatively other phrases than others are. According to Kiehl, psychopaths make more errors when identifying abstract nouns and have lapses in how they pay attention. However interesting this may sound, there are also some confusing elements about this set of people. As stated in this article, the psychopaths get offended very quickly and are more violent than others. They are also to a higher extent susceptible to committing new crimes on release from prison. Kierl observes that a recent study indicated that the expense of prosecuting and incarcerating psychopaths. When combined with the cost of the havoc caused in wrecking others' lives would amount to \$250 billion to \$400 billion a year.

In relation to this article, it would be of importance for me to subjectively dwell in studying the brain structures of this people and understand why they go through these issues. Kiehl alludes that one or two brain is always not enough to produce the profound impairments of psychopaths. By this, it is of importance to study their brain structures and understand how this people arrive

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at the decisions they make. Rather than allowing them machines and technology to detect the actions of these people, it is important for a careful study to be held in order to establish the cause of this brain damage and corrective measures that can be deployed. Psychopaths just like any other human beings have the right to have proper treatment and for this to be achieved, a careful study of their behaviors and their thought patterns should be analyzed.

Through scans that have been carried by scientists, the discovery has been made that purports to the fact that the significant impairments that affect the ability of these people to feel emotion takes place in their brains. It is analyzed that these people never learn from their mistakes and even though some people believe this disorder is untreatable, there is hope. There is no proper reason to reject these people and seclude them when appropriate measures can be deployed to manage their situations. In a nutshell, these people's brains process information differently and it would look like they have learning disabilities that also impair their emotional development. Dwelling in this would lead to greater findings that would facilitate the safety of communities in which these people live. A new treatment method has been enacted to help juvenile offenders with psychopathic tendencies to get care.

In as much as scientists continue to ascertain brain malfunctions of psychopaths, it is important for a society to aid in the bringing of sanity in their places since it makes no sense to ignore these people when they pose threats to the society. It is important to live with these people in harmony and avoid issues that would trigger their violence. As Kent and Kiehl put it, the psychopaths are not appalling people, the only thing that

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makes them different is the brain abnormality that sets them in a world that barely understands them.

Works Cited

Kiehl, Kent A, and Joshua W. Buckholtz." Inside the Mind of a Psychopath."
Scientific American Mind. 21. 4 (2010): 22-29. Print.