

Alcohol and other drug counselling



**ASSIGN
BUSTER**

Alcohol & other drug counseling Introduction: Alcoholism was always a potent threat to the society but in the last one decade it has affected the society and the teenagers in a disturbingly manner. Alcohol abuse has also accelerated the crime rate. The ill-effects of alcoholism have borne out evidently in census figures. Apart from alcoholism another lurking danger is other drug abuse. Drugs like Heroine, coke and ganja has increased to a great extent. Now, even students get access to these dangerous drugs and this is how many lives are ruined. According to the research and reports by Australian institute for health and welfare (Australian government), the drug abuse has propagated heavily since 2004. The book, (Tracy J Jarvis & Jenny Tebbutt & Richard P Mattick & Fiona Shand 2005, p. 88), could be a great ray of hope. The Elevation of Alcoholism The elevation of alcoholism as well as other drug abuse has encouraged many treatments to appear in the market. There are different types of drug treatment which are entirely dependent upon the seriousness of the matter. Now, each drug has its own side effects. The ill effects of the drugs like heroine and coke is immense. It is potent enough to cause hallucination therefore known as hallucinogen. Addiction to alcohol and other drugs not only triggers the health but also social and family matters. Excessive consumption of morphine, coke, heroin can also lead to death. The rate of Juvenile offenders has also increased along with crimes like rape, murders, theft and etc. Families fall apart due to this curse of alcoholism. (Cengage Education Alcohol and Other Counselling Book 1. - Theory and terminology, Sociological aspects, Effects of substances use, Assessment and referral, Treatment approaches, Brief intervention strategiesm 2008, p. 10) provides intricate information regarding the effects on family, society and etc. Sharing needles among the users welcomes

deadly diseases such as jaundice, AIDS, hepatitis and all other severe blood borne diseases (Cengage Education Handbook 19481S -Health care workers on alcohol and other drug problems 2008, p. 15). Messages and Effects of Australian (Victoria) Media on Use and Abuse of Television Australia is worried about the usage of cannabis as per the press reports provided by ABC News. The effects of smoking cannabis are much adverse in people from 30-50 age groups. There are many rehabilitation centers that are helping Australian by initiating drug abuse and alcohol counseling. Heavily addicted people strictly need counseling as mere treatment will not help in restricting them from drug abuse. The young people tend to recover quickly as compared with the middle aged people (Cengage education on alcohol and other counseling 20134R readings 2008, p. 45). Evaluation The treatments provided by these rehabilitations include motivational counseling & Interviewing, creating bond with the family members, social interaction and certainly self-help and improvement. Treatments like these helps the patients to overcome addiction and start a normal life by providing similar stories, explaining the negative effects. (Alcohol and Other Drugs Counseling Book 2, Motivational interviewing, Addiction and self-help, Co-dependency and family issues, Special needs groups, Current issues, Relapse prevention and module review 2005, p. 30). According to the media reports in Australia, Cocaine aggravates the decaying of skin which can be medically termed as Pupura. Do these media messages remain ignored or educate the people?

References: 1. Jarvis, Tracy J & Tebbutt, Jenny & Mattick, Richard P & Shand, Fiona (2005). Treatment Approaches for Alcohol and Drug Dependence (2nd edn). John Wiley and Sons. 2. (2008). Cengage Education Handbook 19481S - Health care workers on alcohol and other drug problems. Cengage. 3.

<https://assignbuster.com/alcohol-other-drug-counselling/>

(2005). Cengage Education Alcohol and Other Counselling 20134R Readings. Cengage. 4. (2008). Cengage Education Alcohol and Other Counselling Book 1. - Theory and terminology, Sociological aspects, Effects of substances use, Assessment and referral, Treatment approaches, Brief intervention strategies. Cengage. 5. (2005). Alcohol and Other Drugs Counselling Book 2. Motivational interviewing, Addiction and self-help, Co-dependancy and family issues, Special needs groups, Current issues, Relapse prevention and module review. Cengage. 6. (2007). Cengage Education 20132A Book 1. Cengage. 7. AIHW (2005). Statistics on drug use in Australia 2004. Cat. no. PHE 62. Canberra: AIHW. 8. Addiction Treatment (April 5, 2010). “ Cannabis Popularity growing in Australia; Long Term Users Seeking Help”, Addiction Treatment Magazine. 9. Boynton, Emily (June 24, 2011). “ Levamisole - Contaminated Cocaine Triggers Decaying, Dying Skin”, Medical News Today. 10. Friedmann, Peter D. & Saitz, Richard & Samet, Jeffery H. (1998). “ Management of Adults Recovering From Alcohol and Other Drugs Problems”, JAMA.