

# What makes me happy essay sample



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We all want to know how to be happy, don't we? People are always trying to find something that would make them happy. Given the fact that no two people are alike, pursuits of happiness are very different from each other because each person perceives happiness in his or her own way. Certainly, everyone has something that makes him or her happy. Personally, there are three main things that make me happy at this point: family, love, and true friends.

First of all, my family makes me feel happy. My family is a safe harbor where I can be myself. It is not necessary for me to explain myself to my family because only they truly know who I am. I can be sure that even if someone lies to me or hurts me, my family will support me. What is more, caring about my family also makes me happy. For instance, when I buy a toy for my brother, it makes him happy; or when I give flowers to my mother, she kisses me tenderly. When I see my family healthy and smiling, my heart is filled with joy. In addition, I am happy when I am loved by my family, and when they care about me. Quite often, no one can love you as much as your family. Only they will think and worry about you every second.

Love also makes me happy. This beautiful feeling is really hard to describe and explain. Personally, I do not know what love is, however, I can surely say that love is a wonderful feeling that I will always want to experience and share with others. Moreover, love helps us to discover a lot of new things. Recently, when I was in love with a girl, I discovered some new and good qualities that she appreciated a lot. What is more, love is a great feeling because it is something that takes time to find. I am very happy that I rarely fall in love because, otherwise, I would not have had the time to focus on

something else besides love. Therefore, it is important not to chase after love in order to find your soul mate.

Finally, my true friends make me happy. There are not a lot of true friends. Nowadays, it is quite difficult to find a friend who will stand up for you in difficult situations. I am very happy and proud of having such friends despite the fact that I only have a few. Furthermore, my true friends are the persons who always respect my thoughts and views. They will never spread bad rumors behind my back, and will keep my secrets, even if we quarrel. Additionally, I am happy to have friends because of the joy of friendship. I like to interact with my friends because I can talk to them about various topics, can share my own ideas with them, and can learn a lot of new things from them.

To sum up, I would like to say that at the moment, family, love, and friends make me feel happy. I hope that this will always be an important and essential part of my life not only for me, but also for those who do not have mothers and fathers, who have never experienced the feelings of love, and who have never made real friends.