

# Healty competency statement



Healthy Environment Competency Statement I am competent in maintaining a healthy environment because I follow the guidelines, policies, and procedures set forth by the center. I model good health behavior and apply the knowledge that I have obtained in the following ways. \* I am current in First Aide, CPR, Communicable Disease and Child Abuse Training. \* I observe the children as they enter the room to quickly assess their general health. If there are any concerns I immediately consult with the parents. I ensure that I post hand washing procedures, diaper instructions, emergency plans. \* I establish good health practices such as tooth brushing, serving nutritious health foods and hand washing. \* To prevent the spread of germs I wash my hands upon enter the building and I ensure each child's hands are washed when they enter the room, prior to meals, after outside play, after sand and water play and if they are visually dirty. \* I sanitize tables before and after snacks and meals and crafts.

I also sanitized any equipment or toys that has been mouthed, sneezed or coughed upon. \* I ensure that tissues, paper towels, and hand soap are in places where the children can reach them. \* I observe the children for behavioral problems such as environmental stress, especially if they are new to daycare or changes in the family and problems with individual family members. \* I promote Dental Hygiene by encouraging the children to brush their teeth and if unable to brush I have them swish and swallow water. I post up a list of all the children that are allergic to foods or other items to ensure they do get served or come in contact with the item. \* I use various methods of getting out health information. I post flyers and parent letters of various health issues, from informing them of flu shots, to hearing tests. \*

When a child show signs of sickness and cannot continue to participate, I quarantine them from the other children and contact their parents.