

Alternative therapies case study

Business



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BUSTER**

Her spinal x-rays were not significant, and she was diagnosed with acute acculturates strain, instructed to take a nonessential anti-inflammatory medication, such as ibuprofen (David or Motoring) and given a prescription for hydrocarbon 5 MGM/acetaminophen 500 MGM (Loretta) POP ash pm for severe pain. She Nas instructed to rest her back for the next 24 hours.

Monday morning she called in sick to work because she couldn't think clearly because of the pain medication. She developed stomach pain, and her back pain was only slightly improved.

She called a friend who had experienced a similar episode and related a favorable outcome after Ewing treated with acupuncture. J. B. Comes to your alternative medicine clinic for her acupuncture appointment. 1 .

As you complete her intake interview, she asks “ What is acupuncture? ”

What will you tell her? Answer: Acupuncture is a technique in which practitioners stimulate specific points on the body most often by inserting thin needles through the skin. [HTTPS://inch. NIH. Gob/health/acupuncture/](https://www.nih.gov/health/acupuncture/) Introduction#heed 2. J.

B. Wants to know how acupuncture works. How will you explain acupuncture to her?

Answer: Acupuncture treatment involves the insertion of fine, sterile needles onto specific sites (acupuncture points) along the body's meridians to clear energy blockages and encourage the normal flow through the individual.

[Http:// NNW. Acupuncture.](http://www.nnw.acupuncture.org)

Org. AU/Health_Services/Acupuncture. Asps 3. J. B.

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Asks how acupuncture can help her back pain. Explain how acupuncture differs from traditional Western medicine in the treatment of back pain.

Answer: Acupuncture Traditional Chinese Medicine, It is often done in concert with dietary modifications, Chinese herbal medicine and other lifestyle changes.

The Western approach to healing and health creates institutions of medicine with ongoing search toward finding cures and solutions for common ailments. [Http:// NNW](http://NNW).

[Hourly. Com/WAP-content/polyunsaturated-western-medicine](http://Hourly.Com/WAP-content/polyunsaturated-western-medicine). PDF 4. J. B asks, “ What does it feel like? Does it hurt? ” How will you respond? Answer: acupuncture common cause the five sensations or sometime you don’t feel anything at all. You may feel heavy, because having an acupuncture point needled can feel like weight is being placed on the area.

You may feel achy because along with heaviness, an achy sensation can occur at the needling site. You may feel like electric, cause the needling of certain acupuncture points can feel almost like you’re being shocked or zapped. You may feel tingly because acupuncture points can cause tingling at the needling site as well as throughout the body. You may also tell Warm is a spreading sensation of warmth is a pleasant feeling, like internal heating pads are being applied to various body parts. Yes it does hurt.

[Http://esthetically](http://esthetically).

Com/what-does-acupuncture-feel-like J. B asks “ Does insurance cover the cost? Provide a response Some insurance companies are covering it because of increased awareness of the benefits of acupuncture as a preventative <https://assignbuster.com/alternative-therapies-case-study/>

measure as well as a treatment for some of aches and pains. Some insurance companies will don't cover the cost of acupuncture, but sometimes they will if the acupuncture treatment is being used to treat an illness. Eaten Insurance – coverage is limited to certain conditions including chronic back pain, migraines, pregnancy nausea, osteoarthritis, nausea and vomiting due to Chemotherapy, post-operative pain and tempore-mandible disorders.

Blue Cross and Blue Shield Insurance – covers acupuncture in select states through different hypes of programs. Icing Health Insurance – covers acupuncture in some states, and seems to be one of the health insurance companies embracing the idea of this kind of treatment.

It really depends with the insurance company if they will cover for the acupuncture treatment or if they have a limited coverage payment for the acupuncture treatment. It is still best to check with your own health insurance before going in an acupuncture clinic to know if you have to pay out of your pocket or if your insurance will cover it for you.

Reference: [http://www. Acupuncture's. Org/Is-Acupuncture-Covered-by-Insurance. HTML](http://www.Acupuncture's.Org/Is-Acupuncture-Covered-by-Insurance.HTML) 5.

List possible risks and complications of acupuncture Possible risks and complications of acupuncture: Traumatic lesions in thoracic viscera; abdominal or retaliations viscera; peripheral nerves; central nervous system; blood vessels seems to be very rare. Vegetative reactions (egg, syncope, vertigo, sweating). Bacterial and viral infection. Pneumonia and lesions of the spinal cord. Reusing Fainting Muscle Spasms deeding Nerve Damage
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Punctured Lung Accidental Injury to organs (Brain, Spinal Cord, Heart, Liver, Spleen, Kidney)