

A double-blind,
randomized, and
placebo-controlled
trial studied



**ASSIGN
BUSTER**

A double-blind, randomized, and placebo-controlled trial studied whether St. John's Wort extract were effective for the treatment of depression with atypical features. This study included subjects between 18 and 70 years of age who were suffering from atypical depression. The International Classification of Diseases Tenth Revision, Clinical Modification criteria for mild or moderate depression had to be met along with duration of symptoms lasting for 3 months. Subject needed to meet a score of two points in at least one of the items 22-26 of the Hamilton-Depression-Rating-Scale. Screening excluded subjects exhibiting vegetative features of melancholic depression; in addition, with episode of melancholic depression, organic mental disorders, personality disorders, substance abuse, alcohol, seasonal depression, current serious suicidality risk and postpartum depression. Extra exclusion criteria were non-adrenergic agonist, the use of corticosteroids, magnesium supplements and gyrase inhibitors. Randomization occurred with the help of a computer software.