

# [Values and life styles survey](https://assignbuster.com/values-and-life-styles-survey/)

[Psychology](https://assignbuster.com/essay-subjects/psychology/)

On the other hand, I strive to overcome day to day challenges and ensure that I live comfortably no matter the challenges of day to day experiences.
I also think that my ability to adapt to circumstances played a part in my classification as a striver. This points towards the fact that I endeavor to avoid being victim circumstances and instead find ways of manipulating the circumstances to my advantage. This doesn’t mean that I do not have ethics as I also believe that things should be done in the correct way.
However, I disagree with the primary classification as Experiencer. I believe it portrays me as a person who just sits there and waits for circumstances to dictate my life. This is not true as I keep up with the times and like to actively participate. Perhaps a classification as an achiever would have suited me best as I take satisfaction in having new achievements more than just experiencing. I strongly feel that the assessment in this regard was inappropriate. As a person who loves adventure and to have a change of environment for better opportunities, I feel it was an underestimation. I should have been classified as an achiever.
Table Showing VALS Classification Framework.
VALS TYPE
LEVEL
DESCRIPTION
innovators
Highest level
High resources, high innovation
Thinkers, achievers, experiencers
Second level
Not given but more than average
Believers, strivers, makers
Third level
Not given but probably average
Survivors. The lowest level of Low resources low innovation.