The human heart

Health & Medicine



The human heart is slightly bigger than the size of ones fist. It is situated at a very safe place which is between the cage bones, i. e., in the center of the chest. Usually it is slightly on the left side of the chest but in rare cases, it can be found on the right side. Heart is responsible for the blood flow to every single part of the body by constant contraction and relaxation of cardiac muscles.

This is the reason why we hear rhythmic beats all the time. Heart pumps the pure blood to the different parts of the body and then takes the deoxygenated blood from all the parts to the lungs for oxygenation. Normally in a minute the heart beats 72 times. Well, let's check out heart diagram for kids as well as for adults which can help you to understand the functioning of heart better.

Parts of the Heart

As you can see in the heart diagram, there are many parts in the heart. So, as we discuss the various parts, you keep checking out the parts simultaneously one by one in the given labeled diagram of the human heart. This will help you to understand the part and their functions more easily.

Pericardium Human heart is covered by a double layered structure which is called as pericardium. The outer layer is associated with the major blood vessels whereas the inner layer is attached to the cardiac muscles. These layers are separated by a pericardial fluid. This covering is like a membrane which holds all the parts of the heart.

Chambers Heart is divided into four chambers which are called as left atrium, left ventricle, right atrium and right ventricle. Atrium are the upper chambers of the heart whereas ventricles are the lower chambers of the heart. All these chambers are separated by a tissue layer, called as septum. Left side of the chamber is associated with the circulation of the oxygenated blood and the right side receives the deoxygenated blood from various parts of the body.

Valves There are four valves in the heart namely bicuspid valve, tricuspid valve, pulmonary valve and aortic valve. They help in preventing the back flow of the blood from one chamber to other. This maintains a proper one directional blood flow through out the process. Bicuspid valve is present between the left atrium and left ventricle whereas tricuspid valve is present between the right atrium and right ventricle. Pulmonary valve behaves as a gate which stops the back flow of blood from right ventricle to the pulmonary artery which takes the deoxygenated blood to the lungs for purification.

Lastly the aortic valve, this valve plays an important role in stopping the back flow of the blood from left ventricle to the aorta. Once the blood is transferred to the aorta it supplies the oxygenated blood to different parts of the body.

Blood Vessels Blood vessels are the blood carriers in a human body. These play a very vital role in the supply of blood to various parts of the body.

Blood vessels can be of two types, veins and arteries. All the veins (except pulmonary vein) are involved in carrying the deoxygenated blood from various parts of the body to the heart whereas all the arteries (except

pulmonary artery) are involved in supplying oxygenated blood from the heart to different parts of the body.

Functioning of the Heart

After getting familiar with the part let's check out the functions of the heart. Well, as we all know we need oxygen to survive, but have you ever thought how this oxygen is supplied to different parts of the body? This work is done with the help of heart. Heart plays a very important role in the supply of oxygenated blood in different parts of the body. Deoxygenated blood is collected from various parts of the body and is transferred to heart. The blood enters the heart through the pulmonary valve and enters the right atrium, then it goes to the right ventricle through the tricuspid valve. From here the blood then goes to the lungs for oxygenation. Oxygenated blood is then brought back to the heart with the help of pulmonary veins and enters the left atrium. The blood then goes to the left ventricle through the bicuspid valve and then transferred to the aorta through the aortic valve for further blood circulation to different parts of the body.