

# Teenage suicide argumentative essay

Science



**ASSIGN  
BUSTER**

Teenage suicide is a major issue in today's society; suicide is the intentional taking of one's own life and is a momentous issue that should be addressed as quickly as possible. Teen suicide has been the topic of numerous news headlines; yet, it still continues to have a detrimental effect on today's youth. There have also been numerous misconceptions about the leading cause of teenage suicide. Although there are a number of things that can cause someone to commit suicide, there is one main reason that has been proven to be the principal cause: mental illness.

Some of the leading causes of suicide among teenagers include bullying, depression or anxiety, drug and alcohol abuse, and sexual and physical abuse. At some point in most teens' lives, they will experience periods of sadness, worry and/or despair. While it is completely normal for a healthy person to have these types of responses to pain resulting from loss, dismissal, or disillusionment, those with serious (often undiagnosed) mental illnesses often experience much more drastic reactions.

Many times these severe reactions will leave the teen in despair, and they may feel that there is no end in sight to their suffering. It is at this point that the teen may lose hope, and with the absence of hope comes more depression and the feeling that suicide is the only solution. It isn't. Bullying is undoubtedly becoming one of the leading causes of teenage suicide: in today's society, it isn't unheard of to hear news stories explaining how another teenager has committed suicide as a result of bullying.

Bullying has been a major controversy in schools for countless years, and I believe that it will continue to be an issue for many years to come unless we

do something about it. I do believe that people are beginning to take bullying more seriously than they have in past years: however, there is still a lot more that can be done. In order to decrease the amount of bullying that takes place, teens with bipolar disorder are more likely to commit suicide due to the fact that although they might feel fine a majority of the time, there may also be times when they feel extremely depressed.

Depression is highly treatable, but the problem with a lot of teens is that they do not realize that they are depressed: therefore, they don't get the proper treatment needed to overcome depression. They don't realize that there are other solutions opposed to suicide, and they don't realize that the decision to commit suicide as a result of a short-term problem will have a long-term effect that can never be reversed. When depression is properly treated, a person's thoughts on suicide become more coherent, and it is less likely for them to attempt suicide.

Teen girls are statistically twice as likely as their male counterparts to attempt suicide. They tend to turn to drugs (overdosing) or to cut themselves, while boys are traditionally more successful in their suicide attempts because they utilize more lethal methods such as guns and hanging. This method preference makes boys almost four times more successful in committing suicide. All in all, although there are many things that can cause a person to commit suicide, mental illness is currently the primary reason.

Suicide is preventable; anti-depressant drugs have proved to be highly effective in helping to thwart teens from committing suicide. The reason as

to why so many teens think it is alright to bully and tease others is due to the fact that the repercussions are not stringent enough; therefore, bullying continues to happen. As I've stated before, a majority of people planning to commit suicide give some type of warning signs that indicate that they might be planning to commit suicide. Through research, I have found that a lot, not all, of suicides that have occurred could have been prevented.

While some teens suffer from depression and/or anxiety, others are victims of bullying or abuse. People need to realize that every single one of our actions will have a reaction, whether it is good or bad. When we bully and mistreat others, we hardly ever think about what they are feeling. If people were to be more selfless and considerate of other's feelings, then I am sure that there will be fewer teens committing suicide. Also, when someone gives up hope on living, it is up to the people around them, such as friends and family, to give them the support that they need to carry on.