

# Psych 101 final exam



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Psychology is \_\_\_\_. a type of science, the study of mental processes, and the study of human behavior

\_\_\_ is considered the founding father of modern psychology. Wilhem Wundt

A correlation coefficient indicates the \_\_\_\_. direction and magnitude of association between two variables

Which approach would explain depression in terms of disordered thinking?  
the cognitive approach

Which of the following would a sociocultural psychologist be likely to study?  
the impact of media messages on women's body image

Dr. Mateo believes that every child is born a " blank slate." Children's early environments shape their personalities, though the children may be continually affected by their environments as they grow. Everything comes down to a simple principle in Dr. Mateo's mind: If our behaviors are followed by satisfying consequences, we will repeat them, and if the consequences are unsatisfying, we won't repeat them. Dr. Mateo is probably a \_\_\_\_\_ therapist. behavioral

In the scientific method, a prediction or \_\_\_\_\_ is developed.  
hypothesis

How can causality be demonstrated? through an experiment

Deception in psychological research Should be allowed only if the procedure yields a significant social benefit and causes, at the most, only minimal harm.

The \_\_\_\_ establishes ethical guidelines for psychologists. The \_\_\_\_ evaluates the ethical nature of research conducted at colleges and universities.

American Psychological Association (APA) / Institutional Review Board (IRB)

The brain and spinal cord make up the \_\_\_\_\_. central nervous system

\_\_\_\_ are chemical substances that carry information across the synaptic gap to the next neuron. neurotransmitters

The most complex mental functions, such as thinking and planning, take place in the \_\_\_\_\_. cerebral cortex

Which part of the neuron is responsible for receiving information? dendrites

Which lobe of the cerebral cortex responds to visual stimuli? occipital

Stem cells are unique because they can develop into almost any type of cell.

What did Michael Gazzaniga do with split brain patients? He tested the first split brain patient.

The need to take increasing amounts of a drug to get the same effect that a lower dose used to bring is called \_\_\_\_\_. tolerance

A full sleep cycle lasts about 90 minutes

The behavioral approach to learning defines learning in terms of \_\_\_\_\_. behavioral change

In operant conditioning \_\_\_\_\_. the consequences of behavior produce change in the probability of the occurrence of the behavior

What is learning? any permanent change in behavior brought on by experience

Positive reinforcement \_\_\_\_\_ and negative reinforcement \_\_\_\_\_. strengthens behavior by adding a stimulus; strengthens behavior by removing a stimulus

Which of the following is an example of a primary reinforcer? Catching a fish and eating it.

Taste aversion can be explained by preparedness

In John Watson's little Albert experiment, the white rat was the \_\_\_\_\_ and the loud noise was the \_\_\_\_\_. conditioned stimulus / unconditioned stimulus

\_\_\_\_\_ involves retaining information over time. memory

The Atkinson-Shiffrin theory of memory includes sensory memory, short-term memory, and long-term memory.

Most people can keep \_\_\_\_\_ items in their short-term memory.  $7 \pm 2$

What is declarative memory? Declarative memory involves factual knowledge.

Which of the following brain structures is responsible for remembering highly emotional events? amygdala

Development \_\_\_\_\_. refers to the pattern of continuity and change in human capabilities that occurs throughout the course of life, involves growth and decline, and is the product of several processes

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In which of Piaget's stages does object permanence happen? sensorimotor

Harry Harlow studied monkeys who were raised with two "mothers," one made of wire and one of terry cloth. What did he find? The monkeys preferred the cloth mother, even when the wire mother provided food.

Erikson's stage of autonomy versus shame occurs during which ages? ages one and a half through three

Erikson's last stage of development involves reviewing and taking stock of one's life.

Which of the following scenarios contains all of the elements of secure attachment? Anthony is building a space station out of building blocks, while his stepmother sits near him and gazes out the window. When she gets up and leaves to see what the neighbor is doing, Anthony starts to cry. When she comes back, he reaches out for a hug.

What did Harry Harlow demonstrate in his classic study of attachment amongst baby monkeys? The monkeys were more attached to the artificial mothers that were warm and soft.

Trait theories of personality \_\_\_\_\_. examine personal characteristics that are stable across situations

Who was the founder of psychoanalysis? Sigmund Freud

Which of the following traits would you expect a successful graduate student to be high in? conscientiousness

What type of personality test is the Rorschach Inkblot Test? Projective

What is the key social emotion involved with altruism? empathy

A stranger goes straight to the front of a long line waiting to speak with a customer service representative at a department store. In applying the fundamental attribution error, you would most likely think that stranger is a rude person.

In his famous studies on obedience, Stanley Milgram asked participants to deliver electrical shocks to another person.

Stereotypes are generalized beliefs about particular social groups.

The most common compulsion exhibited by individuals who have obsessive-compulsive disorder is excessive \_\_\_\_\_. checking, cleaning, counting

Depression is classified as a(n) \_\_\_\_\_ disorder. mood

In the sociocultural approach to psychological disorders, the criterion of \_\_\_\_\_ to describe behavior as being abnormal suggests the importance of society, culture and context in disorders deviance

A deficiency in which neurotransmitter has been implicated as a potential cause of generalized anxiety disorder? GABA

A person who believes that the television news anchor is talking to him is suffering from a delusion

The symptoms of schizophrenia: can vary dramatically over time.

Prozac, Paxil, and Zoloft are what type of antidepressant drugs? Selective serotonin reuptake inhibitors (SSRIs)

The goal of rational-emotive behavior therapy is to get clients to hold more realistic expectations for themselves and the world.

An irrational, persistent fear of an object, activity, or situation is called a(n) \_\_\_\_\_ phobia

Deinstitutionalization is the transfer of mental health clients from institutions to community agencies.

Health psychology attempts to explain the role of psychology in \_\_\_\_\_.  
establishing and maintaining health, treating illness, and preventing illness

The link between extreme stress and cardiovascular problems can be explained by all of the following except increased physical activity

In order, starting from the first stage, what are the stages of the general adaptation syndrome? alarm, resistance, exhaustion

Which hormones are the brain designed to release under stress? adrenaline and cortisol