

Summary of position paper on lactating

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BUSTER**

Position of the American Dietetic Association: Promoting and supporting breastfeeding Who is/are the of this paper?

This article is authored by American Dietetic Association (ADA) through authors Delores C. S. James and Rachelle Lessen.

2. When was it published?

The paper was published in November 2011

3. Until what date will this position remain in effect?

This position is in effect until December 31, 2013

4. Summarize the key points of this position paper.

The paper articulates the position of the American Dietetic Association. The paper argues that breastfeeding provides health protection and optimal nutrition for the first half year of life. The other key point is that breastfeeding with other foods from 6 months up to 1 year of age is the recommended feeding pattern. The paper argues that breastfeeding is a crucial health strategy for improving infant mortality, and assisting to reduce health care costs (Delores and Rachelle).

5. Why is a position paper useful?

A position paper is useful since it helps to articulate a position of an individual or an organization concerning a specific subject.

6) How do you think it might be used by a health professional?

This paper can be used by a health professional in different ways. A health professional can use this information to advice mothers on how to feed their children. A health professional will garner additional knowledge to be effective in his/her work.

6. The organization La Leche League is referenced in this paper. Go to their web site www.lalecheleague.org

<https://assignbuster.com/summary-of-position-paper-on-lactating/>

What information could a new mother find on their website?

The main information is to educate young mothers on the benefits of breastfeeding.

7) www.health.ny.gov/prevention/nutrition/wic

Go to the WIC web site. What services are available for a new mother who meets WIC requirements?

New mothers are provided with Federal grants for supplemental foods, nutrition education, health referrals breastfeeding, and non-breastfeeding women, and to children and infants up to age five who are at a nutritional risk.

Works Cited

James, Delores and Lessen Rachelle. Position of the American Dietetic Association: Promoting and Supporting Breastfeeding. American Dietetic Association (ADA)publication, 109. 11 (2009).