

# Healthy people 2020 -p r i m a r y prevention

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Healthy people 2020 - primary prevention Anna Fihar Analyzing the primary prevention objectives from Healthy People 2020, I identified such important primary prevention as immunization against infectious disease. It is fixed that in the United States, approximately 42,000 adults and 300 children still die each year from vaccine-preventable disease. High rate of vaccination can protect people from acute infectious disease, increase their quality of life and finally lead to the total elimination of some infectious disease. For example, full elimination of the rubella infection in the United States occurred after 40 years of active immunization program. Therefore, vaccination is quite necessary primary prevention objective. The main aim of primary prevention is to keep people safe from disease or further injury. It is an initial level of healthcare that mainly maintains normal, healthy state of the population. Therefore, vaccination against infectious disease responds all criteria of primary prevention. (WHO, 2013)

The World Health Organization (WHO) observed that the amount of deaths from chronic diseases is growing every year. Their assumption showed that percent of death caused by hypertension, cancer, cardiovascular diseases and diabetes would change to 17% from 35 million to 41 million by 2015. However, this data can be differ in the developed countries where primary prevention programs implicated. WHO developed Innovative Care for Chronic Condition Framework (ICCC) to widen information about these diseases among a population, to provide appropriate control to decrease prevalence of such chronic diseases and to promote healthy a way of life.

Therefore, all primary prevention programs, mentioned before, help to prevent and control the occurrence of infectious and chronic diseases and to improve general quality of life and healthy state of the population.

<https://assignbuster.com/healthy-people-2020-p-r-i-m-a-r-y-prevention/>

(Community Preventive Services Task Force, 2011)

References:

1 WHO, 2013. Innovative Care for Chronic Conditions: Organizing and Developing High Quality Care for Chronic Noncommunicable Diseases in the Americas. Retrieved from

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2 Community Preventive Services Task Force, 2011. Universally Recommended Vaccination: Community-Based Interventions Implemented in Combination. Retrieved from

<http://www.healthypeople.gov/2020/topicsobjectives2020/ebr.aspx?topicId=23>.