

Imogene king persuasive essay



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Situation in which perceiver & thing perceived are encountered and in which person enters the situation as an active participant and each is changed in the process of these experiences” Kings Theory of Goal Attainment Theory of goal attainment was first introduced by Imogene King in the early 1960’s. Theory describes a dynamic, interpersonal relationship in which a person grows and develops to attain certain life goals. ? Factors which affects the attainment of goal are: roles, stress, space ; time Propositions of King’s Theory From the theory of goal attainment king developed predictive propositions, which ncludes: If perceptual interaction accuracy is present in nurse-client interactions, transaction will occur If nurse and client make transaction, goal will be attained If goal are attained, satisfaction will occur Proposition cont..

If transactions are made in nurse-client interactions, growth & development will be enhanced If role expectations and role performance as perceived by nurse & client are congruent, transaction will occur If role conflict is experienced by nurse or client or both, stress in nurse-client interaction will occur ? If nurse with special knowledge skill communicate appropriate information to client, mutual goal setting and goal attainment will occur.

Major concepts of kings theory 1.

Human being ‘ person: is social being who are rational and sentient. Person has ability to: perceive think .

feel choose set goals select means to achieve goals and to make decision

According to King, human being has three fundamental needs: (a) The need

for the health information that is unable at the time when it is needed and can be used (b) The need for care that seek to prevent illness, and (c) The need for care when human beings are unable to help themselves. 2.

Health According to King, health involves dynamic life experiences of a human being, which implies continuous adjustment to stressors in the internal and external environment through optimum use of one's resources to achieve maximum potential for daily living. 3.

Environment Environment is the background for human interactions. It involves: (a) Internal environment: transforms energy to enable person to adjust to continuous external environmental changes. (b) External environment: involves formal and informal rganizations.

Nurse is a part of the patient's environment. 4. Nursing Nursing: is defined as " A process of action, reaction and interaction by which nurse and client share information about their perception in nursing situation.

" and " a process of human interactions between nurse and client whereby each perceives the other and the situation, and through communication, they set goals, explore means, and agree on means to achieve goals. "

Action: is defined as a sequence of behaviors involving mental and physical action. ? Reaction: not specified, but might e considered as included in the sequence of behaviors described in action. In addition, king discussed goal (a) (b) domain and functions of professional nurse (0 Goal of nurse: " To help individuals to maintain their health so they can function in their roles. "

Domain of nurse: " includes promoting, maintaining, and restoring health, and caring for the sick, injured and dying.

Function of professional nurse: “ To interpret information in nursing process to plan, implement and evaluate nursing care.

King said in her theory, “ A professional nurse, with special knowledge and skills, and a client in need of nursing, with knowledge of self and perception of personal problems, meet as strangers in natural environment. They interact mutually, identify problems, establish and achieve goals. Theory of Goal Attainment and Nursing Process Assumptions Basic assumption of goal attainment theory is that nurse and client communicate information, set goal mutually and then act to attain those goals, is also the basic assumption of nursing process Assessment King indicates that assessment occur during interaction.

The nurse brings special knowledge and skills whereas client brings knowledge of self and perception of problems of concern, to this interaction. During assessment nurse collects data regarding client (his/her growth & development, perception of self and current health status, roles etc.

) Perception is the base for collection and interpretation of data.

Communication is required to verify accuracy of perception, for interaction and transaction. Nursing diagnosis The data collected by assessment are used to make nursing diagnosis in nursing process. Acc.

king in process of attaining goal the nurse identifies the problems, concerns and disturbances about which person seek help. Planning After diagnosis, planning for interventions to solve those problems is done. In goal attainment planning is represented by setting goals and making decisions about and being agreed on the means to achieve goals. This part of

transaction and client's participation is encouraged in making decision on the means to achieve the goals.

Implementations In nursing process implementation involves the actual activities to achieve the goals.

In goal attainment it is the continuation of transaction. Evaluation It involves to finding out whether goals are achieved or not. In king description evaluation speaks about attainment of goal and effectiveness of nursing care. Nursing Process and Theory of Goal Attainment Nursing process method Nursing process theory A system of oriented actions A system of oriented concepts Assessment Perception, communication and interaction of nurse and client Planning Decision making about the goals Be agree on the means to attain the goals Implementation Transaction made Evaluation Goal attained References