

Digestion lab

Nutrition



Experiment #1: Carbohydrate Digestion - Tube 1 Digestion Lab — 3 ml water
 - Tube 2 — 3 ml 0.2% amylase - Tube 3 — 3 ml 0.2% amylase + 10 drops of
 1.0M HCl - Tube 4 1 2 4 3 — 3 ml 0.2% amylase — place in hot water bath
 for 5 min Experiment #1: Carbohydrate Digestion - Add 5.0 ml starch
 solution to each tube - Incubate in 37°C bath for 1.5 hr - Divide contents of
 each tube evenly into 2 tubes — Lugol's Test — Benedict's Test Experiment
 #1: Carbohydrate Digestion - Lugol's Test — presence of starch 2 1 1 2 3 4 -
 add a few drops of Lugol's reagent (iodine) 4 3 1 2 3 4 Experiment #1:
 Carbohydrate Digestion blue = - (none) green = + (a little bit) yellow = ++
 (some) orange = +++ (lots) 3 4 or - Add egg white into each tube - Tube 1
 — presence of maltose — — — — 2 Experiment #2: Protein Digestion -
 Benedict's Test - add 5.0 ml of Benedict's reagent - immerse in hot water
 bath for 2 min - rate the amt of maltose present 1 — if starch absent,
 transparent brown color — if starch present, opaque black-blue color — 10
 drops of water + 5.0 ml pepsin - Tube 2 — 10 drops of 1M HCl + 5.0 ml
 pepsin 1 2 3 4 - Tube 3 — 10 drops of 1M HCl + 5.0 ml pepsin — place in ice
 bath 1 2 3 4 5 - Tube 4 — 10 drops of 1M HCl + 5.0 ml water - Tube 5 — 10
 drops of 1M NaOH + 5.0 ml pepsin 1 Experiment #2: Protein Digestion
 Experiment #3: Fat Digestion - add 3.0 ml of cream to each tube - Tube 1 -
 Incubate tubes 1, 2, 4 and 5 at 37 C for 1.5 hours - Observe any digestion of
 egg white — 5.0 ml water + few grains of bile salts - Tube 2 — 5.0 ml
 pancreatin - Tube 3 undigested — 5.0 ml pancreatin + few grains of bile
 salts digested Experiment #3: Fat Digestion - Test pH of each solution w/ pH
 probe — rinse probe w/ detergent after each test - Place in 37°C bath -
 Retest pH at 20, 40 and 60 min Enzymes Protein Catalysts - speed up the
 rate of chemical reactions - are not permanently altered in the reactions - do
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not change the nature of the reaction Digestion - Physical and chemical break down nutrients into absorbable unit

1. Physical digestion (chewing, mixing)
2. Chemical digestion (enzyme catalyzed)
 - polysaccharides → monosaccharides
 - proteins → amino acids
 - fats → glycerol + fatty acids

Factors Affecting Enzyme Activity - Temperature — → Temp, → kinetic energy, → reaction rate — high Temp changes structure of enzymes - → enzyme function

2 Factors Affecting Enzyme Activity - pH — 3D structure of enzymes changes at different pH — optimal enzyme function at specific pH — → function at higher or lower pH's

Oxidation-Reduction Reactions

Carbohydrate Digestion - begins with salivary amylase (ptyalin) - breaks starch (polysaccharide) into maltose (disaccharide) - Simple sugars = reducing sugars — Drive reduction reactions for other substances — Become oxidized

Benedict's Test - oxidation reaction — reaction in which a molecule loses e-s - reduction reaction — reaction in which a molecule gains e-s -

Example — $\text{NADH} \rightarrow \text{NAD}^+$ = oxidation — $\text{NAD}^+ \rightarrow \text{NADH}$ = reduction —

$\text{O}_2 + 4\text{H}^+ + 4\text{e}^- \rightarrow 2\text{H}_2\text{O}$ = reduction

Protein Digestion - Begins in the stomach - Gastric Epithelial Cells — Parietal Cells - Secrete HCl — Chief Cells - Secrete Pepsinogen - Low pH activates pepsinogen - Pepsinogen autocatalyzes self into pepsin - Cleaves proteins - $\text{Cu}^{2+} + \text{Maltose (reduced)} \rightarrow \text{Cu}^+ + \text{Maltose (oxidized)}$ - $4 \text{Cu}^+ + \text{O}_2 \rightarrow \text{Cu}_2\text{O}$ (orange color)

Protein Digestion - Continues in small intestine — chyme enters pyloric sphincter — intestine releases hormone (secretin), that stimulates the release of pancreatic juices — Chymotrypsin, trypsin, etc. - Enzymes activated in intestine - Digest small polypeptides into amino acids

3 Fat Digestion - Begins in stomach - Most in small intestine — (pancreatic and intestinal lipases) - Fats are nonpolar! - Digestion depends on the presence of bile from

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the gall bladder — emulsification breaks up fat into small droplets - lipases break triglycerides into monoglycerides + fatty acids - form micelles in intestinal lumen Fat Digestion - absorbed by the epithelium - reform triglycerides in the epithelial cells - combined w/ protein to form chylomicrons which are secreted into lacteals - carried via lymph to the veins Fat Digestion - Triglycerides → glycerol + fatty acids - Fatty acids lower pH of aqueous solutions — → fat digestion, → pH 4