

Outline: to invade
macrophages,
epithelial cells,
dendritic



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Outline: Brucellosis is the second most important zoonotic disease in the world. Different *Brucella* spp. and their different biovars have been reported all over the world in both animals and humans. In Pakistan most of the work is done on animals.

Most prevalent biovar of *B. abortus* in animals, in Pakistan is biovar 1 and regarding humans, it is still unknown. The main focus of this study is to identify, isolate and molecularly characterize the different biovars of *Br. abortus*, which are prevalent in humans of Pakistan.

This study will increase the understanding regarding *B. abortus* in humans in Pakistan. Introduction *Brucellae* are Gram-negative, non-motile, aerobic, non-spore forming, facultative intracellular bacilli. They have the ability to invade macrophages, epithelial cells, dendritic cells, and placental trophoblasts (Asif et al., 2014).

It has the ability to escape from the immune system and thus can live intracellularly (Al Dahouk et al., 2013). On the basis of difference in host specificity the genus is divided into 10 nominal species. Among six classical species, two major species are; *B.*

melitensis biovar 1-3; *B. abortus* bv 1-9 (Din et al., 2013). In Pakistan, a serious threat for expecting women and their unborn children is Brucellosis. The seroprevalence of Brucellosis in pregnant women with history of an abortion, having contacts to aborted women or contact to animals that aborted were 14.6%, 15.

8 %, and 12.5 % respectively (Ali et al., 2016). In humans, it causes undulant fever, and malesterility in humans and in animals, B. abortus causes abortion (Din et al., 2013). Primarily the disease is presented as fever (of unknown origin) with various clinical signs and symptoms.

These include serious focal problems such as neurobrucellosis or Brucella endocarditis and spondylitis. Besides that failure of treatment by primary antibiotic, relapses, and chronic disease occur frequently (Baba et al., 2001; Grillo et al., 2006). Brucellosis is primarily a contagious disease of domestic animals - goats, sheep, cattle, swine, camels, and dogs. People are infected through ingestion of fresh milk, cheese, and cream; through direct contact with infected animals (e.

g., among shepherds, farmers, and veterinarians); and through inhalation of infectious aerosols (e. g.

, by workers in abattoirs and microbiology laboratories). Brucellosis is a global zoonotic disease associated with significant morbidity that can lead to increased rates of spontaneous abortions in livestock and also in humans. The disease is widely distributed throughout the developing world, considered to be a serious problem in at least 86 countries (Din et al., 2013).

More than 500,000 human cases had been reported worldwide each year, but the number of undetected cases is believed to be considerably higher (Geresu et al., 2016). This alarming situation can be attributed to the non-specific clinical picture of human Brucellosis, low awareness of the disease in non-endemic countries and shortcomings in laboratory diagnosis.

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The number of human cases is directly correlated with the number of infected animals within a defined region. Effective countermeasures to reduce the incidence of human brucellosis are therefore based on surveillance and control of livestock and pasteurization or cooking of contaminated food products. Once the disease has been transmitted from its animal reservoir to humans, only early diagnosis and adequate antibiotic therapy can prevent serious sequelae in patients (Al Dahouk et al., 2013). Pakistan is bordered by Afghanistan and Iran in the west, India in the east, and China in the far north east.

In most of the neighboring countries of Pakistan, brucellosis outbreaks have been reported. According to the World Health Organization, Brucellosis is considered a neglected disease, particularly in Pakistan (World Health Organization (WHO) 2012). In Pakistan, 23.9% of the population lives below the poverty line. Cattle or buffaloes are mainly kept by the poor rural farmers as subsistence farming (Ali et al., 2014). A study (Buchanan et al.

1974) revealed that brucellosis is an abattoir associated disease and slaughter house workers have the greatest risk of contracting the disease. In a study, the prevalence of Brucellosis among humans, based on RBPT, was 14%. The prevalence rates of Brucellosis in cattle and buffalo at slaughterhouses were 10% and 9.

5%, respectively, with RBPT, and 8.33% and 7%, respectively, with ELISA (Hussain et al., 2008). The brucellosis is diagnosed on the basis of serological, bacteriological, allergic skin reaction and molecular methods. The most important confirmatory method of Brucella infection is

bacteriological diagnosis since its specificity is much higher than that of other diagnostic methods and it is used as a gold standard diagnostic method (Sathyanarayanan et al., 2011). Also currently *Brucella* species is detected by molecular diagnostic methods in various samples.

The existence of different *Brucella* biotypes among the *Brucella* spp. and their identification in human is important to confirm the infection and trace the source of the infection. Sero-prevalence studies showed that Brucellosis is regional in animals in Pakistan.

However, the biovars of *Brucella* species, which are endemic in Pakistan are still unknown. On the basis of species-specific PCR and biochemical tests, the evidence has been collected in previous studies that biovar 1 of *B. abortus* is present in cattle and buffaloes (Ali et al., 2014). Hence, there is no up to date knowledge of any Pakistani investigation of *Brucella* in humans.

Available pieces of information related to Brucellosis especially in human beings are scarce.

B. abortus biovar 1 is the cause of most infections all over the world primarily, but distribution of biotypes also depends on geographic differences. *B. abortus* biovars 1, 2, and 4 are found in cattle in India and confirmed by the characterization of *Brucella abortus*. (Kanani 2007) Aims & Objectives In Pakistan most studies on Brucellosis were conducted on two platforms 1. organized government livestock farms and 2.

private livestock farms, and, to some extent, in humans. There is very little knowledge is gathered about the prevalence of *B. abortus* in humans in

Pakistan. The current study aims to isolate and characterize the *Brucella*
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abortus and also to investigate the biovars of *B. abortus* (bv)1-6 and 9 in the human population.

· Sampling of *Brucella* positive human blood from hospitals · Isolation of *B. abortus* by using culture media (Modified Farrell's Serum dextrose Agar) · Characterization of *B. abortus* through AMOS PCR · Identification of different species of *Brucella* and its biovars through bio-chemical tests · Comparison of molecular characteristics of the obtained isolates with other strains in the region and outside.

Material & Methods
Outline: *Brucella* positive human blood samples will be collected from hospitals of Rawalpindi and Islamabad. First, we will isolate *Brucella* spp. on selective media and different biochemicals will confirm our organism. Secondly, DNA will be extracted using kit method from human blood sample. This DNA will be amplified in AMOS PCR and will confirm different species of *Brucella*. Finally, different set of tests proposed by Alton and Jones (1967), will be performed for biovar typing of *Br.*

abortus.
Methodology
Flow Chart 1. Sample Collection
A total of 300 *Brucella* positive blood sample will be randomly collected from different hospitals of Rawalpindi and Islamabad. 2.

Isolation
Bacteriological analysis will be performed in a safety level-3 bio-containment facility. According to standard procedures (Farrell and Robinson 1972; Alton et al. 1988) isolation of *Brucella* spp. will be done by inoculating the samples on modified Farrell's serum dextrose agar.

The components of modified Farrell's serum dextrose agar are 5 %horse serum, 1 % dextrose. In the presence of 5-10 % carbon dioxide at 37 °C, we will inoculate the plates with samples and incubate it aerobically. Biochemical tests Catalase, oxidase and urease tests will confirm the Brucella isolates after isolation on selective media.

3. Characterization DNA extraction from blood samples We will use DNA purification kit (MBI Fermentas, Graiciunau 8, Vilnius 2028, and Lithuania) to extract DNA from all the blood samples, as per the directions of manufacturer. Purified DNA pellet will be dissolved in 100 µl of double distilled deionized water and will store at -20o C.

DNA Amplification by PCR Positive samples will be subjected to AMOS PCR for species identification. The extracted DNA samples will be amplified by PCR using specific set of primers for B. abortus. After that amplified DNA, PCR products will be examined by using Gel Electrophoresis.

Biovar Typing of B. abortus Brucella isolates, confirmed by results of catalase, oxidase, and urease tests, will be examined for biovar typing according to the standard methods described by Alton et al. Briefly, biovars will be identified based on agglutination with A and M monospecific antisera, CO₂ requirement for growth, H₂S production, and growth on media containing 20 g/mL basic fuchsin and thionin dyes.

Gantt chart Activity 1st Month 2nd Month 3rd Month 4th Month 5th Month 6th Month 7th Month 8th Month 9th Month 10th

Month Human Blood Sampling

Isolation via Selective media

Bio-Chemical Tests for B. abortus

Mol. Characterization by AMOS

PCR & Biovar Typing

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