

Kind of a funny story summary

[Health & Medicine](#), [Mental Health](#)



This book is about a fifteen year old boy named Craig Gilder who is clinically depressed. Craig tells the reader all about his life, how he came to be depressed, about his friends, about his school situation, everything. The reader really gets to know about Craig. The reader also learns about how Craig sees psychiatrists frequently and the reader gets to listen in on those to understand Craig better. Craig is a very smart boy who is constantly stressed by what he calls "Tentacles", or "the VII tasks that invade his life.

Craig tries to figure what his "Anchors" are. Or the "things that copy his mind and make him feel good temporarily." Identifying the Anchors helps him to sign Tentacles and focus on getting better. After Craig gets worse and worse he eventually admits himself in to Argonne Hospital after a night when he wanted to jump off the Brooklyn Bridge. In Argonne Hospital, Craig is admitted to the adult psychiatric ward because the teenage ward is under construction. During his stay at Argonne, he meets many people, friends, love interests, and even inspirations. To find out what happens during his stay, read on.