

Inter professional practice in health and social care nursing essay



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Inter-professional practice is important in health care delivery because the professionals are there to meet multiple needs of the patients. Also it enables effective communication between the primary, secondary and tertiary care.

In the case of a patient suffering from diabetes, various health care professionals will be engaged in the care of the patient to ensure the patient is supported and given the best form of treatment. These health professionals include general practitioners, practice nurses, dieticians and physicians. All these professionals will play crucial different roles in the life of the patient and will ensure that they offer support to the family. In addition the professionals will provide a better quality care for the patient.

Trainings are there to develop and improve how professionals could work together as a unit to ensure the care of the patient is seen central point of care in order to reinforce the sense of effective care provision.

Inter-professional practice encourages different professionals to meet and improve the health care of the service users. Various professionals working together will effectively help meet the needs of the patient whereby the information and knowledge is shared between them to enable improved decision making regarding the care of the patient.

Evidence (200 words).

Describe Professional Roles and the Professional Principles in relation to health and social care provision.

Learning Outcome 3.

There are different professions in health care, each of which possesses their individual principles.

Professional roles are duties and responsibilities that are done to protect the health and safety of others. E. g. Nurses provides emotional support and help clients to cope. Their support range from re-assuring and encouraging patients finding out fears and worries in order to help patient lead a better and positive approach with their everyday lifestyle.

Nurses provide sufficient information to promote informed choice and consent of the clients. Mr X suffers from diabetes; the nurses will focus on Mr X social and psychological needs because they will be aware that different factors can contribute to the illness. Failure to consider the patient's needs will show that they are overlooking factors that might lead the illness to a worse condition.

Professional principles are guidelines that enables clarity on the basic standards that service users can expect E. g. Nurses follows the Nursing and Midwifery Code Of Conduct which include that; they should make the care of their patient their priority and respecting, treating them as an individual. They must provide a high standard of practice care at all times through ensuring that they use the best available evidence to support practice and keeping their knowledge and skills up to date.

Evidence (200 words).

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Outline how patient/user experiences may be enhanced by Inter-Professional working.

Improving how patient experience their care is a key part to effectively deliver high quality of service.

In a residential care home, an instruction was given to the client; the client has dementia and therefore he struggled to follow the instruction. The carer got frustrated with him and her anger built up so hit the client.

The Professionals that will be involved in this case includes: Nurses, Social Workers, Health Care Assistant, and Doctors. The client has been let down by the career, he might be hesitant to trust a health or social practitioners, but if the client has the re-assurance that different professionals are working together to ensure he receives better care in the future, through ensuring they communicate effectively amongst each other to prevent any incident like that happening again, this becomes therapeutic for the clients and so he will start to trust the health and social care services again.

Working together to support the patient will improve his care as it will help him assess his own needs and allow him to choose the help he needs to live the life he wants. The professionals will make sure that best practices are put in place and his right and responsibilities are respected. This will improve his experience as he will be able to feel more empowered.

Learning Log.

Part B.

Learning Outcome 4.

Reflect on the skills required for collaborative learning and explain how they may be applied in practice.

Model adapted from Marks-Maran & Rose's Reflective Cycle (1997).

Ref: Marks-Maran, D. & Rose, P. (1997) Reconstructing Nursing – Beyond Art and Science.

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Reflect on the skills required for collaborative learning and explain how they may be applied in practice (1, 400 words)

Please use the Marks-Maran & Rose's Reflective Cycle (1997) to reflect specifically on the skills you used in the classroom to learn collaboratively with your student peers. You are also required to explain how these skills may be applied in practice. The classroom learning experience/incident can focus on either a timetabled workshop (not all) or the team debates.

In addition to using the Marks-Maran & Rose's Reflective Cycle (1997) to reflect, you should also integrate a range of literature to support your discussion. You are expected to cite 5-10 references in this section.

In this assignment I will be reflecting on the skills required for collaborative learning and identifying how they may be applied in practice. I will reflect on what has happened during my group discussion within the group.

In addition, the importance of inter-professional practice and key factors will be discussed. I will describe the meaning of inter-professional working and identifying how collaboration of different professionals came about in society and the effect it had on us all. I will then look to identify vital differences when comparing inter-professional practice through Marks-Maran, D. & Rose, P. (1997).

In my group, we reflected on daisy story and this led us to realise that the professionals did not work together appropriately and professionals did not communicate effectively and this led to improper diagnosis and improper medical treatment to the patient.

An effective way of learning is through interacting and co-operating with other people as it will give us opportunity to try out and share our own opinions. Prothero (2001). The benefit of collaborative learning within the group is to build up self-esteem in students and practice interacting with each other. Collaborative learning will develop higher level of thinking . Sanders (1995).

Reflective practice is defined as professionals learning from which will help to understand and develop their own practice (Jasper 2003). Marks-Maran & Rose (1997) states that the different knowledge and understanding one brings to a new situation and the knowledge and understanding one takes away from a new situation is called learning. The reflection cycle according <https://assignbuster.com/inter-professional-practice-in-health-and-social-care-nursing-essay/>

to the Marks-Maran & Rose (1997) includes; the incident of what actually happened, the thoughts and feelings arising from the incident, what was learned, how it will influence future action and the related theory of the incident.

Communication is the sharing of information with each other and this will involve a sender sending out an idea or information to a receiver. However, for a communication to be effective, the receiver has to understand the exact information that the sender intends to send.

In regards to my previous group discussion, I personally feel that some of the skills I used within my group was effective but were not of the required standard essential for the group to perform up to its full potential. There was lack of communication amongst team members, and ideas were not being brought through clearly. This caused several misunderstandings and confusion which became a major occurrence as it was continuous.

The tone of voice used during communication was effective because whilst I was communicating with my group I emphasised on my voice projection by ensuring that my group member could hear me clearly, ineffective communication was prominent as individuals kept talking over one another. For effective communication, I strongly believe that a single voice should be heard at a particular time. According to Goodsell et al (1992), " Building the capacities for tolerating or resolving differences, for building agreement that honours all the voices in a group, for caring how others are doing these abilities are crucial aspects of living in a community". This reinforces the information the individual is trying to pass across to other members of the

group. This also sets the tone of professionalism and respect within the group which is a vital component to enable any group to function to its maximum potential.

To improve this, various aspects of my mode of communication had to be altered; talking in a much clearer tone, emphasising on important key words and speaking with confidence and assertiveness will bring about clarity and effective communication which would cause less confusion. When explaining treatment to the patient, I will ensure I communicate with an assertive tone of voice through using modest language to ensure that the patient can understand information regarding treatment and to ensure that they feel empowered.

During the group communication, I focused on establishing a level of eye contact with members of my group but occasionally I looked away to avoid tension. Also, I kept my face relaxed and friendly because tightening my face may portray me as aggressive to others. As a group we all did not maintain adequate eye contact. I observed that eye contact “ invariably fell off in the second half of each three minute conversation” (Argyle & Dean, 1965, pp. 289-304). When speaking to a group of people or addressing a patient, it is important to have a connection with those people or that person. This connection is only made possible via eye contact. This shows full concentration on the message we are trying to pass across and it also portrays a level of certainty and assertiveness regarding the subject being discussed.

A lack of eye contact shows a level of weakness in communication and also a weakness within an individual. This can be improved by showing attention and interest within the group . Wainright, (2003). Also, we can improve this by blinking at each other 3-4 intervals as it will show a sign of friendly listener. Some patients might highlight the lack of eye contact as a deficiency in assuredness and assertiveness.

In addition, I will constantly have to assure my patient; so that they have utmost belief in the treatment they are being given. Eye contact can also help patients to feel comfortable and protected. Adequate eye contact will reinforce and show that I truly care about their well-being and I am willing to meet their psychological and emotional needs. Without eye contact, people will not feel they are fully in communication.

During the discussion, I noticed that we all understood each other quite well but a number of people brought their thoughts and emotions about the topic and this affected us in a way because there was barrier in delivering the message. In order for the group to deliver message properly to other colleagues, we should consider our receiver's point of view and establish if they would understand the message and how it would sound to them. " How physicians communicate with their patients is another process that is extremely important to understand. There is numerous analysis of this process, which range from discussions of language barriers to inefficiencies in delivering basic information regarding complex diseases". (Darrell et al, 2005, pp. 1095-1099).

Understanding various forms of communication is vital and also ensuring communication is effective for the receiver to understand the message being passed across because for me to deliver bad news to my patients, I will need to know the method of delivery to the patients for them to fully comprehend the correct situation and react well. Delivering of the message must be effective in a way that it would keep my patient safe and build trust in me.

Also, in my group I clearly felt that the lack of established criteria and guidelines which when implemented could have structured the exercise was ultimately helpful. Molyneux (2001). It helped me build more interaction within my group as we had to construct guidelines and methods of an approach together. This quickly aided communication as we as a group felt the need to be involved as it will govern our modes of operation within our team in future.

During the communication I noticed that my voice was not clear enough because some people in my group seem confused whenever I gave answers to questions and had to repeat myself again. I learned that it is important I speak effectively and clearly because I do not want my leadership ability to be questioned. To improve this, it may be helpful for me to use analogies that can help my group understand the concept. When communicating with my patient I will need to speak clearly and show full interest as this will make them more confident and comfortable.

Facial expression is also crucial, this involves engaging through the use of eyes, muscles and mouth can form a connection with my audience. While I was conversing with my group members I smiled consistently to engage my

group members. But one of my group members kept his face straight during the communication and he looked quite upset.

It is essential to maintain a connection within a group not only using eye contact, but by our facial expressions, which translate into our body language. " One can conceive of facial expression as a visual code available to human source for the encoding and transmission of purposive messages". (Williams & Tolch, 2006, pp. 17-27). A patient can read into the body language of the speaker and denote certain attributes. In this aspect it is important I keep a professional stance at all times, a stance and exhibits confidence and assuredness at all times.

In conclusion, reflecting back on my learning experience, I have realised the importance of inter-professional practice within the health care setting. My strengths and weaknesses as a health care professional and the ways to improve on them. Having effective inter-professional practice will benefit me as a student nurse because it will allow me to perform my role effectively and I will be able to develop supportive ties with patients from different cultures and backgrounds.

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