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A condition that transpires when the lungs can't remove all the carbon dioxide the body manufactures is known as respiratory acidosis (Epstein, 2001).

When the lung's do not remove the carbon dioxide, the blood becomes acidic excessively. It is also known as an acid-base balance disturbance that is due to alveolar hypoventilation. The normal respiratory acidosis PaCO₂ range is 35-45 mm Hg (Epstein, 2001). The normal blood pH for respiratory acidosis is 7.35 and 7.

45. The source for respiratory acidosis are diseases within in lung tissue (pulmonary fibrosis), sleep apnea, heavy pain medications, and acute obesity. Its symptoms are short of breath, confusion, and lethargy (Hadjiliadis, 2016). The compensatory answer to respiratory acidosis is a raise in bicarbonate levels.

The kidneys hold on to bicarbonate. Respiratory acidosis can be diagnosed by chest x-ray, CT scan, or pulmonary function test. There are a couple of treatments known for respiratory acidosis. A CPAP which is a noninvasive positive pressure ventilation may be prescribed (Hadjiliadis, 2016). Also, drugs that reverse airway obstruction, oxygen, and therapy that help to stop smoking are also treatments. Respiratory alkalosis condition pronounced by a low level of carbon in the blood due to breathing inordinately.

The source of this condition is hyperventilation, anxiety, pregnancy and fever. Lung diseases may lead to short of breath and may also cause respiratory alkalosis (pulmonary embolism or asthma). The indicators may consist of being light headed, dizziness, numbness of the hands and feet.

To determine the pH for respiratory alkalosis is $\text{pH} > 7.45$. The normal range is $7.35-7.45$. Direct activity to the respiratory centre can cause respiratory alkalosis.

The source of respiratory alkalosis is hyperventilation. Hyperventilation is when someone breathes rapidly or deeply. The causes of this are asthma, chronic obstructive pulmonary disease, pregnancy, and drug use (Acid Base Physiology, n.

d.). In respiratory alkalosis alterations within the physicochemical equilibrium occur because of lowered pCO_2 , results in modest decrease in HCO_3^- . There isn't adequate time for the kidneys to answer, therefore this is the only change in respiratory alkalosis. The overall response is a decrease in bicarbonate levels. Perhaps anxiety is the main cause of the condition, using a mask so you can take in carbon dioxide. Metabolic acidosis is present when there's a clinical disturbance distinguished by an increase in plasma acidity (Quinn, 2017). One of the causes of metabolic acidosis is when the kidneys aren't dumping plenty of acid from the body.

The three types of metabolic acidosis are lactic acidosis, diabetic acidosis, and hyperchloremic acidosis. Diabetic ketoacidosis is a consequential complication of diabetes. This is an outcome of the body producing high levels of blood acid ketones and not being able to produce adequate amounts of insulin.

A decrease in plasma bicarbonate concentration and an increase in plasma chloride concentration is present when hyperchloremic acidosis is occurring. Lactic acidosis is present when there is a buildup of lactate in the body.

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This results in extremely low pH in the blood. Kidney diseases, poisoning by methanol and severe dehydration can cause metabolic acidosis. The normal HCO_3^- range is 22-26 mmol/L. To determine the metabolic component in metabolic acidosis you use the formula <22 mmol/L. The pH for metabolic acidosis is 7.

7.35 or lower. The body's response to metabolic acidosis is foreseeable.

Ventilation increases to blow off CO_2 . This decreases the amount of acid in the blood. Frequent treatments for metabolic acidosis are insulin if you have DKA which can put you in a coma, detoxification from drug or alcohol poisoning, IV fluids, and sodium bicarbonate administered through an IV. When your body loses so much acid and gains too much base, this is known as metabolic alkalosis. Attributed to this is adrenal disease, antacids, laxatives, and alcohol abuse. Loss of hydrogen ions, contraction alkalosis, and shift of hydrogen ions into the intracellular space can generate metabolic alkalosis.

Hydrogen ions can be lost through the GI tract or kidneys. Shifting of hydrogen ions into the intracellular space overall develops with hypokalemia. Hand tremors, muscle spasms for an excessive amount of time, muscle twitching are signs of metabolic alkalosis. The pH level is 7.45 or higher, also $\text{HCO}_3^- > 26$ mmol/L. In order to retain CO_2 we have to hypoventilate.

However, stimulation of brain chemoreceptors with an elevated PaCO_2 dulls the hypoventilation required to correct the pH. Basically, ventilation decreases when holding on to CO_2 . To treat metabolic alkalosis, you need to correct the blood pH. You can undergo dialysis, and get IV fluids. Elderly age

might compromise the acid-base balance process. One major organ, the kidney, has a distinct structural and functional phenotypic change that happens while you are growing older. Elderly people have a decrease in glomerular filtration and renal plasma flow then of a younger individual. At age 40 the decrease or decline starts.

On standard occasions, elderly people can maintain an electrolyte balance, however, in dangerous situations that can be gone. This makes them subject to hypernatremia, hyponatremia, and volume depletion. Plasma sodium is the most familiar electrolyte disturbance occurring in older aging people. Furthermore, a decline in urinary concentration ability and thirst can contribute to dehydration which is usual in elderly patients.