

Born of 1983, on the
fifth day of



**ASSIGN
BUSTER**

Born as Mukunda Lal Ghoshin the year of 1983, on the fifth day of January; Paramhansa Yogananda was an Indian Yog Guru. He propagated the wisdom of meditation, self-yoga and the path of " Kriya Yoga". He popularised his thoughts to many Indians and also spread his knowledge of meditation and self-yoga. To achieve his goals and to teach the world his knowledge he founded " Yogoda Satsanga Society of India" and " Self-Realization Fellowship".

Childhood and Early Life: Born at Gorakhpur (India), on 5 January 1983, in British India; to a devout family. Paramhansa Yogananda many times tried to devote himself completely to God and for that purpose, he tried to settle into the Himalayas; but due to family pressure, he had to settle to Ashram. He had a younger brother called Sananda. Sananda describes that his knowledge and awareness about the human consciousness and his spiritual knowledge was extraordinary. He enquired voluminous Hindu savants and saints in order to find a teacher who could illuminate the path of his divine voyage. His pursuit concluded when he met Swami Yuktेश्वar Giri, whom he called his guru.

He was seventeen when he first met Swami Yuktेश्वar Giri. Paramhansa Yogananda describes his guru in a very good way. He stated that his guru knew God and would guide him to find his answers. His affiliation with Swami Yuktेश्वar Giri was the greatest thing that occurred to him as detailed by Paramhansa Yogananda in his works and speeches. Swami Yuktेश्वar Giri said that Yogananda had been sent to him by Mahavatar Babaji for a superior single-mindedness. Paramhansa Yogananda founded a school for boys in West Bengal. He restructured the education by the combination of

contemporary learning and his transcendental ethics. The school was initially located in The Dihika city which was later relocated to Ranchi.

· In the year of 1920, Paramhansa moved to America. He took the decision when a few American scholars were at his Ashram, he realized the purpose that his guru Swami Yuktेश्वarGiri mentioned and decided to leave India the very next day. He was sent as India's ambassador to an International Congress of Religious Liberals summoning happening in the city of Boston in the United States. · He also founded Self Realization fellowship in the same year. There he inaugurated his objective that was to spread his awareness of Yoga and Meditation to the entire world.

He spent several years teaching his wisdom. He was popularised and many celebrities of that time also became his devotees including Amelita Galli-Curci, Vladimir Rosing, and Clara Clemens Gabilowitsch, the daughter of Mark Twain. He also established his center for Self-Realization fellowship, at LA, California.

He spent the major part of his being in the United States. Later

Years: · After spending more than thirty years on foreign soil, he wanted to visit his motherland. So in the year 1935, he started his Indian tour which continued till 1936. · He visited his Guru and established Yogoda Satsanga. His Guru was filled with happiness and satisfaction that he stated that his purpose in life was complete and left his body. Swami Yuktेश्वarGiri gave him the title " Paramhansa" meaning that Yogananda has attained the ultimate state of his spiritual journey.

· He also met Mahatma Gandhi during his visit; he gave his teachings on “Kriya Yoga” to many disciples. · After returning to America, his home was relocated to Encinitas, California. It was a surprise gift from Rajarsi Janakananda, one of his believers. He established many churches in California. He also wrote many of his works. · Upon learning that his last days of life were near, he secluded himself from the world and stayed at his deserted Ashram in California.

He revised his articles, lessons and completed his books including his famous autobiography “Autobiography of a Yogi “. He didn’t waste his time in public meetings and speeches; instead, he left a greater impact on society by recording his thoughts and wisdom in books and other articles. · It was in a hotel, “Biltmore Hotel, LA” when he attained the Mahasamadhi. He was presenting his views in regard to the cooperation of India and America. He was concluding his speech with the poem called “My India” describing India and his journey to meet God.

As he said the last words of his poem his soul left this world. Major Works: Paramhansa Yogananda wrote many books, poems, and articles. Major works being the following: · His Autobiography “Autobiography of a Yogi “ is called the masterpiece in the spiritual genre of books. It’s been translated into more than 50 languages. This book has changed the lives of millions. His book describes the aspects of life that made him attain the ultimate state of mind, to live in harmony with him.

His book continues to be one of the best-selling books. It has inspired people like Steve Jobs. · Scientific Healing Affirmations, written in the year of

1924; this book explains the science of healing of body and soul. · Man's eternal quest, 1975.

This book is exceptional work based on teachings of Paramhansa. It explains the questions about God, enlightens the spiritual journey of the

readers. · God Talks With Arjuna: The Bhagavad Gita — A New Translation and Commentary; this book explains his opinions of The Bhagavad Gita.

Personal Life and Legacy: · Yogoda Satsanga Society of India (YSS) is an non-profit holy association created by Paramahansa Yogananda in 1917, 100 years ago. In countries outside the Indian subcontinent, it is known as the Self-Realization Fellowship.

· Daya Mata was self-chosen as his successor, she was the head of YSS from (1952-2010). · In 2017, The Prime Minister Narendra Modi presented the dedicatory postage stamp honoring the 100th anniversary of the Yogoda Satsanga Society of India, founded by Yogananda.