

Aristotles contributions in understanding of human behavior

[Psychology](#)



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History and Systems of Psychology Aristotle's contributions in understanding of human behavior Introduction As an ancient Greek philosopher, Aristotle has had great contribution towards various subjects ranging from physics, zoology, linguistics, poetry to music. He remains to be one of the most influential founding figures when it comes to western philosophy. All his work remains to be center stage in the current active academic research work and learning. Therefore, to have a deeper understanding of the history and systems of psychology, it is important to first, understand Aristotle's philosophy and contribution towards this subject.

Background

During his time around 350 B. C Aristotle's contributions which were mainly concerned with learning and behavior have over the centuries greater influence in the development and study of psychology[Cha73]. Some of his great work revolve around the conception of the life force, which concerns terms such as " soul" and " Psyche", while other studies include the exposition of " four causes" this are efficient, final, material and formal [Alv].

Purpose

This paper gives an in depth understanding of Aristotle's contribution in history and systems of psychology. By studying Aristotle's literature one is prone to develop a better understanding into psychology. The soul or " psyche" as ancient Greek referred to be the basic idea behind all psychology related theories and ideas[Bar91]. Therefore, the purpose of this paper is to basically educate or give psychology students and researchers a history into the origin of psychology basing Aristotle's contribution.

Findings

During his times, great knowledge into science had not been developed therefore most his work is mixed across many subjects. In his work, it is common to note that Aristotle's findings in psychology are intertwined with biology[Ede82]. However, this is because in order for him to understand the soul he had to carry out studies and have an understanding of the animate and inanimate things. Over the centuries, there has been improvement in his theories as more knowledge has developed with the help of technology and in-depth research [Her08].

Significance

The significance of this paper is to help students of psychology understand the history human behavior. This can best be done by first going through the basic ideas that were generated by Aristotle. As much as currently, there are more resources and knowledge into human behavior and psychology as a whole it is still significant to consider Aristotle's contribution. Through this basic understanding, one is now capable of putting together the knowledge that has been gathered over the years. In so doing one will be able to come up with a comprehensive understanding of the broad field of psychology. Therefore, the objective of this paper is to enlighten those taking up psychology on the history and development of psychology beginning with Aristotle's first concepts of human behavior.

Conclusion

Psychology is a broad subject that requires those specializing in it to have a broader understanding of human behavior. Over the centuries, there have been a lot of theories and literature concerning human behavior or

psychology in general. However, it is also important for students taking such courses to understand how the concept of psychology came to be a broad subject that is widely being studied across the world. Answers for such questions can only come by going back to where its history started and this is why this paper takes an in-depth study into Aristotle's contribution towards psychology.

References

Cha73: , (Chappell, 1973),

Alv: , (Alvarez, 2009),

Bar91: , (Barnes, 1991),

Ede82: , (Edel, 1982),

Her08: , (Hergenhahn, 2008),