

Psych – flashcard



**ASSIGN
BUSTER**

___ percent of psychologists are self-employed21

_____ focus more on the impact that environmental conditions can have on mental disorders
psychiatric social workers

A ___ has no medical training but has a doctorate degree. psychologist

The term “ blind observers” refers to people whodo not know what the research question is

The main disadvantage to the case study method is that researcherscannot really apply the results to other similar people

when a person conducting an experiment influences the outcome of the test, it is calledthe experimenter effect

Dr. Sanchez has been conducting research with the same group of children for several months and one of the children now wishes to drop out of the study. Dr. Sanchez must now.. allow him to drop out of the study

The biggest reason researchers use animals in experiments is thatit is easier to control the diets and living conditions of animals

The unique advantage of white laboratory rats as research subjects is thatinbreeding has resulted in these rats being “ twins” of all the others

making reasoned judgments about claims is known ascritical thinking

Allie’s doctor has prescribed a drug to stop the hallucinations that are a symptom of her schizophrenia. Allie is receivingbiomedical therapy

Many psychological professionals use a combination of insight and action therapeutic methods

Treatment methods aimed at making people feel better and function more effectively are collectively referred to as therapy

Freud recommended having patients lie on a couch during psychoanalysis because he believed it would make them feel more dependent and childlike

Because the client does all the work, with the therapist serving mainly as a sounding board, person centered therapy is considered very non-directive

In person-centered therapy, the warm, respectful and accepting atmosphere created by the therapist is called unconditional positive regard

A form of humanistic therapy based on the idea that people's problems often stem from hiding important parts of their feelings from themselves is Gestalt therapy

Elliot has made a list of things that scare him about giving a speech. After learning relaxation techniques, Elliot's therapist has Elliot relax as he imagines each item on his list, from least to most scary. Elliot is participating in systematic desensitization

Operant conditioning techniques ___ include reinforcement, extinction, shaping and modeling to change the frequency of voluntary behaviors.

Residents at the mental hospital earn tickets whenever they meet their behavioral goals for the day. Every Saturday, they can trade tickets for extra free time. The residents are participating in a token economy

An extinction process in which a person is removed from the situation that provides reinforcement for undesirable behavior is known as time-out

_____ therapy is focused on helping people change their ways of thinking cognitive

Melissa received compliments on her new haircut but no one mentioned her new glasses. She assumes no one likes her glasses. This way of thinking can be referred to as selective thinking

one of the earliest studies to look at the effectiveness of psychotherapy was done by Hans Eysenck

According to Eysenck, psychotherapy had no effect on patients

The most important aspect of a successful psychotherapy is having therapeutic alliance

a form of group therapy in which family members meet together with a therapist or counselor to resolve problems that affect the entire family is family counseling

Alcoholics Anonymous is an example of a self-help group

One disadvantage to group therapy is sharing the therapist's time during the session

Valium is an example of an anti-anxiety drug

In most cases , when schizophrenia starts in adolescence or young adulthood, _____ must be taken for the rest of the person's life.

antipsychotic medication

Electroconvulsive therapy is used to treat depression

One of the earliest and best known psychosurgical techniques is the _____ in which the connections of the prefrontal lobes of the brain to the rest of the brain are severed prefrontal lobotomy

A man with a paralyzing fear of heights has become unable to go upstairs or ride in an elevator. This is an example of.. subjective discomfort

Matthew, a psychology major, is worried that he and his family have the mental disorders he is reading about. Matthew is experiencing.. psychology student's syndrome

Maria is a college student and is generally anxious. She can not identify any one thing in particular that is bothersome but feels anxious most of the time.

Maria is exhibiting free-floating anxiety

The DSM-IV-TR contains all of the following except a description of how to perform such procedures as trepanning to treat the disorders

The term ____ means that the person is unable to distinguish between reality and fantasy and has disturbances in thinking, emotions and behavior.

psychotic

The most commonly diagnosed mood disorder Major depression

The study of abnormal behavior is called psychopathology

_____ is a mood disorder that is caused by the body's reaction to low levels of light present in the winter months
Seasonal affective disorder

The term that refers to the need to consider the unique characteristics of the culture in which the person with the disorder was nurtured in order to correctly diagnose and treat the disorder is cultural relativity

The frequency of _____ personality disorder in women is nearly two to three times greater than in men, leading researchers to believe that hormonal influences, childhood experiences with incest or drug abuse, and a poor mother-infant relationship can cause the disorder
borderline

There are _____ different categories of recognized types of personality disorders in the DSM-IV-TR

subjective discomfort
emotional distress or emotional pain

situational context
the social or environmental setting of a person's behavior