

# [Psych – flashcard](https://assignbuster.com/psych-flashcard/)

\_\_ percent of psychologists are self-employed21

\_\_\_\_\_ focus more on the impact that environmental conditions can have on mental disorderspsychiatric social workers

A \_\_\_ has no medical training but has a doctorate degree. psychologist

The term “ blind observers” refers to people whodo not know what the research question is

The main disadvantage to the case study method is that researcherscannot really apply the results to other similar people

when a person conducting an experiment influences the outcome of the test, it is calledthe experimenter effect

Dr. Sanchez has been conducting research with the same group of children for several months and one of the children now wishes to drop out of the study. Dr. Sanchez must now.. allow him to drop out of the study

The biggest reason researchers use animals in experiments is thatit is easier to control the diets and living conditions of animals

The unique advantage of white laboratory rats as research subjects is thatinbreeding has resulted in these rats being “ twins” of all the others

making reasoned judgments about claims is known ascritical thinking

Allie’s doctor has prescribed a drug to stop the hallucinations that are a symptom of her schizophrenia. Allie is receivingbiomedical therapy

Many psychological professionals use a combination ofinsight and action therapeutic methods

Treatment methods aimed at making people feel better and function more effectively are collectively referred to astherapy

Freud recommended having patients lie on a couch during psychoanalysis because he believed it wouldmake them feel more dependent and childlike

Because the client does all the work , with the therapist serving mainly as a sounding board , person centered therapy is considered verynon-directive

In person-centered therapy, the warm, respectful and accepting atmosphere created by the therapist is calledunconditional positive regard

A form of humanistic therapy based on the idea that peoples problems often stem from hiding important parts of their feelings from themselves isGestalt therapy

Elliot has made a list of things that scare him about giving a speech. After learning relaxation techniques, Elliot’s therapist has Elliot relax as he imagines each item on his list, from least to most scary. Elliot is participating insystematic desensitization

Operant conditioning techniques\_\_\_ include reinforcement, extinction, shaping and modeling to change the frequency of voluntary behaviors.

Residents at the mental hospital earn tickets whenever they meet their behavioral goals for the day. Every Saturday, they can trade tickets for extra free time. The residents are participating ina token economy

An extinction process in which a person is removed from the situation that provides reinforcement for undesirable behavior is known astime-out

\_\_\_\_\_ therapy is focused on helping people change their ways of thinkingcognitive

Melissa received compliments on her new haircut but no one mentioned her new glasses. She assumes no one likes her glasses. This way of thinking can be referred to as. selective thinking

one of the earliest studies to look at the effectiveness of psychotherapy was done byHans Eysenck

According to Eysenck, psychotherapyhad no effect on patients

The most important aspect of a successful psychotherapy ishaving therapeutic alliance

a form of group therapy in which family members meet together with a therapist or counselor to resolve problems that effect the entire family isfamily counseling

Alcoholics Anonymous is an example ofa self-help group

One disadvantage to group therapy issharing the therapist’s time during the session

Valium is an example ofanti anxiety drug

In most cases , when schizophrenia starts in adolescence or young adulthood, \_\_\_\_\_\_ must be taken for the rest of the person’s life. antipsychotic medication

Electroconvulsive therapy is used to treatdepression

One of the earliest and best known psychosurgical techniques is the \_\_\_\_\_\_ in which the connections of the prefrontal lobes of the brain to the rest of the brain are severedprefrontal lobotomy

A man with a paralyzing fear of heights has become unable to go upstairs or ride in an elevator. This is an example of.. subjective discomfort

Matthew, a psychology major, is worried that he and his family have the mental disorders he is reading about. Matthew is experiencing.. psychology student’s syndrome

Maria is a college student and is generally anxious. She can not identify any one thing in particular that is bothersome but feels anxious most of the time. Maria is exhibitingfree-floating anxiety

The DSM-IV-TR contains all of the following excepta description of how to perform such procedures as trepanning to treat the disorders

The term \_\_\_ means that the person is unable to distinguish between reality and fantasy and has disturbances in thinking, emotions and behavior. psychotic

The most commonly diagnosed mood disorderMajor depression

The study of abnormal behavior is calledpsychopathology

\_\_\_\_\_ is a mood disorder that is caused by the body’s reaction to low levels of light present in the winter monthsSeasonal affective disorder

The term that refers to the need to consider the unique characteristics of the culture in which the person with the disorder was nurtures in order to correctly diagnose and treat the disorder iscultural relativity

The frequency of \_\_\_ personality disorder in women is nearly two to three times greater that in men, leading researchers to believe that hormonal influences, childhood experiences with incest or drug abuse, and a poor mother-infant relationship can cause the disorderborderline

There are \_\_\_ different categories of recognized types of personality disorders in the DSM-IV-TR3

subjective discomfortemotional distress or emotional pain

situational contextthe social or environmental setting of a person’s behavior