

# [10 comparisons between traditional project management, adaptive project framework...](https://assignbuster.com/10-comparisons-between-traditional-project-management-adaptive-project-framework-apf-and-extreme-project-management-xpm/)

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Adaptive Project Framework, Traditional Project Management and Extreme Project Management APF is client centered while TPM is resource centered while EPM is also client centered. Besides, Traditional project management has only one cycle, while Adaptive project framework has a fixed cycle and Extreme project management has a variable cycle. Moreover, in regard to constraint TPM is constraint to time similar to APF which has also time constraint while EPM has no time constraint. In addition, APF has its results on incremental basis and more often compared to EPM which is not regular and whose results are not incremental. However, TPM has also incremental outcome. Into the bargain, APF’s change is progression to an efficient solution similar to TPM but EPM has no progression change.   
The APF model offers increased business value in a certain time compared to EPM model. EPM needs processes to start over from the original beginning point hence no value to the business. However, TPM also brings more value to the business. TPM has a fixed scope, while APF and EPM have a variable scope. TPM hates change while APF embraces change but EPM drives the change since it is necessary. On planning TPM is driven by a fixed plan while APF and EPM are driven by Just in time form of planning. TPM has a good breakdown structure, while APF has a middle level work breakdown structure but EPM has no work breakdown structure (Wysocki 297-488).   
What’s more all changes in APF and TPM are temporary while EPM are permanent. At the same time the focus by APF is drawn towards delivery of products compared to EPM and TPM which are focused on the actual work itself. Lastly, there is partnership strategy between the entire stakeholders which is critical in APF compared to EPM which lacks collaboration and TPM which has minimal partnerships. These can be summarized in the table below;   
Summary   
Feature   
Tpm   
Apf   
Xpm   
Cycle   
1   
Fixed   
?   
$ CONSTRAINT   
Yes   
Yes   
No   
Time constraint   
Yes   
Yes   
No   
Scope   
Yes   
Variable   
?   
WBS   
Yes   
Mid level   
No   
Plan   
Yes   
Just in time (JIT)   
JIT   
Change   
Hates it   
Embrace   
Drives it, it is necessary   
Service to client   
Resource centered   
Client centered   
Client Centered   
Results on incremental basis   
No   
Yes   
Irregular   
Value to business   
NO value   
Valuable   
Less valuable   
Nature of change   
Temporary   
Temporary   
Permanent   
Nature of service   
Focus on actual work itself   
Product delivery   
Focus on work   
Work cited   
Wysocki, R. K. Effective Project Management: traditional, agile, extreme. 5th ed. Indianapolis: Wiley Publishing. 2009. Print. .