

Teaching plan for pain management

[Business](#), [Management](#)



NURSING PROCESS TEACHING CARE PLAN SUPPORTIVE DATA

Objective:

1. DX-UTI & possible urosepsis, Hip Fracture, and fall during not a candidate for surgery, CHF
2. Buck's traction applied
3. Assessment: Limited mobility, SOB, confusion, does not want to get out of bed due to pain & fear of falling,
4. Meds: Hydrocodone 7. mg/acetaminophen 325mg 1 to 2 tab PO, PRN for pain Tylenol 650 mg 2 PO, PRN for pain.

NURSING DIAGNOSIS

Knowledge deficit for pain management r/t lack of follow up with instructions

PATIENT GOALS/OUTCOME CRITERIA

The patient will have knowledge of pain mgmt A. E. B: Stg:

1. Verbalizes use and dosing of pain medication
2. Verbalizes pain relief lower than 4/10 in 30-60 min after intervention
3. Demonstrates use of non-medication pain mgmt solutions by end of shift

Ltg:

1. Verbalizes how often can get pain medications
2. Verbalizes ability to do ADL with pain below 6/10 by D/C

NURSING ACTIONS

1. Assess knowledge of current pain medications/does/time/use
2. Instruct on how often to take pain medications
3. Instruct of pain meds if the pain level is above 4/10
4. Teach the reason for keeping pain below 4/10
5. Instruct on taking Tylenol 650 mg before activity/ADL