

The disease of hiv aids

Linguistics, English



The Disease of HIV/AIDS

HIV/AIDS HIV/AIDS is one of the most dangerous and fatal sexually transmitted diseases. This disease has a short history as cases of HIV/AIDS infection were rarely encountered before the mid 1970s. HIV/AIDS was a virus that was feared but was unknown and untreatable. The present pandemic in the HIV/AIDS commenced from the late 1970s. HIV/AIDS infection had spread to five continents till 1980 including North America, South America, Africa, Australia, and Europe. HIV/AIDS has spread all over the world. Its scourge is particularly devastating in South Africa and the sub-Saharan Africa. Number of patients of HIV/AIDS in the world is about 40 million, of which at least 1 million are located in the US (Nettleman, 2013, p. 1).

Prevention of HIV/AIDS requires understanding of all ways in which it is acquired. HIV/AIDS is acquired in different ways that include but are not limited to sexual encounter with an infected person and acquisition of infection from the use of a used syringe. Prevention of HIV/AIDS requires the use of contraception and ensuring that unused syringes are used.

Although HIV/AIDS cannot be cured, yet there are medications that can help fight the infection as well as the cancers associated with it. These medications are referred to as “highly active antiretroviral therapy (HAART)” (Nettleman, 2013, p. 6). The medical treatment of HIV/AIDS requires combining a minimum of three drugs to suppress the replication of the virus and to give the immune system a boost. The social treatment of HIV/AIDS requires counseling and behavioral therapy of the patient.

References:

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