

Week 5 assignment 2 : professional development plan

[Health & Medicine](#), [Nursing](#)



Professional Development Plan Task Part A. Completion of Assessment Tools

My Vision and Interests Personal VALUES Influencing FACTORS

Responsibilities

Caring

Listening to needs

Commitment

Integrity

Accountability

Collaboration

Respect

Personal Experience

Family Member(s)

Friends

Peers

Mentors

Work-Related

OPTIONS to Consider

PLANNED Accomplishments

Attend educational forums on nursing

Financial Needs

Balancing Personal & Professional Life

To attain exemplary leadership skills

To add value to nursing profession

My SWOT Analysis

STRENGTHS

WEAKNESSES

Personal Strengths/Talents

My innovative nature

Integrity

Respect

Professional Interests

Team working

Personal Characteristics

Impatience

Being a perfectionist

Professional Development Areas

Efficiency

Accountability

OPPORTUNITIES

THREATS

Learning Experiences

Flexibility

Planned or Unplanned

Resources and Networks

Balancing Personal & Professional Life

Fears

Un-collaborative work mates

Limiting Factors

Few resources

Lack of support

My Professional Goals

As a New BSN Graduate

With Experience 3 - 5 Years

Apply evidence based approaches

Act with professionalism, and within accepted codes and laws.

Offer transformational nursing that is sensitive, client oriented, that fosters innovation.

New Horizons 10 Years

Career Accomplishments 25 - 30 Years

Get promoted owing to my professionalism

Continue to foster ethical practices and accepted code

Add value to my profession via research and innovation

Get recognized for exemplary work

Lead other medics through transformational leadership.

Work with my community to positively transform nursing.

Part B: Analysis and Conclusions

Statement of Philosophy

Nursing philosophy: To offer care that is client based by being innovative, respectful, dignified and employing practices that are cost effective (Westrick & DempSKI, 2009).

Personal philosophy: To offer transformative health services through research and application of evidence based approaches, innovation, co-existence and professionalism (Melnik & Fineout-Overholt, 2011).

These philosophies are reflecting my values of having integrity, respect and having great interpersonal skills (Goldsmith, 2011). They are also in line with

my vision of offering care that is patient-based, cost effective and in line with nursing standards.

Use of Assessment Tools to Formulate Goals

I will tell that I have accomplished my goals when I spot positive feedback and actions from my leaders. For instance, after 3-5 years, I will see progress if things are done differently at my work place according to the law and accepted codes (Wheeler, 2013). In 10 years, I can tell there is progress through promotions attained and recognitions. Upon reaching 25 years, I will say that there are achievements to my goals if I am able to work with my community by educating them on healthy practices.

Specific Strategies

In order to offer exemplary services, I need to develop strategies that promote team work, collaboration and research (American nurses Association, n. d). The other way to meeting goals will be through appropriate action plans to gauge my progress in my profession. Regular training will also be of great help and thus attending clinical conferences and forums will aid me in my career.

Priority of Goals

My goals are prioritized in that in the first 3-5 years, I will be concerned on developing my career and adding value to nursing whereas later years will be more of personal development and giving back to my community.

References

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