

# [Week 5 assignment 2 : professional development plan](https://assignbuster.com/week-5-assignment-2-professional-development-plan/)

[Health & Medicine](https://assignbuster.com/essay-subjects/health-n-medicine/), [Nursing](https://assignbuster.com/essay-subjects/health-n-medicine/nursing/)

Professional Development Plan Task Part A. Completion of Assessment Tools My Vision and Interests Personal VALUES Influencing FACTORS
Responsibilities
Caring
Listening to needs
Commitment
Integrity
Accountability
Collaboration
Respect
Personal Experience
Family Member(s)
Friends
Peers
Mentors
Work-Related
OPTIONS to Consider
PLANNED Accomplishments
Attend educational forums on nursing
Financial Needs
Balancing Personal & Professional Life
To attain exemplary leadership skills
To add value to nursing profession
My SWOT Analysis
STRENGTHS
WEAKNESSES
Personal Strengths/Talents
My innovative nature
Integrity
Respect
Professional Interests
Team working
Personal Characteristics
Impatience
Being a perfectionist
Professional Development Areas
Efficiency
Accountability
OPPORTUNITIES
THREATS
Learning Experiences
Flexibility
Planned or Unplanned
Resources and Networks
Balancing Personal & Professional Life
Fears
Un-collaborative work mates
Limiting Factors
Few resources
Lack of support
My Professional Goals
As a New BSN Graduate
With Experience 3 – 5 Years
Apply evidence based approaches
Act with professionalism, and within accepted codes and laws.
Offer transformational nursing that is sensitive, client oriented, that fosters innovation.
New Horizons 10 Years
Career Accomplishments 25 - 30 Years
Get promoted owing to my professionalism
Continue to foster ethical practices and accepted code
Add value to my profession via research and innovation
Get recognized for exemplary work
Lead other medics through transformational leadership.
Work with my community to positively transform nursing.
Part B: Analysis and Conclusions
Statement of Philosophy
Nursing philosophy: To offer care that is client based by being innovative, respectful, dignified and employing practices that are cost effective (Westrick & Dempski, 2009).
Personal philosophy: To offer transformative health services through research and application of evidence based approaches, innovation, co-existence and professionalism (Melnyk & Fineout-Overholt, 2011).
These philosophies are reflecting my values of having integrity, respect and having great interpersonal skills (Goldsmith, 2011). They are also in line with my vision of offering care that is patient-based, cost effective and in line with nursing standards.
Use of Assessment Tools to Formulate Goals
I will tell that I have accomplished my goals when I spot positive feedback and actions from my leaders. For instance, after 3-5 years, I will see progress if things are done differently at my work place according to the law and accepted codes (Wheeler, 2013). In 10 years, I can tell there is progress through promotions attained and recognitions. Upon reaching 25 years, I will say that there are achievements to my goals if Iam able to work with my community by educating them on healthy practices.
Specific Strategies
In order to offer exemplary services, I need to develop strategies that promote team work, collaboration and research (American nurses Association, n. d). The other way to meeting goals will be through appropriate action plans to gauge my progress in my profession. Regular training will also be of great help and thus attending clinical conferences and forums will aid me in my career.
Priority of Goals
My goals are prioritized in that in the first 3-5 years, I will be concerned on developing my career and adding value to nursing whereas later years will be more of personal development and giving back to my community.
References
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Melnyk, B. M., & Fineout-Overholt, E. (2011). Evidence-based practice in nursing & healthcare: A guide to best practice. Philadelphia: Wolters Kluwer/Lippincott Williams & Wilkins.
Westrick, S. J., & Dempski, K. (2009). Essentials of nursing law and ethics. Sudbury, Mass: Jones and Bartlett Publishers.
Wheeler, Herman. (2013). Law, Ethics and Professional Issues for Nursing: A Reflective and Portfolio-Building Approach. Routledge: London.