

# [Week 5 assignment 2 : professional development plan](https://assignbuster.com/week-5-assignment-2-professional-development-plan/)

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Professional Development Plan Task Part A. Completion of Assessment Tools My Vision and Interests Personal VALUES Influencing FACTORS   
Responsibilities   
Caring   
Listening to needs   
Commitment   
Integrity   
Accountability   
Collaboration   
Respect   
Personal Experience   
Family Member(s)   
Friends   
Peers   
Mentors   
Work-Related   
OPTIONS to Consider   
PLANNED Accomplishments   
Attend educational forums on nursing   
Financial Needs   
Balancing Personal & Professional Life   
To attain exemplary leadership skills   
To add value to nursing profession   
My SWOT Analysis   
STRENGTHS   
WEAKNESSES   
Personal Strengths/Talents   
My innovative nature   
Integrity   
Respect   
Professional Interests   
Team working   
Personal Characteristics   
Impatience   
Being a perfectionist   
Professional Development Areas   
Efficiency   
Accountability   
OPPORTUNITIES   
THREATS   
Learning Experiences   
Flexibility   
Planned or Unplanned   
Resources and Networks   
Balancing Personal & Professional Life   
Fears   
Un-collaborative work mates   
Limiting Factors   
Few resources   
Lack of support   
My Professional Goals   
As a New BSN Graduate   
With Experience 3 – 5 Years   
Apply evidence based approaches   
Act with professionalism, and within accepted codes and laws.   
Offer transformational nursing that is sensitive, client oriented, that fosters innovation.   
New Horizons 10 Years   
Career Accomplishments 25 - 30 Years   
Get promoted owing to my professionalism   
Continue to foster ethical practices and accepted code   
Add value to my profession via research and innovation   
Get recognized for exemplary work   
Lead other medics through transformational leadership.   
Work with my community to positively transform nursing.   
Part B: Analysis and Conclusions   
Statement of Philosophy   
Nursing philosophy: To offer care that is client based by being innovative, respectful, dignified and employing practices that are cost effective (Westrick & Dempski, 2009).   
Personal philosophy: To offer transformative health services through research and application of evidence based approaches, innovation, co-existence and professionalism (Melnyk & Fineout-Overholt, 2011).   
These philosophies are reflecting my values of having integrity, respect and having great interpersonal skills (Goldsmith, 2011). They are also in line with my vision of offering care that is patient-based, cost effective and in line with nursing standards.   
Use of Assessment Tools to Formulate Goals   
I will tell that I have accomplished my goals when I spot positive feedback and actions from my leaders. For instance, after 3-5 years, I will see progress if things are done differently at my work place according to the law and accepted codes (Wheeler, 2013). In 10 years, I can tell there is progress through promotions attained and recognitions. Upon reaching 25 years, I will say that there are achievements to my goals if Iam able to work with my community by educating them on healthy practices.   
Specific Strategies   
In order to offer exemplary services, I need to develop strategies that promote team work, collaboration and research (American nurses Association, n. d). The other way to meeting goals will be through appropriate action plans to gauge my progress in my profession. Regular training will also be of great help and thus attending clinical conferences and forums will aid me in my career.   
Priority of Goals   
My goals are prioritized in that in the first 3-5 years, I will be concerned on developing my career and adding value to nursing whereas later years will be more of personal development and giving back to my community.   
References   
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Melnyk, B. M., & Fineout-Overholt, E. (2011). Evidence-based practice in nursing & healthcare: A guide to best practice. Philadelphia: Wolters Kluwer/Lippincott Williams & Wilkins.   
Westrick, S. J., & Dempski, K. (2009). Essentials of nursing law and ethics. Sudbury, Mass: Jones and Bartlett Publishers.   
Wheeler, Herman. (2013). Law, Ethics and Professional Issues for Nursing: A Reflective and Portfolio-Building Approach. Routledge: London.