

# Research suicidal actions among teens, depression should

[Countries](#), [United States](#)



Research Topic: What are the most significant factors associated with the increased rate of suicide among teenagers in the United States. Name: Kafilat Wole-Sowole 104132652 Webster's dictionary defines suicide as "the act or an instance of taking one's own life voluntarily and intentionally." In the United States, on average 40,000 people die as a result of suicide every year, making it one of the most prominent causes of death for all Americans and tops the list as the second most significant cause of death for teenagers in America. Depressive illnesses have been cited as an explanation for the behaviour of suicide victims and death by suicide incidents. There has also been a significant increase in the percentage of young people who have reported having a major depressive episode (MDE) in the more recent years. Since depression is mostly cited as a reason for suicide and suicidal actions among teens, depression should be examined as a counterpart of suicide. This research question can then possibly be rephrased to "What are the causes of depression among teenagers in the United States". However, in more recent years depression among teens have risen substantially between 2010 and 2015 after they had declined for nearly two decades. Several reasons have then been cited for the spike in these rates; stress being the more prominent, as well as substance abuse but also racial identification etc. Yet, it can also be said that within this past decade suicide in form of depression has been mainly caused by the influence of the internet and social media on teen behavior as well as the psychological factors that accompany it.

This is evident in the fact that socialmedia as a relatively new phenomenon has swept the world during the past decade, this as occurred at the same time as the increased suicide rates amongUS teens occurred. Thus, conventional wisdom then upholds that there is a causeand effect relationship between the state of technology within this presenttime and the increased amount of suicide or suicidal actions among teenagers inthe United States. References