

Airborne infectious disease

[Environment](#), [Air](#)



Tuberculosis (TB) is an airborne infectious disease which is caused by bacteria belonging to Mycobacterium tuberculosis complex¹. There are approximately one third of the world's population are infected with tuberculosis where nine millions of new cases reported annually². Although tuberculosis is essentially curable and preventable, it continues to cause millions of deaths every year². When infected individual coughs, sneezes or spits, M. tuberculosis is propelled into the air and infected those who breathed in the bacteria that existed in droplets of saliva³. Primarily, tuberculosis will affect the lungs, known as pulmonary tuberculosis³. It will also affect other parts of body, for instance lymph nodes, bones, brain and kidneys³. Once a person is infected with tuberculosis, there are basically three possible ways may occur. Firstly, the immune system plays a vital role and strong enough to kill the bacteria³. Secondly, immune system is not strong enough to fight off the bacteria but is able to build a defensive barrier against the bacteria³. Individuals who are latently infected with M. tuberculosis show asymptomatic where these bacteria lie dormant in the lungs and able to reactivate after years¹. The disease is often reactivated in those who are immunocompromised or generally weakened. Lastly, the immune system fails to kill bacteria causing the bacteria to grow and spread towards other parts of body which is called active tuberculosis³.

In the fight of tuberculosis, World Health Organisation (WHO) recommends universal Bacille Calmette-Guérin (BCG) vaccination in the countries with high TB burdens⁴. BCG vaccine contains weakened form of M. tuberculosis which will induce antibodies to fight against this type of bacteria. The efficacy of BCG vaccination can be ranging from 0% to 84%⁵. This may

be due to the frequency of TB exposure and quality of vaccine used, leading to arguments on BCG vaccination efficacies⁴. One of the greatest arguments is that BCG vaccination causing positive reactions to tuberculin skin testing and hence interfere with the diagnosis of latent TB⁴. Existence of evidences showing the rates of efficacy also depends on geographical location, age at vaccination and form of TB further complicate the situation. Currently, TB chemotherapy is made up of a cocktail of first-line drugs isoniazid (INH), rifampicin (RIF), pyrazinamide (PZA) and ethambutol (EMB) ⁶. If the treatment fails due to bacterial drug resistance, or patient unable to tolerate, second-line drugs for instance para-aminosalicylate (PAS), fluoroquinolones, ethionamide and cycloserine are introduced⁶. These are considered as second line drugs generally either less potent with larger doses or more toxic with serious side effects⁶.

Tuberculosis is presently treated in two phases, namely initial phase and continuous phase⁷. In initial phase, the patient will be treated with concurrent use of four first line drugs, with the aim to eradicate or control bacteria population to replicate in rapid motion and also avoid the emergence of bacteria resistance⁷. The treatment choices available for initial treatment include isoniazid, rifampicin, pyrazinamide and ethambutol⁷. Streptomycin is used rarely but can be used in patients who infected with bacteria that are resistant to isoniazid before the therapy is commenced⁷. The duration for initial phase is 2 months whereas the continuous phase takes 4 months⁷. During the four months of continuous phase, patients are treated with isoniazid and rifampicin at same doses⁷. Most of the TB treatment is supervised where drug administration needs to

be fully supervised by healthcare professions since lengthy duration of treatment causing incompletion in patients⁷. These patients who are unlikely to be compliance will be given the drugs three times a week until the course is completed while patients who able to comply with the treatment will not be supervised⁷.

Despite the chemotherapy treatment and BCG vaccine, TB remains as a significant infectious disease due to increasing emergence of drug resistant TB and co-infection with Human Immunodeficiency Virus (HIV) ⁶. Since the host defense in HIV patients is suppressed, they are more susceptible to TB infections. Moreover, drug- drug interactions between antiviral therapy and anti-TB also causing complications in treating co-infected patients⁶. Drug resistant TB has evolved mainly because of improper treatment or incompletion in patients who stop taking their medications before the bacteria is being fully eradicated since the duration of treatment is lengthy which takes 6-9 months^{8, 9}. The mechanism involved includes chromosomal mutations in genes that responsible for drug targets encoding⁹. When there is a sequential accumulation of mutations, multi-drug resistant tuberculosis (MDR-TB) emerges where the *M. tuberculosis* strains will resistant to two of the most commonly used drugs, Isoniazid and Rifampicin⁹. Patients with MDR-TB are then relying on the second-line drug classes, fluoroquinolones and the three injectable agents namely amikacin, capreomycin, and kanamycin^{10, 11}. The chances to cure would dramatically be reduced for patients who infected with extensively drug-resistant tuberculosis (XDR-TB), a situation where the isolated strains are resistant against any one of fluoroquinolones and at least one of three injectable drugs¹².

In order to combat with the MDR-TB or XDR-TB and optimize the tuberculosis drug regimen, it is crucial to understand the mechanism of action of current using first-line drugs and how resistance is developed against these drugs.

Isoniazid (INH) or isonicotinic acid hydrazide is discovered in 1952, a bactericidal agent which active against organism of the genus *Mycobacterium*, especially *M. tuberculosis*, *M. bovis* and *M. kansasii*^{6, 13}. In vivo, INH has shown to be bactericidal in culture over the first 48 hours which become bacteriostatic after this particular time frame¹³. This indicates that INH is bacteriostatic for slow growing or “resting” bacilli but is bactericidal for rapidly dividing mycobacterium. The minimal tuberculostatic concentration is 0.025 to 0.05 µg/ml¹⁴. INH is a prodrug that needs to be activated by catalaseperoxide hemoprotein, KatG before acts by inhibiting mycolic acid synthesis and cell wall disruption in susceptible mycobacterium^{14, 15}. This inhibitory action is very specific since mycolic acids are unique to mycobacteria¹⁴. INH acts by inhibit enoyl acyl carrier protein (ACP) reductase, InhA, and a beta-ketoacyl-ACP synthase, KasA that are crucial in fatty acid synthesis system for mycolic acid¹⁶. Resistance to INH is believed due to mutations in gene encoding catalaseperoxidase katG or InhA or lacking KatG^{9, 15}. Isoniazid is metabolised in the liver, mainly by acetylation and dehydrazination where slow acetylator may experience higher concentration leads to potential toxicity before excreted in the urine within 24 hours¹⁴.

Rifampicin (RIF), discovered in 1963, is a lipophilic semisynthetic derivative of rifamycin antibiotic which is produced by the fermentation of a strain of

Mycobacterium tuberculosis 6, 9, 17. RIF has bactericidal activities against a broad spectrum of microorganisms including gram-positive and gram-negative. RIF will inhibit the action of DNA-dependent RNA polymerase of mycobacteria that is encoded by *rpoB* through formation of a stable drug-enzyme complex⁹. This will suppress the initiation chain formation in RNA synthesis and hence prohibit protein synthesis in *M. tuberculosis*⁹.

Development of resistance to RIF is mostly due to mutation in 81 base pair region of *rpoB* gene thus facilitate a straightforward approach to detect MDR-TB since 85-90% RIF-resistant strains are also resistant to INH⁹. RIF produces peak plasma concentration of 7µg/mL in 2 to 4 hours after ingestion of 600mg¹⁸. It also distributed well to most of the body tissues and fluids, including cerebrospinal fluid since it is lipophilic¹⁸. Following absorption from the gastrointestinal tract, RIF is eliminated rapidly in the bile with fewer amounts excreted through urine¹⁸.

Pyrazinamide (PZA) is discovered in 1954 and it produces excellent sterility effects against semidormant tubercle bacilli at slightly acidic pH^{6, 9}. The antimicrobial activity of PZA is through interference with mycolic acid synthesis in *M. tuberculosis* by pyrazinoic acid, an active moiety of PZA⁹. Conversion of PZA to pyrazinoic acid is mediated by pyrazinamidase enzyme that is encoded by *pncA* gene in *M. tuberculosis*, thus indicating that these bacilli are sensitive to PZA⁹. Resistance against PZA evolved when mutation occur at *pncA* gene that is responsible for pyrazinamidase, hence affecting the activity of this enzyme⁹. PZA is well absorbed from gastrointestinal tract and is widely distributed to most tissues and fluid too¹⁸. The oral administration of 500 mg PZA produces plasma concentrations of 9-12µg/ml

after two hours and 7ug/ml after 8 hours¹⁸. PZA is metabolized in liver whereas the metabolites are excreted through renal glomerular filtration¹⁸.

Ethambutol (EMB) is discovered in 1962, acts as bacteriostatic agent and is active against undergoing cell division^{6, 19}. EMB primarily targets on impairment of cell wall polymerization by inhibits arabinosy transferase, a vital enzyme responsible for mycobacteria cell wall biosynthesis^{9, 19}. Since arabinosy transferase enzyme is encoded by embC-embA-embB genes, resistance against EMB evolved is believed due to mutation of these genes⁹. EMB is currently used as one of the first-line treatment for tuberculosis mainly because of its synergistic effect with other front-line drugs and its low toxicity property¹⁹. There is roughly 75-80% of an oral dose of EMB is rapidly absorbed in gastrointestinal tract with absorption unaffected when administered with foods²⁰. In addition, EMB is distributed widely to body tissues and fluid, including cerebrospinal fluid before being metabolized in the liver and excreted in urine²⁰.

Streptomycin (SM) is an aminoglycoside antibiotic, used as first line treatment for TB when it first discovered in 1944^{1, 6}. Streptomycin is isolated from the bacteria *Streptomyces griseus* and its antimicrobial effects against *M. tuberculosis* highly effective when use in combination with other first line agents²¹. However, SM is no longer considered as first line treatment as resistance against it has developed rapidly¹. The optimum pH for SM is at pH8 where its bacteriostatic activity will reduce with increasingly acidic environment²¹. SM acts by binding tightly to A site of 16S ribosomal RNA subunit, interferes with mRNA translation, causing faulty protein being

produced^{1, 9}. Resistant emergence when the mutation occurs at gene *rpsL* and *rrs* that encoded for 16S and S12 ribosomal protein^{1, 9}. Upon administration, SM is poorly absorbed from gastrointestinal tract and mostly administered parentally¹. SM is mostly excreted in urine and patients with low renal profile might experience toxicity such as neurotoxic reactions¹.

When the first line treatment is no longer suitable for patients or patients develop multi-drug resistance TB, second line drugs will then be introduced in combating the TB. Second line drugs that are mostly used include Ethionamide (ETH), Cycloserine (CS), Para-Aminosalicylic Acid (PAS) and Fluoroquinolones (FQ).

ETH has been in use since 1960s, is a structural analogue of INH and it targets at inhibition of mycolic acid biosynthesis in tubercle bacilli^{9, 22}. INH however is much more potent than ETH since the minimal inhibitory concentration for ETH is 0.5-5.0 µg/mL²². Resistance evolved due to mutation at gene *InhA* and *ethA* which encode for oxygenase enzyme in activation of ETH⁹.

In vitro, CS has inhibitory effect on *M. tuberculosis* at 5-200 µg/mL and there is no cross resistance occurred between CS and other drugs¹⁴. CS acts by interfering the biosynthesis of bacterial cell wall¹⁴. CS is well absorbed in gastrointestinal tract and also widely distributed to body tissues and fluid including cerebrospinal fluid¹⁴.

PAS was first introduced as first line drug but being replaced by Ethambutol in 1960s¹. It acts bacteriostatically with possessing inhibitory effect at

concentration less than 1mg/ml by interfere with folic acid metabolism in bacteria¹. PAS is readily absorbed from gastrointestinal tract and distributed well throughout the body. Approximately 80% of the drugs will be excreted via kidney after being metabolized to acetylated form¹.

Moxifloxacin and Gatifloxacin are both been synthesized and evaluated as excellent bactericidal agents through inhibiting DNA gyrase, an ATP-dependent enzymes topoisomerase II which is responsible in bacteria DNA transcription⁹. DNA gyrase is consisted of two subunits that is arranged in a complex, is encoded by two different genes, *gyrA* and *gyrB* where mutations at *gyrA* will normally cause bacteria resistance to these new generation of flouroquinolones⁹.

Due to the increasing incidence of multidrug resistance TB, it is highly desirable to develop new drugs that are not only potent and effective against current resistant strains of *M. tuberculosis* but also possess shorter treatment duration since most of the incompliance of patients is brought up by lengthy TB treatment. Most of the mechanisms of action of current treatments are involved in interfering the bacterial DNA synthesis, protein and mycolic cell wall biosynthesis. The enzymes that participate in these pathways could also be the target of newly designed drugs such as TMC207, one of the new drugs which are currently under investigations and clinical trials.

TMC207 is a member of diarylquinoline class of compound which target at adenosine triphosphate (ATP) synthase by binding to subunit C of the synthase, blocking the energy pathway of mycobacteria^{23, 24}. In vitro,

TMC207 not only possesses ability to inhibit both drug sensitive and resistant *M. tuberculosis* isolates, but also able to sterilize the patient through killing the dormant bacilli bactericidally²³. TMC207 showed a minimum inhibitory concentration of 0.03ug/mL against *M. tuberculosis*, suggesting a more potent agent compared to current first-line treatments such as isoniazid and rifampicin²⁴. Apart from that, its synergistic effect with pyrazinamide could promise as effective drug combination for sterilizing the patients against TB²³. A phase I clinical trials which involved short terms administration of TMC207 in healthy individuals showing no adverse effects and the subjects are well tolerated with it²⁴. However, it is essential to investigate the selectivity of TMC207 against mammalian ATP synthase with longer periods to ensure the patients' safety when administered with TMC207.

Thiacetazone (TAC) is widely used as second line anti-TB agent against multiresistant tuberculosis at present²⁵. TAC acts by interferes the biosynthesis pathway of mycolic acid in tubercle bacilli²⁵. The fact that *M. tuberculosis* has been difficult to eradicate and remains persistent is due to its cell wall that composed of mycolic acid which is resistant against chemical injury, dehydration and also has low permeability to antibiotics²⁵. Mycolic acid contains cyclopropane rings that is activated through cyclopropane mycolic acid synthase (CMASs), has a significant contribution to tuberculosis²⁵. By inhibiting the cyclopropanation, the cell wall biosynthesis will then be interrupted, introducing the bactericidal effects²⁵.

The aim of this research is to synthesis and evaluates the analogues of Thiacetazone which might be potential anti tuberculosis agents. The

analogues will be tested against different strains of mycobacteria in lab. The target actions of these analogues will also be identified based on the structure of the analogues.

The above analogue is synthesized when a benzaldehyde reacts with a primary amine. This is a condensation process and an imine is produced. The changes at position R1 to R3 with different electron withdrawing groups are first planned to be evaluated. However, the plan is prohibited since the corresponding structures are either unavailable or too expensive that falling outside the budget. After revised on the previous analogues that were discovered and their respective MIC values obtained from lab, the structures of new analogues that are going to be evaluated are finally sorted out. The R1 to R3 positions would be replaced by either a -chloro or a -methoxy with R8 position would either be an amine, a methyl or a benzene ring. A chloro is used at position R1 to R3 since it is electron withdrawing, big and lipophilic molecule whereas the methoxy group is electron donating, small and quite lipophilic. For R8 position, an amine is selected because it is electron withdrawing and small. A methyl is also selected since it is quite lipophilic, small and electron donating. On the other hand, benzene ring which is highly lipophilic, neither electron donating nor withdrawing group might have a different effect on the analogue synthesized.