

# [Example of essay on biology course: personal impact reflection](https://assignbuster.com/example-of-essay-on-biology-course-personal-impact-reflection/)

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## Introduction

There are some things that we learn that will change our perspectives for the better. My biology subject has thought me this. Biology has been a strong eye opener for me when it comes to the topics like sex and sexuality.

## Discussion

I came from a conservative family and conservative culture. This means that I possesses the norms of a conservative society when it comes to he said topics. I normally judge things based from a more religious perspective. For example, when it comes to homosexuality, I would always have negative judgment to homosexuals because they do not conform to religious beliefs and conservative societal norms. But through biology and other human sexuality courses that I took, I realize than I must learn to separate the norms of my culture as well as my religious beliefs in order to make fare judgment on homosexuals, sex, homosexuality and related topics. I have learned to look at things from a more scientific perspective; I have learned to understand more rather than to make judgments. It is through this duality of perspectives (scientific and cultural or religious) that I find most happiness and less mind stress. Aside from the way I think about the aforementioned topics, biology has also changed the way that I might teach someone I know about them, such as my friends, or nephew. I think that if I will also teach them about sex and sexuality from more scientific perspectives, they can also avoid the biases that I had against homosexuals or to other topics or subjects related to sex and sexuality.

## Conclusion

More knowledge, especially scientific knowledge teaches to become more humble. It teaches us how to consider many factors first before making judgments. The knowledge that I acquired from biology and other similar courses in sexuality has made me realize that there are more perspectives from which we can look at things such as sex sexuality.