

# Although wives can slowly lose passion and

Sociology



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Although polygamy does benefit to some families, however, it can violate women's rights. There are three bad effects that polygamy can harm women's rights. First, polygamy can cause women to lose their identities as individuals. This is because gender inequality occurs which is multiple wives and a single husband at the head. Therefore, women can't often make family decisions.

For example, women will pretend to agree when they don't really agree the husband's decisions, but if women keep agreeing with their husband, they will no longer know what they feel. As to make their husband happy, some wives may try to change their habits by preparing delicious food and cleaning the house so that they can get the husband's attention. But, the husband may not appreciate the efforts of the wives. Thus, the wives can slowly lose passion and even forget to have lives of themselves. Besides, the second point is women tend to have serious health problems.

The first wives or older wives often feel the pains and depressions as the husbands always love new wife. According to Ding Jo-Ann, updated in the website entitled "The Impact of Polygamy", claimed that 45.6% of the first wives were dissatisfied with their polygamous marriages, compared with 39.3% who were satisfied. Also, the conflict and jealousy between co-wives in the polygamous family can cause them to be less satisfied in their lives which can lead to physical injuries and health problems.

For example, health problems such as suppressed immune function, insomnia, and stress-related hormones are often found in polygamous women. On the other hand, lack of financial support is another effect

of polygamousmarriages violate women's rights. This is because the husband cannot afford toprovide enough money to the family as he has many wives. Hamzah and Othman, updated in the website entitled " Stress, quarrels and neglect: the ' normal'polygamous family" in 2010, claimed that the wives discovered that the husbandonly provided one-third of the family's basic needs such as rice, sugar andschool fees.

So, women have forced to find extra jobs to ensure the financialstability after the husband has an extra wife. Is it fair for women to workovertime in order to feed the families? No, it is truly unfair to women. As a result, thisclearly shows that polygamy affects women rights in lose identities, mental health problems and lack of financial support. Inconclusion, polygamy can bring bad impacts especially the rights of women. Therefore, this issue should be handled with further research to give moresolutions to overcome polygamous families problem.