

Conflict resolution in long term care assignment

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The purpose of this paper is to examine a conflict situation on a health care setting and discuss the positives and negative aspects of a conflict throughout examples of nursing work situations. I will describe a situation where I encounter conflict and recognize my own behaviors in similar situations. I will discuss what was done and what could be done according to the CON. I will also discuss what I have learned about conflict resolution. The nursing profession is mostly related to work closely with people; either taking care of a client or being part of a health care team.

Therefore, it is almost inevitable to have a conflict. Like so many other life experiences, a conflict situation has positive and negative elements and mostly depends on the approach. Therefore, as professionals, we must have or develop skills that aid in the resolution of such as conflicts. One positive aspect is that during conflict situations, nurses have the opportunity to listen to different points of view and opinions to develop a proper solution to a conflict situation and then contribute a positive change for the clients.

For example, a nurse on my floor was frequently calling the dietician to ensure that one of the diabetic residents has the type of food she likes in order for her to eat. Finally, after several referrals regarding the client's diet, the nurse decided to confront the dietician in the manager's office and ask why her request could not be met. It happened that it was all miscommunication. Now the resident has a replacement meal every time she wishes to. Another positive aspect of being exposed to a conflict situation is that with a positive attitude, a nurse will be able to gain knowledge and experience that allow her to become a better professional.