

Which antibiotics to use (for medical students)



GastroenteritisNI. (Frequently self-limiting, may not be bacterial)Campylobacter enteritisNI unless immunocompromised or severe infection -

Clarithro-, azithro-, OR erythro- mycin.

ALT: ciprofloxacin. ONWHICH ANTIBIOTICS TO USE (FOR MEDICAL STUDENTS)

SPECIFICALLY FOR YOUFOR ONLY\$13. 90/PAGEOrder NowSalmonella (non-typhoid)NI unless immunocompromised or severe infection -

Ciprofloxacin OR

cefotaxime. ShigellosisOnly treat if more than mild -

Ciprofloxacin OR

azithromycin

ALT (if sens): Amoxicillin OR trimethoprimTyphoid feverMulti-resistant (test sensitivity)

Cefotaxime or ceftriaxone

ALT: Azithromycin OR ciprofloxacin (if sens)Clostridium difficileOral metronidazole (10-14 days) OR

(for 3rd or severe infection) oral vancomycin (10-14 days)

IF (not responding or very severe) add IV metronidazoleBiliary-tract infectionCiprofloxacin OR

gentamicin OR

a cephalosporinPeritonitisA cephalosprin + metronidazole OR

gentamicin + metronidazole OR

gentamicin + clindamycin OR

piperacillin with tazobactam (tazocin) aloneEndocarditis: initial 'blind'

therapy(Flucloxacillin OR benzylpenicillin if less severe) + Gentamicin

ALT (if resistant, or prostheses present): vancomycin + rifampicin +

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gentamicinEndocarditis caused by staphylococciFlucloxacillin (4-6 weeks)

Add rifampicin for at least 2 weeks if prosthetic valve endocarditis.

ALT: vancomycin + rifampicinNative-valve endocarditis caused by fully sensitive streptococci

(eg. viridans streptococci)Benzylpenicillin (4 weeks)

ALT: vancomycin (4 weeks)

If large/abscess/infected emboli = benzylpenicillin + gentamicin (2 weeks)Native-valve endocarditis caused by less-sensitive streptococci.

Benzylpenicillin (4-6 wks) + gentamicin (2 wks)

ALT: 'vancomycin or teicoplanin (4-6 wks)' + gentamicin (2 wks)Prosthetic valve endocarditis caused by streptococci. Benzylpenicillin (6 wks) + gentamicin (2 wks)

ALT: 'vancomycin or teicoplanin (6 wks)' + gentamicin (2 wks)Endocarditis caused by enterococci

(eg. Enterococcus faecalis)(Amoxicillin or ampicillin) + gentamicin (4-6 wks)

ALT: (vancomycin or teicoplanin) + gentamicin

IF (gent-resistant): change gent to streptomycinEndocarditis caused by hameophilus, actinobacillus, cardiodacterium, eikenella, or kingella ('HACEK' organisms)(Amoxicillin or ampicillin '4-6 wks') + low-dose gentamicin (2 wks)

IF (amoxi-resistant): change amoxi to ceftriaxoneHaemophilus influenzae epiglottitisCefotaxime OR

ceftriaxone

ALT: chloramphenicolChronic bronchitis: acute exacerbations(Amoxicillin or ampicillin) '5 days' OR
a tetracycline '5 days'

ALT: (clarithro-, erythro-, or azithro- mycin) '5 days'Community-acquired pneumonia

(low-severity)Amoxicillin or ampicillin (7 days, 14-21 for staph)

IF (atypical), add (clarithro-, erythro-, or azithro- mycin)

ALT: doxycycline OR (clarithro-, erythro-, or azithro- mycin)Community-acquired pneumonia

(moderate-severity)(Amoxicillin or ampicillin) + (clarithro-, erythro-, or azithro- mycin) '7 days, 14-21 for staph' OR

doxycycline alone

IF (MRSA), add (vancomycin or teicoplanin)Community-acquired pneumonia

(high severity)Benzylpenicillin + (clarithro-, erythro-, or azithro- mycin) '7-10 days, 14-21 for staph' OR

Benzylpenicillin + doxycycline

ALT: (cefuroxime or cefotaxime or ceftriaxone) + (clarithro-, erythro-, or azithro- mycin).

IF (life-threat, gram-neg, or nursing home): Co-amoxiclav + (clarithro-, erythro-, or azithro- mycin)

IF (MRSA), add (vancomycin or teicoplanin)Pneumonia caused by atypical pathogens

(eg. legionella, chlamydial, mycoplasma)(Clarithro-, erythro-, or azithro- mycin) '14 days'

ALT: a quinolone (for legionella), or doxycyline (for chlamydial/mycoplasma)Pneumonia caused by legionella(Clarithro-, erythro-, or azithro- mycin) '7-10 days'

ALT: a quinolone (eg. ciprofloxacin)

IF (high severity), add (Clarithro-, erythro-, or azithro- mycin) OR rifampicin

for first few days Pneumonia caused by chlamydial or mycoplasma (Clarithro-, erythro-, or azithro-mycin) '14 days'

ALT: doxycycline Hospital-acquired pneumonia

(early-onset, within 5 days after admission) Co-amoxiclav (7 days) OR cefuroxime (7 days)

IF (life-threat, recent abx, or resistant) treat as late-onset Hospital-acquired pneumonia

(late-onset, after 5 days post-admission) An antipseudomonal penicillin (eg. tazocin) '7 days' OR

broad-spectrum cephalosporin (eg. ceftazidime) OR another antipseudomonal beta-lactam OR a quinolone (eg. ciprofloxacin)

IF (MRSA): add vancomycin

IF (pseudomonas aeruginosa): consider adding aminoglycoside (eg. amikacin, gentamicin) Meningitis

(initial empirical therapy) Transfer to hospital urgently.

Benzylpenicillin 1. 2g (IM/IV) immediately

ALT: cefotaxime or chloramphenicol Meningitis (unknown cause)

(in hospital, in 3 month old to 50 year old.) (Cefotaxime or ceftriaxone) 'at least 10 days'

IF (recent abx, travel outside UK): consider adding vancomycin.

Consider adjunctive dexamethasone. Meningitis (unknown cause)

(in hospital, in adults over 50yo.) (Cefotaxime or ceftriaxone) + (amoxicillin or ampicillin) 'at least 10 days'

IF (recent abx, travel outside UK): consider adding vancomycin.

Consider adjunctive dexamethasone. Meningitis (caused by meningococci)

(in hospital)Benzylpenicillin (7 days) OR
(cefotaxime or ceftriaxone)

ALT: chloramphenicolMeningitis (caused by pneumococci)

(in hospital)(Cefotaxime or ceftriaxone) '14 days'

IF (penicillin sens): use benzylpencillin instead.

IF (penicillin/cephalosporin resistant): add vancomycin +/- rifampicin.

Consider adjunctive dexamethasone. Meningitis (caused by Haemophilus influenzae)

(in hospital)(Cefotaxime or ceftriaxone) '10 days'

ALT: chloramphenicol

Consider adjunctive dexamethasone. Meningitis (caused by Listeria)

(in hospital)(Amoxicillin or ampicillin '21 days') + gentamicin (7 days)

ALT: co-trimoxazole '21 days'Pyelonephritis (acute)A broad-spectrum cephalosporin '10-14 days' OR

a quinolone (eg. ciprofloxacin) '10-14 days'Prostatitis (acute)(Ciprofloxacin or ofloxacin) '28 days'

ALT: trimethoprim '28 days'Urinary tract infection (lower)Trimethoprim (7 days) OR

nitrofurantoin (7 days)

ALT: (amoxicillin or ampicillin) OR

oral cephalosporin (eg. cefaclor)

Can treat for just 3 days in uncomplicated female UTIsBacterial vaginosisOral metronidazole (5-7 days)

ALT: topical metronidazole (5 days) OR topical clindamycin (7 days)Genital chlamydial infection

(uncomplicated)Contact tracing recommended.

Azithromycin (single dose) OR

doxycyline (7 days)

ALT: erythromycin (14 days) Non-gonococcal urethritis Contact tracing recommended.

Azithromycin (single dose) OR

doxycyline (7 days)

ALT: erythromycin (14 days) Non-specific genital infection Contact tracing recommended.

Azithromycin (single dose) OR

doxycyline (7 days)

ALT: erythromycin (14 days) Gonorrhoea

(uncomplicated) Contact tracing recommended. Consider chlamydia co-infection.

Azithromycin + IM ceftriaxone (single dose each)

ALT (oral): Cefixime + azithromycin (single dose each)

ALT (if quinolone sens) ciprofloxacin + azithromycin Pelvic inflammatory disease Contact tracing recommended.

Doxycyline + metronidazole (14 days) + IM ceftriaxone (single dose) OR

ofloxacin + metronidazole (14 days) Early syphilis

(infection less than 2 years) Contact tracing recommended.

Benzathine benzylpenicillin (single dose)

ALT: doxycyline (14 days) OR

erythromycin (14 days) Late latent syphilis

(asymptomatic infection of more than 2 years) Contact tracing recommended.

Benzathine benzylpenicillin (once weekly for 2 weeks)

ALT: doxycyline (28 days) Asymptomatic contacts of patients with infectious

syphilis. Doxycycline (14 days)Septicaemia

(community-acquired)A broad-spectrum anti-pseudomonal penicillin (eg.

tazocin or ticarcillin with clavulanic acid) OR

a broad-spectrum cephalosporin (eg. cefuroxime).

IF (MRSA): add vancomycin or teicoplanin.

IF (anaerobic): cefuroxime + metronidazole

IF (resistant): meropenem. Septicaemia

(hospital-acquired)A broad-spectrum antipseudomonal beta-lactam

antibacterial (e. g. piperacillin with tazobactam, ticarcillin with clavulanic

acid, ceftazidime, imipenem with cilastatin, or meropenem).

IF (MRSA): add vancomycin or teicoplanin.

IF (anaerobic): cefuroxime + metronidazoleSepticaemia

(related to vascular catheter)Consider removing vascular catheter.

(Vancomycin or teicoplanin)

IF (gram-neg): add broad-spectrum antipseudomonal beta-lactam (eg.

tazocin). Meningococcal septicaemiaGive immediate dose.

Benzylpenicillin OR

(cefotaxime or ceftriaxone)

ALT: chloramphenicolOsteomyelitisSeek specialist advice if chronic or

prostheses.

Flucloxacillin (6 wks) +/- (fusidic acid or rifampicin '2 wks')

ALT: change fluclox to clindamycin

IF (MRSA): change fluclox to (vancomycin or teicoplanin)Septic arthritisSeek

specialist advice if prostheses present.

Flucloxacillin (4-6 wks)

ALT: clindamycin (4-6 wks)

IF (MRSA): (vancomycin or teicoplanin)

IF (gonococcal or gram-neg) (cefotaxime or ceftriaxone) Purulent

conjunctivitis Chloramphenicol eye drops Periorbititis

(gum inflammation around erupting tooth) NI unless systemic features or persistent.

Metronidazole (3 days)

ALT: amoxicillin (3 days) Gingivitis NI unless systemic features or persistent.

Metronidazole (3 days)

ALT: amoxicillin (3 days) Throat infections

(bacterial suspected) Consider bacterial if history of valvular heart disease, systemic upset, increased risk (eg. immunosuppressed).

Phenoxycephalothin (10 days)

ALT: (Clarithro-, erythro-, or azithro- mycin) '10 days' Sinusitis

(bacterial suspected) Consider bacterial if persistent and purulent discharge > 7 days, severe, or high risk.

(Amoxicillin or ampicillin) '7 days' OR

doxycycline (7 days) OR

(Clarithro-, erythro-, or azithro- mycin) '7 days'

IF (no improvement in 48 hrs): oral co-amoxiclav.

IF (severe) initial IV co-amoxiclav OR cefuroxime Otitis externa Flucloxacillin

ALT: (Clarithro-, erythro-, or azithro- mycin)

IF (pseudomonas): ciprofloxacin OR aminoglycoside (eg. gentamicin) Otitis media Most caused by viruses, or self-limited. Treat if not improved after 72 hrs or deterioration.

(Amoxicillin or ampicillin) '5 days'

ALT: (Clarithro-, erythro-, or azithro- mycin) '5 days'

IF (no improvement > 48 hrs): co-amoxiclav

Impetigo
(small areas of skin infected) Seek microbiology advice before using topical treatment in hospital.

Topical fusidic acid (7 days)

IF (MRSA): topical mupirocin (7 days)

Impetigo
(widespread infection) Oral flucloxacillin (7 days)

ALT: oral (Clarithro-, erythro-, or azithro- mycin)

IF (streptococci): add phenoxy-methylpenicillin

Erysipelas
(streptococcus infection of superficial skin, with well-defined

edge) Phenoxy-methylpenicillin (7 days) OR

benzylpenicillin

ALT: clindamycin OR

(Clarithro-, erythro-, or azithro- mycin)

IF (severe): high-dose flucloxacillin

Cellulitis
(localized or diffuse inflammation of connective tissue with severe

inflammation of dermal and subcutaneous layers of the skin) Flucloxacillin

(high-dose)

ALT: clindamycin OR

(Clarithro-, erythro-, or azithro- mycin) OR

(vancomycin or teicoplanin)

IF (gram-neg): broad-spectrum antibiotics

Animal and human bites Consider tetanus vaccination/immunoglobulin +/- rabies prophylaxis.

Assess risk of blood-borne viruses.

Co-amoxiclav

ALT: doxycycline + metronidazole

Mastitis during breastfeeding Treat if severe, or persistent > 12-24 hrs, or infected.

Flucloxacillin (10-14 days)

ALT: erythromycin (10-14 days)

Continue breastfeeding throughout.