

For believe that this
website is a great

[Nutrition](#)



For this activity I have chosen the babycenter.

com. The first thing I noticed when I opened this website is that it can track your pregnancy. All you have to do is enter the due date and it will transform the baby to match your pregnancy. I believe this will help the mother actually see what the baby is going through inside of the womb. My friend used an app on her phone that tracked her pregnancy and she loved it.

Another resource I noticed is that if you are trying to conceive it has tips and resources that you can turn to. It will help you calculate and detect your ovulation period. It also has a nutrition calendar while you are trying to conceive. It tells you signs of pregnancy and how to read pregnancy test. There is so much more on this website to help a woman get pregnant.

It really is a great place if you are trying to get pregnant for the first time. Another tab that stood out to me is the fertility solutions. Many women today have fertility problems but there are solutions for this. The website has many articles on fertility problems so most likely that can help anyone. It helps a woman understand the common causes of the problem and solutions that can help solve the problem.

Another tab that can help is the fertility treatments that women can go through. In this section it even has the adoption tab that you can click on. This also has many articles to help you understand the adoption process. Overall I really do believe that this website is a great source for women who are pregnant or trying to get pregnant. The resources used are very helpful and easy to understand. This website is not just for getting pregnant it also has tabs for toddlers, preschool, and a big kid tab. So this makes it useful all

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mothers to use. I would recommend this website to any mother or women who is pregnant or trying to become pregnant.