

Neetu suicidal ideation in college going girls

[Finance](#)



**ASSIGN
BUSTER**

Neetu Chaudhary*, Dr. Madhu Bala**, Dr. Anita moral*** The purpose of this present paper was to find out the suicidal ideation in college going girls and how much modernization effects their suicidal ideation. For this purpose data were collected from 120 girls, who were pursuing graduation. They are belonging to different background. Mean, Analysis of variance (ANOVA), multiple comparison test was used to compute the data.

Result shows demographical background as well as achievement motivation both effect positively on suicidal ideation. After, Understanding the effect of modernization on society, some useful suggestions will be taken to escape the side effects of modernization. Key words: Achievement Motivation, Suicidal Ideation, Demographical Background. Introduction

Modernization is such a concept which refers to process in which society take place with many changes in various fields. The changes occur in the field of science and technology is almost considered to bring modernization. In context of social sciences modernization refers to the change through industrialization, urbanization westernization, assimilation, acculturation and so forth.

These are the changes which affects broadly human mind thinking, life style, values, believes, customs, tradition and so many other behavioral patterns.*

Lecturer (Self Finance College), B. D. College, Dhanora, Gazrulla (U. P.)**
Asstt. Prof.

, R. B. S. College, Agra (U. P.)*** Asstt.

Prof., S. V. College, Aligarh (U.

P.) When cognitive perspective is change through modernization, the whole attitude change towards life problems, towards society and toward universe. Where modernization is breaking off rigid, and meaningless customs to lead a smooth life, there it is also leading people for some challenges which are affecting their lives into complicated pattern because modernization is to adopt the changes of time for the development of self and the country as a whole. So people are more pressurized toward the progress and success and they are becoming more ambitious for materialistic achievement rather than intellectual growth.

Due to the pressure of ambitions and progress in life, People are suffering from many pathological and psychological problems like stress, Anxiety, depression, obsession and suicidal ideation. Among these problems suicidal ideation is an emerging problem among adolescents, adults even in old age people. Suicidal ideation refers to the thought about taking one's own life with some degree of intent does not necessarily mean that a person is an imminent risk to self, further assessment is needed it is imperative that all suicidal ideation is taken seriously and explored to determine the level of risk. Risk factors of suicidal Tendency:- Anxiety , Depression , Anger , Aggression , Helplessness , Prior Suicide attempts , Impulsiveness, Exposure to the suicide of Family member, friend, or significant friend , Impaired parent-child relationship and Lack of involvement in school work. Warning signs of suicidal ideation:- Change in Eating and sleeping habits , Withdrawal from friend and family in regular activity, Violent actions , Rebellious behavior or running away , Marked personality change , Frequent

complaint about physical symptoms often related to emotions such as stomachache, Headache, and fatigue. Methodology Problem: - 1.

To examine the impact of modernization (through demographical background) on the level of suicidal ideation in college going girls. 2. To examine the impact of Achievement motivation on the level of suicidal ideation. Hypotheses:- H1. There will be no significant effect of modernization (through demographical background) on suicidal ideation. H2. There will be no significant effect of Achievement motivation on suicidal ideation.

Variables:- 1. Demographical Background (Urban and Rural) 2. Achievement Motivational (High, Moderate and Low) Experimental Design:-

For statistical analysis 2 x 3 factorial design was used. The first independent variable was demographical background varied at two levels Urban and Rural and second independent variable was Achievement Motivation varied at three levels that is high, moderate and low level of Achievement motivation.

Sample: - (A1 = Urban Background, A2 = Rural Background, B1 = High level of achievement motivation, B2 = Moderate level of achievement motivation, B3 = Low level of achievement motivation) 120 subjects were selected for this study through randomization. There were 60 students related to urban background and 60 students related to rural background. Each background consists of 20 students in each cell related to high, moderate and low level of Achievement motivation. Tools: - For present research following tools have been used.

1. Achievement motivation scale constructed by PratibhaDeo and Asha Mohan
 Item: 50 Reliability = .78 test retest method Validity = .

542. Suicidal ideation scale constructed by Aron T. back and Mana kovach
 Item: - 19 Reliability = .89 coefficient Validity = .

41 concurrent validity Statistical Analysis:- Mean, ANOVA and Multiple comparison test were used for statistical Analysis. Results:- Results are discussed according to analysis of variance and multiple comparison

test. Table 1:- 2 x 3 ANOVA for suicidal Ideation Source of SS df MS F

Variation	A	1280.533	1	1280.533	43.27**	B	1266.017	2	633.
-----------	---	----------	---	----------	---------	---	----------	---	------

00	21.39**	ABSS	138.117	2	69.05	2.33	Within treatment	Error	3373.
----	---------	------	---------	---	-------	------	------------------	-------	-------

7	114	29.59	Total	6058.367	119	Table -1	Analysis of
---	-----	-------	-------	----------	-----	----------	-------------

variance reveals that F ratio is found significant at the level .01 for factor A (Demographical background) and B (level of Achievement Motivation). Table 2 = Mean scores for factor A (Demographical Background) and Factor B (Achievement Motivation)

A Background (Urban) (Rural)	B (Achievement Motivation)			B (Demographical)		
	High	Moderate	Low	A1	A2	B1 B2 B3
	18.98	12.45	20.			

22 12.7 14.22 Mean values are shown in table 2, which clearly reveals that the girls of urban background have high level of suicidal ideation. In terms of Achievement motivation mean value reveals that the girls having

high level of Achievementmotivation have high level of suicidal ideation

Graphical presentation of meanvalues is depicted in figure 1 and 2. Figure 1-

Graphical representationfor factor A (Demographical Background) Figure

2- Graphicalrepresentation for factor B (Achievement Motivation) Table -

3 :- Multiplecomparison test for factor B Achievement Motivation Ordered

Mean Ordered Mean B2 12.

7 B2 14. 22 B1 20. 22 B2 12. 7 15.

2** 7. 52** B3 14. 22 6** **Significant at . 01 level of

confidence Table -3for multiple comparison test reveals that the groups

B2 B3, B2 B1 and B3 B1 are found significant.

Discussion

ThePurpose of present research was to examine the

impact of modernization (throughdemographical background) and

Achievement motivation on the level of suicidalIdeation. First finding of this

study is related to the effect of modernizationon suicidal ideation. A

comparison of suicidal ideation scores of two separatecategories of

demographical background (Urban and Rural) clearly indicates

thatmodernity is an influencive variable to determine suicidal ideation in

girls. The obtained results suggest that the girls belong to urban background

havemore degree of suicidal ideation as compared to the girls of rural

background. Now, the question arises why urban background girls

have more suicidal ideation? Thesuggestive answer is that due to rapid

changes in the level of economy, socialvalues, cultural values, according to

their demographical background girls haveincreased their ambition levels as

well as their needs.

These are the factors which make them pressurized to fulfill their ambitions and the degree of loss and gain make them frustrate, competitive, sometimes psychologically ill, through which, they may develop suicidal ideation more as compared to other demographical background. A number of researches have been done in the consequences of modernization which refer to the effect of urbanization and westernization on mental health. Sorokin, (1941) have found direct consequences of rapid cultural changes on mental health. The results suggest decreased level of mental health due to these changes. Mead and Slotkin argued that disorganization of society and pathological tensions are often a reaction on technological developments. Bjerregaard (1990) also revealed a positive correlation between population change and mortality from suicide. Now, a day's modernization is easily seen in the urban areas, people adopt the western culture like changes in life style, thinking, feeling, change in values or alcohol intaking and so forth.

Their living conditions are totally differ from rural areas. So the people belong to urban background are some where pressurized to maintain their standard according to the society. Westernization's effect can also be seen clearly in youth behavior.

Due to this, generation gap is also increased and family structures are also changed. So the youths have not proper environment to share all their feelings with family members, specially for girls, they have constricted environment in big cities to share any thing with others. All these things indicate clearly a very general relationship between suicidal ideation and the process of modernization according to demographical backgrounds.

<https://assignbuster.com/neetu-suicidal-ideation-in-college-going-girls/>

These second findings of this study clearly reveal achievement motivation as an influential variable to determine suicidal ideation. The term motivation refers to an organismic state that mobilize activity which in some sense selected or directive with respect to the environment (Newcomb, 1964) According to McClelland achievement motivation is a disposition to strive for success in competition with other in some standard of excellence set by the individual.

The obtained results suggest that girls having high level of achievement motivation have more suicidal ideation than the girls having low level of Achievement motivation, the suggestive explanation may be that due to modernization it's a time of competition for health wealth, life style and so forth. It does not matter who is girl and boy. Because of such environment women feel ambiguity toward their role, for family, for society and for themselves? This is time of women empowerment they are becoming teachers, social workers, doctors, ministers as well as they have to dedicate a major role for family values. In such conditions they cannot identify themselves with the traditional life style and modern life style. This emerged conflicts, and stress have made them confused and frustrated. So they may have sometimes suicidal ideation.

According to Seltzer (1980) life style is a major factor which has resulted into a gap between generations, feeling of alienation, and lack of belongingness may be the consequence to create frustration among youth. High achievement motivated persons have more suicidal ideation this fact can be support with Atkinson model (1978). Which clearly reveals that high Achievement motivated persons have more feeling of fear of failure than others? They can not adjust in the conditions of failure, when they could not

<https://assignbuster.com/neetu-suicidal-ideation-in-college-going-girls/>

Achieved their target, they easily lose their patience and become more frustrated. Frustration is considered the base of suicidal ideation as a result people may no longer have the competencies to solve out the problems, especially when they feel a conflict between their target and moral values. Due to this problem solving capacity may be reduced. As a result youth may suffer from low self esteem, may lose their sense of meaning and purpose of life and so forth. Lyng (1997) believes that the traditional way of upbringing is increasing the vulnerability, psychological distress among young people, when they are confronted with occupational life. Through above immense discussion of researches and authors, it may be said that Achievement motivation may be a leading cause for suicidal ideation.

Now, it may be concluded that demographical background and the level of Achievement motivation are influencing variables for suicidal tendencies, increasing in society day by day due to modernization. References American Academy of child and adolescents. Psychiatry, facts and families 10 teensuicide. Retrieved from 1 March, 2011 from [http:// www. suicidal. htm](http://www.suicidal.htm) Bjerregaard, P. (1990).

Geographic variation of mortality in Greenland. Economic and demographic correlations. Arctic medical research 49, 16-24. Lyng (1997).

Exploration in personality. New York. Oxford University Press, INC. 7-42.

Mcclelland, D. C., Atkinson, J. W., Clark and Lowell, C. C.

(1995). *The Achievement motives* New York : Appleton century crofx.

Seltzer(1980). Adolescent suicidal and selfdestructive behavior result often intervention study.

Adol. Health care, 788-95.

Slotkin, Meed, Back A. T. D. Suicide notes

and risk of future.

Suicide journal of American medical association 288, 495-496.