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changes because of
pride, the



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DefinitionHumility is a word that is often heard but not fully understood by many. There are many different views that people have on humility, some true and some false. One false and negative aspect of humility that people believe is that to be humble you must never show your talents or skills.

Another falsity being people thinking that you must lower your esteem to be humble.

However, humility is not defined that way. To be humble it requires more than just believing you are not the best, or not bringing the spotlight onto yourself. Humility is a virtue that is exhibited through acceptance, selflessness, and curiosity. Humility is a principle that is demonstrated through acceptance. Acceptance can be its own form of humility by accepting advice or knowledge from others. People might believe that they are flawless, but at one point and time, every person makes mistakes, " We think we're smarter than we really are. We think we're better than we really are. And we think we're morally superior than we really are.

Humility helps curb this never-ending over-confidence" (Handel). After realizing one's self is never perfect acceptance is there to fill that false sense of total confidence with humility. Not just accepting yourself for how you are, but also accepting what other people give you makes one more humble. Instead of allowing pride to take over and reject something that can better you, accept, and evaluate it. In some ways, you clear space for more knowledge by ridding yourself of your own conceitedness.

In a more basic sense, most people are scared to welcome changes because of pride, the opposite of humility. In the same way that acceptance represents humility, being curious exhibits how a person is humble and not knowledgeable of everything. People perceive those who are curious to be humble, and not the opposite of it. The opposite being arrogance, is when a person believes he or she knows or has everything they need and holds themselves in an unquestionable high regard. Humble people portray curiosity because they know “ Every person that you meet knows something you don’t; learn from them.” (Brown) To be humble is to recognize that you do not know everything, and to demonstrate this to others one must ask questions. Actively seeking out more is a credit to one’s humility.

Humility is a value that is manifested through selflessness. In coordination with an above statement of not having to hinder or hide one’s attributes to be humble, humility is shown through the act of sharing as well. The only thing that can take away from being humble during this act of selflessness would be gloating or some other form of arrogance to show off. Therefore, even if no one sees what you have contributed being content without heaps of praise makes one humble as well. This act represents selflessness as the contributor isn’t thinking of one’s self “ Humility is not about thinking less of yourself”, as the British writer C. S. Lewis once put it, “ but thinking of yourself less”.

(Kubicek, 2015) Instead, they are thinking of whom they are helping. Spencer W. Kimball writes, “ Humility is royalty without a crown” and “ Humility is greatness in plain clothes”, which really gives perspective on the word,

humility. These quotes show how a person can still be great and humble at the same time.

Humility is all about how you balance your greatness with how much you show it off. Accepting your own place in the world, along with giving what you can based on your place, and being content with what you are capable of are keys of humility. Works Cited "Humility." Merriam-Webster, Merriam-Webster, www.

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