

Addictions counselors

Psychology



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Counseling Recovery counselors Recovery counselors have the advantage of having a prior experience of the addiction. Such implies that they can relate well with the patients and comprehend the level of addiction (Buser, & Buser, 2013). Hence, they take the patient in a complete therapy circuit based on their recovery process. However, these have the advantage of developing emotions based on previous experience of addictions.

Non-addicted counselors

These have the advantage of not developing emotions on patients' addictions. As such, they provide real time therapy, which does not have a correlation to emotional status of patients (Linton, 2012). However, they have the disadvantage of not relating to the psychological problem directly.

Effectiveness

Both counselors are effective (Roy & Miller, 2012). Thus, there is no group, which has a higher level of effectiveness in comparison to another. Such is because they all have the same level of training and their focus is on ensuring that patients recover effectively from the addictions (Hagedorn, & Young, 2011). Further, these counselors have equal levels of skills and knowledge and demonstrate undivided attitude and level of competency to address the issue of addiction among the patients they receive within their facilities.

Patient risk

When the counselor is in the recovery, the patient have the risk of triggering the counselor into emotional counseling session based on the previous experience of the addiction process (Butler, 2011). For the counselor, he or she has the risk of sympathizing too much with the patient, which results in the development of former memories of the best things in addictions.

References

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