## Health studies

**Health & Medicine** 



COMMUNITY DEVELOPMENT By Community Development Introduction
Community development is a process where community members come
together to take collective action and solutions to common community
problems. The sole purpose is starting a change in the social environment by
identifying issues that are of great negative impact to the community and
developing possible solutions (DIEM & MOYER, 2005, p. 157). Civic leaders,
activists as well as citizens get involved to improve various aspects of
communities. It empowers individuals and groups of people them the skills
and courage to handle the community problems as the group has one
agenda. The community's aim is to practice justice, equality and mutual
respect, which should be long-term solutions (Garrard, 2011, p. 45).

Community development projects have needs such as drainage

Contextual information

improvements, getting rid of street decay and protect personal property. The main problem comes when the city's budget does not consider repairing old houses, but instead puts new infrastructure in the community. For instance, a lot of the infrastructure is taken care of community development programs (Creager, Beckman & Loscalzo, 2013). Recreational parks for the disabled and nursing homes for the old are mostly taken care of the community developments. Many societies prefer community groups because individuals come together and talk about issues affecting them as a group or community (Andreoli, Cecil, & Carpenter, 2010, p. 125). In such a way, problems are handled than would be a personal matter. The program gets funding from the government or sponsored, and that is how the community develops. Community development increases job opportunities, reduces crime because the percentage of housing is high thus decreasing homelessness. The https://assignbuster.com/health-studies/

community gets an education through the allowances in the program (Fillit, 2010). There is nothing as powerful as an educated society for it eradicates so many problems like poverty.

Social exclusion is a major problem in our global societies'. In U. K, for instance, social exclusions such as drug use, racism, teenage pregnancies and crime and disorder partnerships are witnessed on a daily basis. Social exclusion can happen to anyone, but those with low income, the disabled and in dysfunctional families are more at risk (Plant & Böhm, 2010, p. 109). Care Insights is an example of a U. K based community development that focuses on social exclusion. Its primary aim is empowering the community by maintaining redistribution of resources, preventing conflict to enhance poverty reduction and finally helps in food security. The program also helps the communities come into contact with entrepreneurs, helping the underprivileged to realize their economic potential. Not only does it help the locals, but also it is an international based community development program (Huber & Swogger, 2014, p. 90).

In her 2010 publication on Community health, Sana Erlyn denotes that every community-based education program should provide several community based health programs as a learning experience (Sana, 2010, p. 289). There are also community-based health programs which do help in social exclusions as well. William Newton HealthCare Foundation is an example of such community programs (Rakel, 2012). The projects include rural health care clinics where the community benefits from having a clinic nearby as well as job opportunities. It also provides medical needs of children, gives scholarships to students and provides counselling to victims of sexual assault (Greene, 2014, p. 85). The quality of health differs from person to a person https://assignbuster.com/health-studies/

resulting from biological, environmental, economic and lifestyle factors. It is said that health inequalities can be reduced, and the outcomes enhanced. A good example is smoking tobacco causes cancer, that fastens the death of an individual. Other factors like low-income increase poverty, leading to higher chances of diseases like cholera. People are affected biologically in that they suffer certain disabilities and can't help themselves, for example leprosy victims do suffer health wise when left alone. Such victims depend on community developments (Campbell, Walters, & Machin, 2007, p. 87). Community development organizations have provided an opportunity through their projects to provide diverse benefits to the community (MCKENZIE, PINGER, & KOTECKI, 2012, p. 57). The projects have been the best in dealing with common problems, increasing individuals' ability in the community. For the community projects to work, the local governments' have to collaborate with community respectively (Micozzi, 2011, p. 66). Nevertheless, as research has shown, some of the locals do disagree with the projects because they lower the output of their products, as many individuals work in the community programs. These programs help the young from involving in drug abuse, crime and early parenthood. It helps the youth get busy using their energy positively.

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