

Development of self as nurse



HH/NURS 4516 Development of Self as Nurse:

Advanced Professional Issues

- CAREER PLAN ASSIGNMENT -

1. Scanni

ng Your Enviro nment	Self- Assessment	Reality Check	Career Vision	Career Goals
-In my third year clinical placement, my nurse mentor was organized and possessed excellent communication skills when dealing with the interdisciplinary team	-Practicing in the clinical setting as a nursing student has allowed me the opportunity to spend additional time with my clients and learn more about who they are as a person as	-I am known as a hard worker and focused individual which has been evidenced by the numerous academic recognition awards I have received. - I have been	-I am an expert practice neonatal intensive care nurse that works with a diverse group of young clients and their families in a large teaching	<i>Short term</i> 2. Network with other nurses in the NICU through a professional organization and related interest groups. 3. Use nursing practice

and the families of the newborns within her care. - Environment al constraints when looking for a job includes: job availability, changes in the healthcare economy (e.g. budget), and being up against many competitors wanting the

oppose to viewing them as walking diagnosis and room number. -It is essential that I Maintain balance and values in all aspects of my life because nursing can be quite stressful at times and a good support system is needed to help cope with stress. -In the clinical

told that my strengths in the clinical setting include patient education, patient advocacy, and meeting the client's basic needs. The key areas for development that I need to improve upon and would be memorization of lab values. -Often times, people describe me as a good listener and

hospital in the downtown region of Toronto. In the clinical setting I have been recognized for my extensive knowledge base, my ability to work effectively and efficiently under high levels of stress and also collaborate effectively with the interdisciplin

placement experience s gained in my previous semesters and final integrated practicum to develop necessary competencies in this area of practice.

4. Connect with nurse mentors in the NICU clinical setting that I have worked with previously and use

same job. setting, I am very patient ary team. In them as a
 - able to and caring. accordance resource.
 Environment therapeutically support my -My with the 5. Get a staff
 al resources: y support my assessment College of nurse
 Nursing clients and of my Nurses position in
 school tend to their accomplishm (CNO) a Neonatal
 faculty and needs while ents standards of intensive
 also the still compared practice, I care unit
 clinical maintaining with others ensure that upon
 setting. my assessments my nursing graduation
 -The professional of me are practice is and
 opportunitie boundaries. quite always passing
 s of learning My most accurate being the NCLEX
 in my school significant when being guided and
 setting is accomplishm compared supported
 very diverse ents while in together as I by current
 and have the nursing feel I am a research; In
 contributed program hard worker addition I
 in my would be that prides in have been
 decision and receiving an giving quality diligent in
 focus on invitation to patient care taking
 working with join York and continuing
 newborns University’s producing education
 and their honor society work of the certificate
 families. for being the same caliber courses at
 available

-Important top 15% in the colleges and social and student in classroom. universities health issues the faculty of – I am online and in my health. – I am hopeful that I locally. community -As a result of will receive Through would be an increased my request years of many older self- for the NICU experience I adults in the awareness as my final have community and practicum as perfected are staying increased I have met the craft of home. As knowledge the additional building the more of base in my requirements nurse-client these older forth year, I needed for relationship adults stay feel that I am this by utilizing home they much more specialized therapeutic are at interactive area; by techniques increased and confident going this which will risk for falls with route, I may enable me and possible members of be able to to provide burns due to the take part in comfort and their multidisciplin the new grad support to declining ary team and initiative and families in motor skills with the hopefully my care. and sensory patients. secure a job senses. if available.

-New

-Current knowledge – I have been nursing and skills able to issues that I have identify my affecting my acquired strengths and local area since my last weaknesses would be a self- with the help decrease in assessment of my nursing jobs would be preceptor for new there is an and my own graduates. increase in reflection in Older nurses my ability to clinical and are slowing perform theory turnover by technical practice. I am taking skills such as optimistic longer to monitoring, about what retire, and setting up my nursing new and career holds graduates administratin in the future are flooding g IV and also the market. medications gaining the

-Many and also ability to nurses use inserting a grow and technology urinary learn as a to document catheter person and a patient care using sterile nurse in my technique to clinical

and also to my clients. experiences.

communicate with others - In the beginning, I had some interdisciplinary team management issues due to intervention saving my charts until stress and towards the end of the shift, which nurses are then resulted critically in me leaving necessary to clinical late. ensure Now, I ensure efficient and that I quality client document as care. I go; thus -Global improving my Health time issues such management as the Ebola in the clinical virus disease setting. in West

Africa is currently now traveling all over the world. It is vital for nurses and nursing students to stay well informed about this severe illness in order to educate clients and the public to help prevent spread.

-Horizontal violence is a global nursing

issue
affecting
many nurses
and their
practice.

Long term

1. Take
additional
courses in
order to
become
more
knowledgea
ble in
providing
client and
family
centered
care when
attending to
neonates.

2. Become a
specialized
Nurse
Practitioner-

<https://assignbuster.com/development-of-self-as-nurse/>

(Need to complete the Primary Health Care Nurse Practitioner certificate program at Ryerson University, subsequent to obtaining my Master’s Degree in Nursing.)

Career Plan

Action Steps	Resources	Timeline (When to accomplish)	Indicators of Success (How will I know I have succeeded?)	Next Steps (How will you market yourself?)
1) Speak to up to three faculty staff	-Faculty members with a	June 2015 April 2015	1) Make appointment s with	As a new graduate nurse, I am aware that I

members who could possibly become mentors in the area of neonatal intensive care or pediatrics. 2) Through my environment al scan, identify the professional skills and nursing practice competencies that are essential to working competently in the NICU

pediatrics and neonatal intensive care background - Utilize contact information obtained from the Nurse manager on the NICU.

-The College of Nurses website

-Registered nurses association of Ontario

- Canadian Nursing Students' Association

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November 2014

selected faculty members who have a neonatal and pediatric background to discuss the possibility of becoming my mentor.

2)- Ensuring that environment al scan is continually updated as my self-assessment or career vision may change. These

may not have much experience when compared to a more “seasoned” nurse when applying for the same job position; but I am confident in my abilities and know that I am able to learn and adapt to my environment with much quickness and efficiency. I am able to be my own best marketer when in a setting that requires selling of self by ensuring that I am being

3) Speak to -Nurse updates represented in past nursing manager and indicate that the best possible students and staff on the significant way and utilizing current NICU at changes all available nursing staff Trillium may have resources. I am a who have health occurred member of The experience center. around me Golden Key working on -Colleagues as I move International the neonatal that just forward in Honor Society in intensive finished the my job or which I am able care unit. nursing education. to attend 4) Meet with program in conferences and the previous attend workshops placement year. professional locally, coordinator -Nursing association provincially and to discuss practice meetings. nationally. This and placement coordinator will allow me the understand coordinator opportunity to placement connect and requirement -Faculty network with s for forth members colleagues who I year with related graduated in may be able to students neonatal the previous call upon for entering into intensive advice and specialized care direction if background needed. This will

integrated nursing further aid in my
practicum groups to success of being
areas (e. g. get employed as
NICU). feedback. new graduate
- Contact nurse in my
nurse dream job the
manager via NICU.
email to let
her know of
my interest
in obtaining
a new grad
initiative
position
4)-Contact
the
placement
coordinator
and related
persons to
establish a
meeting
time and
place to
discuss

questions
that I may
have in
regards to
integrated
Practicum.