

College study skills



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The purpose of the Discovery Wheel in Becoming a Master Student is to provide a picture of how you see yourself as a student. Which is true of Gardner's ideas concerning multiple intelligences? Each of us has all of the intelligences to some degree. ON COLLEGE STUDY SKILLS SPECIFICALLY FOR YOU FOR ONLY \$13.90/PAGE Order Now. Goals can be made more effective by examining them closely to see what they are really about. The key terms to remember when writing goals are specific, time, areas, and reflect. The four modes of learning are associated with four questions, including all of the following except Mode 4: When? Bloom's level of thinking include both a and c. Time is an equal opportunity resource because everyone has the same amount of time to spend each week. A way of stopping procrastination is to delegate tasks. Perceiving and processing include taking in new experiences. The VAK system incorporates three styles or sensory modes of learning that include visual, auditory, kinesthetic. Trying to multi-task will more likely lower your ability to complete the tasks efficiently. True. Time management activities fall into 2 major categories: making lists and using calendar. True. Attitudes are powerful because they create behavior. true. Being uncomfortable with (or in) a situation is not a normal part of the learning process. False. Being uncomfortable with (or in) a situation is not a normal part of the learning process. True. You should be cautious in sharing your scheduled events with other people, as this can jeopardize your personal online information and security. False. If one really wants to achieve a goal it should be translated into specific, concrete behaviors. True. To avoid your life becoming too one-sided, goals should be set for a variety of categories. True. People who favor processing information by reflective observation prefer to jump in and start doing things immediately. False. Certain learning styles

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may lend themselves to specific study strategies that a student can use to foster success in a course. True

QUIZ 2 The truth about memory is that the more often you recall information, the easier it is to find it. The best state of mind in which to recall information is to be relaxed. A useful memory technique is creating associations and pictures. Which of the following is an inaccurate statement regarding the memory technique "recite and repeat"? Repeat a concept out loud until you know it; then say it five more times. When you want to remember to do something, link that activity to another event you know will take place. The advantage of drawing a picture to help you remember is you anchor the information in a second part of your brain. The memory jungle presented in this chapter demonstrates the use of visualization. When you learn something new your brain changes physically. True. Emotional attachments, such as finding a topic very important to your success, will help enhance memory. True. Using a single memory strategy to remember your lesson not only saves time but allows your brain to save energy and remember better. False.

QUIZ 3 The final phase of Muscle Reading can be assisted by none of the above. A technique for staying focused as you read includes avoiding marathon study sessions by taking short breaks. When reading at work, it is helpful to read work related material with a purpose. When reading is tough, make several passes through tough reading material. If you encounter unfamiliar words while reading, it helps to write the words and their sentences on 3 x 5 cards and look them up. A strategy for holding a mini-review of a paragraph is to recite, in your own words, what you have just read. As part of the preview process, you should look for familiar concepts, facts, or ideas. Active readers think critically about the ideas in what they read. When reading difficult material, your understanding of it can be

improved by finding and reading another book on the subject, even if that book is intended for younger readers. When highlighting it is important to make a decision about what you want to remember from a text. Quiz 4 Effective note taking consists of three parts: observing, recording, and reviewing. What is the best way to listen to an instructor's lecture? Sitting as close to the front as possible. When taking a test the best way to begin is to scan the whole test immediately. Cheating lowers your self-concept because it sends you the message that you are not smart enough to make it on your own. The Cornell format of note taking consists of a cue column, a notes section, and a summary. When taking notes for an online course it is helpful to write Discovery and Intention Statements to capture key insights. When answering an essay question it is important to include part of the question in your answer. Which of the following might be on a check list prepared well before an exam? All of these. Mind mapping helps you in the note taking process because it involves both left brain and right brain functions. Techniques for overcoming math anxiety include all of the following except ignoring your mental pictures about math. Over learning material for short answer or completion test is a waste of time and energy. False. A study check list is the same thing as a review sheet. False. The best time to review your notes is within 24 hours of writing them. True. Besides the technical, one of the problems in taking an online course is procrastination. True. Because web content usually is free, information from a web source need not be documented as thoroughly as that from print sources and the same concern for plagiarism need not be demonstrated. False. Because the effectiveness of a review begins to drop after an hour or so, a good strategy is to plan on giving yourself short rests. True. The key to cramming is

repetition. True Whether it is writing a term paper or participating in an online course, the Power Process: " I create it all" is all about taking responsibility. Whether it is writing a term paper or participating in an online course, the Power Process: " I create it all" is all about taking responsibility. Special strategies can be employed to get the most not taking benefit from an online environment while still managing your time effectively. True Do not waste time on pre-writing in an essay question, as it only slows you down. False test 5A powerful starting point for critical thinking is creative thinking Conducting a brainstorming session works best when you avoid making judgments and evaluations during the session. The highest level of understanding in Bloom's Taxonomy is Which of the following would be considered part of critical thinking? In becoming a critical thinker it is essential to be aware of your hot spots (buttons). The Power Process: " Embrace the new" encourages you to all of the above To avoid misinformation on the Internet, it is best to examine the person or organization responsible for the site. The lowest level of thinking in Bloom's Taxonomy is remembering What makes uncovering assumptions so difficult? The four ways to solve problems are define the problem, generate possibilities, create a plan, perform the plan. Test 6 An effective way to improve your ability to communicate is to be aware of when you are the receiver and when you are the sender. Team work presents two issues: produce a result and find a process. Improvement of nonverbal listening skills occurs when you allow several seconds to pass before responding to someone. In a first draft you All of these. Techniques for avoiding plagiarism include all of the following except avoiding identifying details if your source is a Web page Exhibiting good text message etiquette means you should all of these Netiquette includes which of the following

points? All of these Which of the following can affect your written messages?

All of these A technique for reducing and managing fear of public speaking is to research the topic thoroughly. Online postings can be available forever.. to everyone

Techniques for avoiding plagiarism include all of the following

except test 7 Which of the following statements best exemplifies a speaker

who is avoiding group stereotypes Exemplary leadership practices include all

of the following except sustaining the enthusiasm of a project by taking full

credit for its achievement When we fall into the act of stereotyping, we gloss

over the individual differences within society. Part of effective leadership

is reminding others of the long term vision. The Power Process: " Choose your

conversations" suggests that Sexual harassment in a school setting

includes all of these Cyberbullying can take forms such as both a and

b Computer operating systems often have features that can make computer

work more accessible. These include Leadership is a skill that either comes

naturally or not. It cannot be learned false Cyberbullying means using digital

technology to harass, humiliate, or intimidate true test 8 The https:// in a URL

is an indication that the site has significant encryption technology to protect

your financial information One of the downsides of credit cards is

that Strategies for taking control of your credit cards include all of the

following except taking advantage of cash advance offers. Solving financial

problems in ways that protect you for the future includes seeking credit

counseling and help you can trust, e. g. from the National Foundation for

Credit Counseling. Money management tools can include all of the

above Studies show that obtaining higher levels of education is associated

with The Power Process: " Risk being a fool" suggests that taking risks may

mean failure, but it can also add to your life experiences. If you cannot pay

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off your credit card balance at the end of the cycle all of these Student loans from private companies always are available at lower interest rates than those sponsored by Federal Government false The Money Monitor/Money Plan System is the same as a household budget false You can use notebooks and folders to organize your finances, much as you would your coursework true Health insurance is only necessary for those with sizeable assets and poor health. false Watching what you spend on " fun" and checking your monthly phone bill can both help you spend less and thus save more true Student discounts can be a useful part of a plan to spend less. true When the economic landscape is filled with more downs than ups, the smart student realizes that they might as well give up and put their educational goals aside false Test 9 Health is a choice made with every decision All of the following are characteristics of anorexia nervosa except forced purges The Power Process: " Surrender" suggests that you should admit when you don't have the resources to handle a problem and get help The truth about substance abuse is that you have to make choices about what you do to your body. Symptoms of distress include forms of physical discomfort. Occasional emotional pain is not a sickness true Date rape is rape. it is a crime. true The birth control pill (hormonal control) is a 100 percent effective method of preventing pregnancy false Stress come in two forms- thoughts and physical sensations. true Guided imagery can be a way to relax, even while taking a test. true test 10 To get the most from interviews get a feel for the organization by researching it. Brainstorming a list of possible jobs might include thinking about the things you routinely do to succeed in school. Counseling is for everyone with a concern. Each job interview will have a few basic questions that want to see how well you and the company

will fit together. A resume is a piece of persuasive writing with one purpose-to get a job interview. The global marketplace offers a limitless supply of career options. The journey of the Master Student ends after graduation. Defining your goals is a powerful way to guarantee that you will have results. If a strategy fails to produce the results you want, you should feel free to give it up and choose a new one. Work-content skills are skills you use across several jobs in a related field.