

# Discus of all south american cichlids. they can

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Discus in the wild The discus is native to Brazil and lives in the Amazon river. It can be found in large shoals or groups of discus. Discus live among dead trees and roots. The bottom of the river usually has a sandy bottom.

There are hardly any plants in their environment. They can be found mostly with festivum cichlids. There is a cooperation between the two species with Discus inhabiting mid to lower depths and festivum inhabiting higher up in the water column. It is thought that the two species act as look outs for each other. Discus in nature often live in very large shoals. The discus is the most social of all South American cichlids. They can be found in social groups of 100s of discus in their own enclave in the Amazon.

They are not found in the shallows but in deeper water. However they avoid fast moving parts of the river but will cross past fast moving sections when travelling. In the wild Discus feed on mostly plants and algae and organisms living on those algae and plants. Insect larvae, small crustaceans and various worms are also eaten when found.

The availability of the live foods is seasonal. During the rainy season there is an abundance of live food available that stimulates the discus to come into spawning condition. In the dry season live food becomes scarce causing discus to seek out food in seasonal ponds and lakes where there is more chance to find food. Discus inhabit floodplains of the Amazon river. In the dry season these dry up and may become isolated from the river.

The floodplains are teeming with many species of fish and insects. In the wild the vast majority of discus spawning happens at the start of the rising water period. Most Amazonian fish, insects and other creatures breed at this period

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too. This results in an abundance of food for the growing discus fry after they have been weaned from the parents. Choosing and buying Discus When buying discus for the first time you must be careful who you buy from and examine the fish by eye before buying. This may not always be possible because a lot of good quality discus can be bought mail order. The best you can do in that case is to ask to see pictures or videos of the fish before buying. For first time buyers it is best to buy a group of 6 or more young discus all at the same time from a single source.

The best buying size for youngsters is between 2 and 4 inches long. At 2 inches the young discus will have more chance to adapt to your aquarium conditions and of course will cost a lot less. And at this size they grow fastest. However, smaller discus are still developing and will change colour and shape as they grow. At 4 inches you will get a good idea of the adult colour and shape.

But, the discus will be more expensive at this size and may have already adapted to the seller's tanks. The best source will be a breeder local to you where you can visit and see his tanks of fish. You should make sure to ask him about the water conditions such as pH, hardness, filtration, water changes and foods for his discus. This will help your new discus to adjust quickly to their new environment when you take them home. Try your best to buy healthy discus from healthy tanks.

To do this look for any signs of illness. Don't just examine the discus you are buying but also look at tank-mates. If any of the fish in the tank avoid buying the discus because even if the fish you are looking at look extremely

healthy, they have been exposed to disease or parasites from their tank-mates which may not show up in the healthy discus until days or weeks later.

The illness check list includes: White or grey spots which is most likely ick Grey yellow spots or patches which is most likely velvet Fungal growth which may be white/grey fluffy patches Pits around the lateral line or near the head. This is hole in the head disease. Dull colours which may be a sign of internal parasites. White or stringy faeces may be a sign of parasites or of poor diet. Clamped fins.

Healthy discus hold their fins out. High breath rate. Healthy discus have a relaxed breathing rate. Fish not feeding.

Ask to see the fish feeding. Fish hiding away. Fish with ragged fins.

Look for fish with bright red eyes. If the eyes are too big for its body do not buy that discus because it is a badly cared for discus that has not grown properly. - buy breeding pair or group of 6+ youngsters - European discus acclimatised to harder water than wild or Asian Discus fish care guide There are 3 secrets to keeping discus. The first is the use of soft water. The second is to provide very low levels of nitrates.

And the third is that the discus need vegetable matter in their diet. Discus are a shoaling cichlid and grow to a large size so you will need a large tank to house a group of discus. Discus will not be comfortable in unless you have at least six discus. The aquarium needs to be 18 inches deep. The aquarium will be heavy because of the larger weight of water so you will need to buy a stronger stand or cabinet than normal. Make sure the base is level by using a

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spirit level. Place a layer of polystyrene foam on top of the stand to even out any pressure spots.

Filtration Reverse osmosis is a form of filtration that removes a lot of hardness from tap water. Unless you have soft water from your tap then reverse osmosis is compulsory for discus fish. Filtration is the same for all fish species, but discus are more sensitive to fish waste because they are from the river Amazon. In the wild the river Amazon washes away a lot of fish waste. This process is replicated in the aquarium by frequent water changes. In the aquarium fish waste decomposes releasing harmful ammonia. Ammonia is harmful to fish. Luckily there are bacteria that will digest this and turn it into nitrate which is less toxic.

The nitrate is diluted by the water changes. Plants soak up nitrate as fertiliser, but in the aquarium, plants usually don't soak up enough nitrate. That is why water changes are necessary.

Professional discus breeders use filters that turn over the volume at the rate of 10 times per hour. In other words, for a 100 liter tank they employ filters running at 1000 litres per hour. Biological filtration is the most important part of filtration. In a discus aquarium it is best to employ mechanical filtration that will remove most solids from the water.

This will allow the biological filtration to just have the job of breaking down the fish waste without getting clogged up with gunk. A pair of sponge filters in a discus aquarium is a good choice for biological filtration. You can do mechanical filtration by having an external canister filter or a hang on

the back filter. Professional discus breeders sometimes use a smaller external tank (a refugium) that can perform biological filtration.

In these tanks algae or fast growing plants (such as Java moss or wisteria) can be kept to remove the nitrates. Bright lights are used 24 hours a day to encourage fast plant growth that soak up all the excess nitrate. In theory this can remove the need for water changes. Discus are sensitive to high dissolved solids in the water. Reverse osmosis may not remove all harmful substances such as heavy metals.

In that case activated carbon which can be used inside the mechanical filter as an extra layer will remove those trace substances. Often a change of behaviour can be noticed in the discus after carbon filtration. Skittish behaviour stops and the discus become more relaxed. Substrate and plants in a discus aquarium  
Substrate+ plants discus