

# First abdominal examination to check fetal growth



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First visit will be longer and the health care provider will do the following: 1) Collect urine sample to confirm pregnancy 2) Ask about past history including diseases, surgeries, or prior pregnancies, family history and genetic history 3) Do complete physical examination including blood pressure, weight, height, pelvic examination and pap smear 4) Will ask about last menstrual period to calculate the due date 5) Take blood and urine samples for lab work 6) Test for hepatitis B, rubella, HIV and syphilis.

7) Answer questions related to pregnancy 1. Later visits will be shorter in duration and will include checking blood pressure, weight gain, abdominal examination to check fetal growth by measuring fundal height, fetal heart rate and ultrasound exam 1. Health care provider will also do some special tests like checking for gestational diabetes, screening for chromosomal and neural tube defects and other conditions depending upon the age, family history or ethnicity 10.