

Why schools should ban homework

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Schools require/assign too much homework to their students every week.

With all this homework students get stressed out and don't have time to do other things such as exercise.

Students also aren't the only ones who want to get rid of homework. Schools assign too much homework. "The average highschool student is assigned 3.5 hours of homework," (Bidwell). "The average teenager needs 9.

5 hours of sleep," (JA). I normally get out of school around 2:30 and get home by 2:45. If I start on my 3.5 hours of homework as soon as I get home then I would finish around 6:15. Then I would have to eat dinner and that usually takes me about 45 minutes because I eat and visit with my family so by the time I'm done it's 7:00. By that time I need to start getting ready for bed so I can fall asleep at 9:00 to get my 9.

5 hours of sleep. The average teenager needs 60 minutes of exercise everyday. I don't have enough time to get my exercise because of all this homework which can lead to health problems such as obesity and other things. Tasmanian parents and friends president, Jenny Branch, started a campaign to stop teachers from setting homework. "I really want someone to show me homework is beneficial," she said. "If it is not, I don't think we should be having it.

I don't want to see kids coming home and doing useless homework. I want them outside playing," (Duncan). It's not just kids that are trying to get rid of homework because they don't feel like doing it. Some adults that work in the school districts are also trying to get rid of homework because there is nothing beneficial from it. Another reason why homework is bad is because it

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causes stress in teens. “ Students who completed more hours of homework per night were at greater risk for these negative outcomes (greater stress and more compromised health) they were also more likely to drop activities or hobbies they enjoyed in order to focus on their academic work,” (Pope).

Too much stress at any age is a bad thing, and students should not have to stop doing activities or hobbies that make them happy in order to finish homework that stresses them out. Some people may argue that homework allows students to practice what they are learning in school, but if the student does not understand the concept then they are just practicing and learning the wrong way of doing it because the teacher is not there to help them. If the student has a question about the work they can't just call the teacher and ask. They either have to ask their parents, try it on their own and probably get it wrong, or just not do it and wait to ask the teacher tomorrow, then the homework is late. There are plenty of reasons for schools to ban homework so why don't they? Homework causes stress among teens.

Homework takes away from kids exercise time which can lead to health problems later on in life. And a lot of adults think it should be banned too. That is why schools should no longer hand out homework to their students.