

Essay first year  
lecturer should  
always consult their



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Essay on Dressing for success clothing at work Dressfor Success is a very exceptional idea and obviously a good thing to do and a very widely used and considered aspect We all know we should dress professionally and that our clothes help to build the the first impression picture that will last forever in the opposite persons mind basically in a interviewer and future employer's mind but many people in various underdeveloped parts of the world are unsure exactly what looks appropriate, what should not be worn what should be left off, and what will make a person stand out.

The most important things to remember about dressing for success apply to both him and her it is men and women. Many times in life the situations change from time to time in majority a individual is judged upon how well dressed he or she appears. The same is true for lecturers it is whether in the classroom environment or during a job interview for a lecturer parent conference or open meetings. lecturers should dress professionally everyday of the week, unless a stated dress code policy allows or grants permission to dress casually on a specific day. Many days throughout the school year a lecturer is allowed to dress casually if there is a pep rally which is basically held before a sporting event or scheduled event during the school day.

First year lecturers should always consult their mentor or senior staff regarding the established dress code of the school or college. Failure to dress appropriately can make a major impact on the way an administrator whereas other lecturers and the students as well as parents perceive the lecturer in a different way which is in turn another big question. Dressing for success allows a person to gain the respect needed to set a positive example for the other people in the same area or environment. Imagine the image you are

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showcasing to your colleagues if you fail to follow the established dress code policy that has been established in the district. Majority of the times, other people or the colleagues adamantly change their dress code policy for various reasons.

For example: many students feel they should be allowed to wear hats to school. An important point to remember is that children are very good at modeling and showcasing the behavior that they observe in the adults. What they decide to wear can certainly make them look unique but it should not be something that defines them.

Instead everyone should teach and encourage their children and their loved ones like family members or friends to show their individuality in ways that really reflect their performance in school, on the work field, serving their religion or their community, in a math's or science competition, by writing a song or short story, on stage or in the theater. This is something that truly makes them an individual personality. We must realize that there is always more to individuality and the aesthetics that a person showcases than just materialistic items such as clothes.

Business attire has changed and is been changing drastically from time to time over the years, especially in the last few years there are many people who have in fact forgotten why proper business outfit is important there are also some companies which have chosen to allow and even encourage their employees to dress freely or casually for their comfort purpose this in turn helps an individual to work well in more creative and effective work environments and however there are companies which will typically

encourage and/or require a more defined and professional dress code to maintain a professional image of themselves in the society and the business environment where the employees routinely interact on a daily basis with various other people like prospects or clients and business partners. Majority of the problems arise when the employees prefer to dress comfortably or in the most new styles rather than to realize the importance for them to showcase themselves in a more professional or a stable business style or a expected manner the main reason why dressing in a proper business attire is important for every business professional is because it projects a visual image and sends a message that the person is a professional. Another big reason why dressing in proper business attire is important in the business environment or area is because you never know when you will be meeting with someone who comes from outside of your company, your image to this outsider will be the image remembered and printed in his mind by him for your company.

Basically in a business environment or a business deal this image and message always needs to be in a professional way. But in reality that image could indirectly mean the difference between grabbing a new business deal or a new contract or sale and losing the opportunity to make that deal happen. The importance of a dress code for professional environment may differ somewhat by company. However the connection between them is generally very stronger. In my country India appearance is ranked next only to the communication skills when a person's named qualities mostly are inter-associated with professionalism.

How an individual dresses for work can be a powerful add-on of his personal brand of clothes which he or she chooses, the accessories and even the footwear which the employee selects to wear during his or her work helps to increase or decrease his skillset and qualities in the eyes of his employer or co-workers and clients. Even though a one size fits all or a universal dress code may not be achievable or naturalistic, some universal guidelines are possible and could include the following aspects and examples such as:

For example:

1. Being modest: It is most important aspect considered to get attention for a good work despite of gaining attention for wearing the latest or new fashion or in a suitable type of leisure wear or sportswear basically found outside the office at a sports game like a football match or a party or beach.
2. Being well aware of days like casual Fridays: sometimes Casual Fridays can unfortunately turn into real disasters of fashion. It is very important for an individual to remember that the workweek has not yet ended or finished on the previous day which is Thursday and that the aesthetics and messages showcased on Friday must be consistent with each one of the earlier days of the week. An individual should be comfortable and this applies to the most of your dress and the comfort of the footwear you wear. Comfort needs to showcase the Aesthetics of fashion in the choices made.

Always be careful that basic etiquette is a must accompany appropriate attire. Appropriate attire must be blended with basic business and professional aspects. Deciding what to wear and what not to wear is one of the many important decisions a business professional makes in fact each day in his or her day to day life. Anyhow making this choice might not be an easy task for majority or most of the new individuals. However, in order to succeed

in a business environment every individual should always learn how to dress appropriately. Proper dress gives a individual a more serious and better expected look. The business attire for a woman should consist of at least of more than one skirt suits, a tailored dress, and a combination of skirts and blouses that suit well with the jackets of the suit-skirts. In order to feel and look professional, the clothing should be clean and it should also be well pressed and fit well.

A professional look always consists of coordinated clothing that showcases a professional image. The two suits for a woman's business attire in my country India are majorly simple in colors and styles which will in turn coordinate easily with the skirts and blouses and can also be used to switch for different looks. This helps and allows a woman to gain at least four different outfits made from two skirt-suits. Separate blouses, skirts, and jackets are also good choices for business attire as the different pieces are meant to go with each other and there are variety of pieces to choose from.

A solid color dress is majorly appropriate because it looks professional and it is also appropriate for an evening event such as a engagement whether business or social. Leather is considered as a best material to work best for a business environment and handbags should be classic or basic in colors that can coordinate with the individual's shoes. A professional wardrobe should have neutral colors like navy-blue, black, brown and gray. The Fabric should be of a good quality showcasing a air of confidence and success. In addition it a good idea to keep business clothing separate from day-to-day clothing as this results in a more organized and easier way to manage wardrobe. In a business environment a suit or a tailored dress basically presents the most <https://assignbuster.com/essay-first-year-lecturer-should-always-consult-their/>

professional look. Wool and linen are the best suitable fabrics for women's skirts and suits.

However, it is always good to choose a fabric that carries one through several seasons. For example, separate modern cotton knits can be worn in the fall, winter, and in spring/summer as well as in summer. Blouses should be as simple as possible; it should also be modest and made of natural fabrics such as cotton or silk. Whites or creams are the best color choices; however, other colors are appropriate when they are coordinated correctly with an individual's suit. When a woman is working in an office environment, pants are a requirement and they must also be worn in the summer. The stockings which a woman wears should be neutral in color, tone such as tan or black or cream and it should not draw attention.

The message an individual must showcase or display through his or her business wardrobe is that the individual recognizes and values the requirements of the working world or working environment. For a woman who understands her role in the business world or business environment, it is very important to project the image of somebody who can fit in it. In a business setting, appearance is also a major thing that matters. Your image reflects and educates others on how you want to get approached by them. Every time you go out, you reflect or showcase an image that tells others how to treat you; they are seeing you up and making an assumption of aspects such as what you do for a living or your income level and your current level of success in life based on your appearance. Successful people maintain a flawless image because they know that their image is part of their company or brand. Your image is majorly an outside indicator of who you are as a

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person which is a big part of advancing in day to day life. This is majorly true as a business owner a keen sense of style which reflects your image can lead to greater opportunities which can lead to higher levels of success.

Dress for the role you want to play. Keep your look fresh and up-to-date always remember that you are the top representative and spokesperson for the business or brand you built. Your personal appearance has always a great effect on your income and earning opportunities. You have to work consistently to keep your image fresh which will help you to grow your business. Dress not just for where you are but for where you want to be. To upgrade your look will obviously cost a little more than what you regularly spend on clothes but it is a good idea to pay a little more for the image you really want to showcase. To dress for success an individual should start by cleaning out his or her closet, remove everything that is torn or old or misshapen and also which doesn't fit.

Once you are done with this you have to go through all of the remaining items and then put together outfits that will take your appearance to the next level. To make your wardrobe more effective it must be neat and well organized also get matching hangers and arrange all the items by type like pants, skirts, etc. Organize your shoes by color so that you can easily pair them with your outfits and for your jewelry you have to get jewelry holders from a store and keep your jewelry visible instead of tucking it or hiding it away. You are always more likely to accessorize if everything is displayed nicely and in a proper professional way also practice dress-up for a few days. Wear your best looks to suit your business meetings and everywhere you go also make a note of the reactions which you get from others. People will take

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you into picture when you start dressing at your best and new opportunities will also come for you in your business environment because of your improved appearance not only that but dressing up is also a great confidence and a self-esteem booster. Clean pressed and polished. Whatever you choose to wear to an interview or your work place it should be in a good shape and fully laundered and also no holes or runs in your socks or tights if you are capable to afford a trip to the dry cleaners this is a great investment always make sure that your coats are at least spot cleaned and also that everything looks sharp ironing your clothes will help to freshen up your outfit and the overall look.

Your wardrobe for you may be however you want in your bedroom but your business clothes should never be kept without a hanger. When you go for shopping always choose quality over quantity always buy the best that you can afford even buying in bulk is not just for the house groceries but you can also do this for your business wardrobe too • For example: if you find a pair of grey pants that fit you properly or really well always don't just buy one pair but buy at least two so that you always have a backup If there is something like a particular kind of undergarment or hanky which you love and which also helps you look nice and smooth under your clothes even buy such items in bulk and stock up and when you find any clothing staple that you love always buy more than one doing this will always help you stay dressed for success whether you are meeting with clients or doing interviews or in presentations always dress to showcase the aesthetics and impress and in order to do this you should always prepare in advance always try to get your outfits together at least the night prior or before keep them ironed and ready

to go including your shoes and accessories always wear your best fitting outfits and always try them at least before one day to make sure that you like the way you look in them you are always showcasing the people the same vibe which you are feeling inside so always make sure you are feeling good about yourself so that others will easily pick up on that message as well there is a saying that when you look your best you perform at your best do make a decision right now to upgrade your personal as well as professional image and make a note concerning to your new look and always write down what you want people to say about you do include a decent description of how you feel when you dress at your best. Look at yourself in the mirror every day before leaving the house so that you exactly know how you are looking upgrading your image will help you make a change in your heart as well as in the outside environment also beautify yourself if possible and upgrade your personal image there is a saying when you look good you also feel good. To attract your ideal you should upgrade yourself to their level there are some cases like if you work from a home office you should dress to impress at your desk get up and fresh up every day and dress as though you have something important to attend and even if you are taking up a small work at your desk try to take your image beyond your ideal as you should always look and feel like you can do business on that level by this you will learn to speak and act with more confidence when you do your work and it will help you to excel in your business environment and you will find it much easier for you to too meet new people and express yourself present yourself in meetings and even make the deal happen when you are both looking and feeling your best in fact something frequently to upgrade your look so that you can dress for success. Whether one likes it or not but <https://assignbuster.com/essay-first-year-lecturer-should-always-consult-their/>

clothing communicates and it can have a major effect on the ability of an individual to achieve success. On the other side of reality what an individual wears neither defines who he or she is as a person nor it determines the value of a human being. People judge an individual by the way he/she looks and that includes the way he or she dresses specifically in the workplace. Clothing significantly influences how others perceive you and how they respond towards you. Appearance strongly influences the opposite people's perception of your financial success as well as authority and trustworthiness, intelligence and suitability for work or promotion and because perception is often considered as reality what you wear not only communicates who you are in the mind of other people but it also influences your level of career and advancement. The dress and the appearance should always reflect the highest standard of professionalism. The day to day appearance of the employees plays an important role in what perception the public has towards the company. In an organization a business casual dress should be adopted for effectiveness. Business casual: it basically means clothing which is appropriate for the office and it also means dressing up professionally.

Looking relaxed as well as neat and pulled together. The main purpose of a business casual policy is to provide a comfortable work environment while it is still projecting a professional image. Employees of the company should dress in a proper manner during the work hours and while conducting the company business activities. Another big reason why dressing in proper business outfit is important in the business world is because you never know when you will be required to meet with people who are basically

outsiders and not from your company. Your image to this outsider will be the image remembered of your company and in business dealings this image and message needs to be professional and in reality that image could indirectly mean the difference between grabbing a new deal, contract or sale and losing the opportunity to make that deal. Other Examples : The basic Specifics for Men: specifics of men include Suits and Pants with a matching jacket the Best material is pure wool or a wool blend. As for the color consideration navy, charcoal, gray and black are all acceptable.

Patterns if nonprofessional should be muted. One should always choose a conservative style that is versatile. Shirts: Best material considered cotton or cotton blend the Long sleeve shirts are more professional than the short sleeve. Jewelry: always try keep it to a minimum Wedding bracelets and a watch are a maximum. Watches if worn must be classic and not flashy.

No earrings or bracelets should be worn at work place. Ties: Ties should reach the top of your belt buckle. If one doesn't know how to tie a tie correctly he should learn or have someone who could help. Shoes: the best material considered is leather.

Shoes can be with or without shoe ties. Grooming: keep hair, nails and teeth well maintained. And the hair should be short and well kept. One should get a nice haircut. Beards and mustaches project a less professional image.

Accessories: accessories should be kept to a minimum. Vests and cuff links and the ties should match the rest of your outfit but never wear all at once.

Body Modifications: body modifications especially like tattoos should be covered whether with clothing or shoes or a decent amount of makeup.  
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When it comes to Piercings always think wisely before you get piercings done on your body even if you get your ear pierced there will still be a scar which your employer might see. Men should have no piercings visible. The Basic specifics for women: Specifics of women include Suits Pants or skirt with a matching jacket the best material to be considered is pure wool or a wool blend.

Color: navy or charcoal gray and black are all acceptable colors. Patterns if any should be muted a women should Choose a conservative style that is versatile. Shirts: The Best material is cotton or cotton blend. Long sleeve shirts are more professional than short sleeve. Blouses: Tops can be button ups, turtle necks, shells, or fashion blouses. Keep colors neutral and don't wear loud colors or patterns.

Whatever you wear make sure it keeps you covered. Skirts: skirts should be of a modest length and not shorter than 2 inches above the knee. The skirt should still cover your thighs when sitting.

Make sure the skirt is appropriate for walking, climbing stairs and sitting. Lengths can be long. Slits are appropriate if not too long.

Skirts for professional wear should be fitting but not clingy and not flowing. Flowing skirts are more Casual to Business Casual. Jewelry: post earrings are ok a modest necklace and few rings are acceptable. Dangling earrings are not acceptable, loud and noisy necklaces don't look good, rings on every finger are also not professional. A women should keep the ring count down to one per hand. Broaches are acceptable to add a little color to a jacket or sweater.

Shoes: shoes must be clean and polished. Wear comfortable ones and heels should be not higher than two inches closed toe pumps are mostly preferred and however open toed shoes are acceptable for a more casual look.

Grooming: a woman should keep hair out of her face and brushed. Nails should be painted with a natural color, don't match the nails to your outfit.

Makeup should look natural and clean. Too much color can be distracting.

Keep nails and teeth well maintained. Accessories: should be kept to a minimum.

Handbags should match your outfit as well as scarves or belts. Body

Modifications: Tattoos should be covered, whether with clothing, shoes or make up. When it comes to Piercings the only Piercings allowed are one hole on each ear, any other type of piercing should be covered or removed a woman should think wisely before you get something done like even if you get your nose pierced you will still have a scar your employer might see.

Here are some of the things an individual should never wear in the work place no matter where he or she is working: Shoes: crocs, stiletto heels, or long high heels and flip-flops or any type sandal without a back Head hats should also not be worn unless it is part of the work uniform, scrunches, heavy makeup, excessive jewelry, and sunglasses inside Bottom sweatpants as well as yoga pants and footless leggings should also not be worn not even under a long top to go with tights instead for under skirts and dresses, short-shorts or skirts and wallet chains should also not be worn sweatshirts and message T-shirts, sports jerseys, tank tops are also nonprofessional. Materials like velour, patent leather, sequins as more than an accessory, glitter, and animal prints are also not good for work.

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