

Food giveaway



**ASSIGN
BUSTER**

s Food Giveaway Experience In life, everybody has social responsibilities towards other human beings. Recently, I had the opportunity to get involved in a charity program that was feeding the homeless children and youth to donate food and other necessities. In this project, I gathered my friends and together we contributed money to buy food, toiletries and clothes. It is not what I am used to doing and was a whole new experience for me. There were a lot of activities and games to play with the children. We also donated games equipments. I also handled the counseling session about the means of enjoying life with the little or the much that one has. I feel that I gave my all for this program because my heart was in it.

This experience was also a time for my inner self discovery. I was able to learn about my emotional being. I learnt that I find peace in being around children and the less fortunate. I also learnt that charity is a thing I can do all my life so long as it involves the youth and children. These are people whose experiences I can relate to. They are people I feel that go through the same emotional challenges I go through while growing up. They are people with dreams just like I do. I thought working with the youth and children is hard but this perception has changed.

It was not hard to talk to the children about life. This is something I have done being a peer leader. The session was engaging and I enjoyed it.

However, having to wear gloves and a gas mask to clean up the place they call home stretched me. This is not something am used to doing and so adapting to it was not easy but eventually, I was able to do and I overcame my fears.

The youth and children narrated their experiences in life and how they came to live the kind of life they are living. This part carried my emotions. I could

not hold back my tears to learn that there is someone out there living life in worse conditions but they still enjoy their life. Leaving the group was not easy: saying goodbye is never easy.

Man is not an island: everyone has a belonging as a member of a community. I feel proud that there are people who contribute in making life wholesome, each in their big or small ways. Being a member of a country also gives one identity and one can therefore feel safe around people whom they share citizenship. In this era of technology, I feel fulfilled that I am not an alien on earth. The different cultures and races of the world always give me an opportunity to learn something new every day.

The donation experience was good for me because I feel that the way I handled it is the same way I handle other parts of life. I regard everybody with importance. Every opportunity in life is a learning experience for me and this too was a learning experience. Probably the only thing that I would do differently is that I would get people with expertise in different areas of life to advise the group.

Being with people who are less fortunate than you are is the best experience.

After the project, I look at life differently: as a gift that I appreciate having every day. I would do this project many times and still not get tired of it.

Work cited

Wilfredo Johnson. Activities for Young Adults. Appannie: Bookpubber, 2014. Print.