

Interpersonal themes

[Psychology](#)



**ASSIGN
BUSTER**

Interpersonal themes al affiliation) Participatory question I will try to engage Jackie and find out what is taking place. I will utilize Jackie's response to enable me understand how the client is affected by her own behavior. I will also try to enquire what she wants to hear (Teyber, 2006). I will try my ensured am able to withstand her comments and criticism. I will also request them to remain silent and listen to my comments before responding. Her responses will enable me to discover or explore the behavior of the client and how it affects them. Getting to know the clients behavior, will be to identify ways of dealing with them.

Participatory question 2

I will ask Jack to remind me where we left the last day. I will respond in such a manner with an intention of not failing the client. Responding harshly to the client might make them to distance themselves, blame others or even become withdrawn. A positive response will boost their morale and may result to a successful therapy (Teyber, 2006).

Participatory question 3

I will be able to assess the client's response and ask them to give their own reasons. I will try out various ways of response to enable the client to raise their view. I will listen to the client and then respond accordingly. I will pay attention to both covert and overt messages from the clients (Teyber, 2006).

Participation 4

I was able to assess a classmate's reaction after I said something stupid to her. My classmate begun to cry and I acted effectively by apologizing after I realized I had made a mistake. The information is vital since it will enable to respond to the client's reactions, especially in situations where clients

respond to my comment in a harsh or sad manner (Teyber, 2006).

Participation question 5

There is numerous ways in which I can enquire my clients; they include feelings, thoughts and perception the client has toward me and the way client responds to me. Assessing the feeling, the thoughts, perception, behavior and response to my questions will help identify whether the client has feelings about me (Teyber, 2006). I will be comfortable to ask the client about their feelings even though in a more professional manner to prevent disengagement.

Participation question 6

Disengagement takes place when clients becomes angry or manipulative. I will talk to the client in a calm manner and try to enquire about the problem. I will also be able to approach the client's negativity in a non defensive manner (Teyber, 2006). I will ask Bill to stay calm and air out her problems.

Participation question 7

Enmeshment often takes place when we become over involved with the patient or client. In order to avoid enmeshment, I will stop being over involved with the client but not so abruptly. I will reduce the time I spend with the client as well as avoid projecting my own solution and problems onto the client (Teyber, 2006). The move will enable me to maintain my ability as a participant observer.

References

Teyber, E. (2006). *Interpersonal process in therapy*. Southbank, Victoria, Australia: Thomson Brooks/Cole.