

The problem of using restrooms for women in india

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Constructing Home and Affordable Toilets Designs This should capture every culture and local condition as despite the government spending 7000 scores yearly in toilets constructions; it has failed to answer women's problems culminating into disuse. Toilet designs should factor in elements of geographical conditions, water, and culture (India today international, 1997, p. 156). Besides constructing toilets, environmentally friendly toilets should stand erected as stated by Gramalaya who has been constructing rural toilets in India for two decades. Some designs may scare women particularly on the holding balance, hovering and buttock positioning, which approximated at six inches over the seat. But it is recommended that they hold the toilet paper dispenser, handle or enlargement of the gap between the toilet and buttock. Increased security for women in public restrooms This aims at making public restrooms to properly separate gents and ladies' facilities so as to avoid the case of males harassing and molesting females. It has been seen in places such as schools that have usable toilets rated at 63 percent in 2013. Fear of rape by women, makes it difficult for them to use restrooms, there should be increased and well-trained security guards with higher levels of honesty to assist women who may opt for restrooms. This will instill courage within these women which will rebel against their deeply-rooted open defecation culture. Encouraging people to use Restrooms It is surprising that despite an increased number of toilets in India, less impact has been felt as culture drives open defecation making many toilets disused. There are urgent calls for more input to create awareness on the significance of using toilets. Women face infection particularly, when pushed to defecate in dirty fields during menstruation (Neville, 1984, p. 111). Most of the world's reported cases of polio, hepatitis A, infectious diarrhea and giardiasis were

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from India. Indian children have also been inflicted by stunted growth resulting from fecal germs as a result of open defecation. These risks need to properly be explained to Indians to weed out the stringent culture translating into the increasing use of restrooms not only by women but the whole population. Conclusion It is quite evident that there are more pros than cons resulting from the use of toilets for health safety. Elimination of cons attached to this is also inevitable, the Indian government needs to increase safety for women at restrooms.