## Colonoscopy essay



In what hospital or clinic do you practice your profession? Toledano Medical clinic and Dialysis center:

1. What is Colonoscopy? It is a endoscopic and minimal invasive examination of the colon and the distal part of the small bowel with a camera on a flexible tube passed thru the anus, It is use as a diagnostic procedure, opportunity for biopsy and removal of suspected lessions.

2. How long will this procedure last?

3. How long has this procedure been in the Philippines? The 1st colonoscopy was done at the 1969 and it has been available in the Philippines since 1900's. Though it wasn't prevalent because it is costly.

4. Who can and can't undergo this procedure? Everyone could under the procedure but it is recommended for patients who are suspected to have primarily colon cancer and gastrointestinal diseases. Since Colon cancer increases with age so patient who are 50 years old upwards and those who have a family history of it are definitely candidates.

5. When do you perform Colonoscopy on a patient? Colonoscopy has a preparation procedure. The patient's colon should be free of solid matter and for 1-3 days the patient is required to follow a low fiber or a clear-liquid diet only.

6. What are the benefits of Colonoscopy? Colonoscopy could detect colorectal cancer and the best diagnosis of the status of the patient's colon. Also the doctors could remove tumors or polyps if there's any.

7. What are the concerns of the patients before undergoing the procedure? Statistically the procedure yields very low risks. In very rare cases gastrointestinal perforation and splenic rupture have occured.

8. What much will the whole procedure cost? The average cost is about 60k-80k pesos.

9. How accurate is Colonoscopy in detecting a disease? Very accurate and it is the best procedure.

10. What are the misconceptions regarding Colonoscopy? Colonoscopy wont hurt and it would leave any scars

11. Do you find it necessary to create advocacy ad regarding Colonoscopy to somehow correct this misconceptions? Why? Yes. Since cancer is one of the leading causes of death world wide and colorectal cancer is third highest incidence among cancer.

12. Can you give three most vital info people must know regarding Colonoscopy? Colonoscopy, is a screening procedure primarily for colorectal cancer. It is advisable for people 50 years and above and those who have family history of colorectal cancer. Lastly it is recommended to be done every 3 years