

# Time management skills and academic performance



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CHAPTER 1 INTRODUCTION Background of the study The concept of time is self-evident. An hour consists of a certain number of minutes, a day of hours and a year of days. But we rarely think about the fundamental nature of time. Time is the most important thing in this world. As the old saying goes “ Time and tide never waits for someone”. We can’t stop time if we could stop time, we’d be able to stop anything in this world. We should know how important time is and care for every second that passes.

Most of the times we think that there is loads of time left to do something, this may involve us in other activities and this is exactly where we forget the importance of time. The best way to care for our life is to care time. Time is extremely important in our life; it helps us structure our daily lives and activities, so that we can live more organized, productive lives, living happily and with purpose can be simpler with proper time management. The tracking of academic performance fulfills a number of purposes.

Areas of achievement and failure in a student’s academic career need to be evaluated in order to foster improvement and make full use of the learning process. Results provide a framework for talking about how students fare in school, and a constant standard to which all students are held. Performance results also allow students to be ranked and sorted on a scale that is numerically obvious, minimizing complaints by holding teachers and schools accountable for the components of each and every grade.

Students care about their academic performance because they believe good academic results will provide more career choices and job security. Schools, though invested in fostering good academic habits for the same reason, are

also often influenced by concerns about the school's reputation and the possibility of monetary aid from government institutions, which can hinge on the overall academic performance of the school.

The researcher is very much interested to focus the study in this area because we would like to find out the relation of time management to the student's academic performance. Statement of the problem This study is intended to identify the relation of time management skills to the academic performance of the students. Specifically, this study seeks to answer the following questions; 1. What time management skills are practiced by education students? 2. What is the level of academic performance of education students? . What is the impact of time management skills in academic performance? Significance of the study The result of this will be a good source of information that may lead the education students in the importance of time management skills that will enhance their learning abilities towards their academic performance. This study attempts to show a clear view on how the College of Education students will enhance their learning performance through time management.

And also it adjudicates the teachers to provide a time allowance beyond the limitations on the set time schedules. Scope and delimitation The study focused on the reason how time management affects the academic performance of the College of Education students. A survey questionnaire was utilized to gather information pertinent to the area of concern. The respondents of this study are first to third year students of the College of Education both enrolled in BSED and BEED courses during this second semester, S. Y. 2011-2012.

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