

The strengths and weaknesses of opinion



**ASSIGN
BUSTER**

Strengths And Weaknesses “ I have no weaknesses, my body is as strong as an ox and my mind is that of Einsteins. I am the ultimate human. I am God in the flesh. I am perfect.” A mentally ill prisoner told me this while I was transporting him to a correctional facility in San Luis Obispo, California. My impression is that this prisoner is self-righteous, delusional, and down-right crazy.

Just like any normal person, I have weaknesses and strengths that I am proud of and others that challenge me. I have evaluated, analyzed, and did some deep soul-searching to determine the strengths and weaknesses of my character. The two positive strengths that I possess which contribute to my personal life, my career, and my learning team are a positive attitude and patience. Whereas, the two areas that I determined that I need more improvements are my public speaking skills and my organization skills. Having a positive attitude is a strength of mine that contributes to a happy personal life, a good work environment, and a motivated learning team. A positive attitude is contagious. How can anybody be mad or upset at a person who is always positive and full of compliments My personal life is great because there is no negativity or bad attitudes.

I flood my family with positive, happy thoughts that motivate them to encourage and share their happiness with others. Being positive keeps me and others around me in a good mood. In addition, a positive attitude at work makes tense situations manageable. If a prisoner is breaking the policies, I can either be positive and redirect him to follow the rules or be angry with him and deal with a crazy prisoner in a dangerous confrontational way. Being positive motivates and encourages others to be compliant and respectful. Also, a positive attitude will be beneficial in my learning team because it will promote teamwork and friendships. I think that a happy,

friendly team will be more productive than a team that argues and disagrees. My second strength is patience.

Who likes a pushy, obnoxious, unhappy person It is so much nicer to deal with people that are patient. Patient people do not interrupt others, but instead they listen and are helpful. In my personal life, I have an autistic child who requires loads of patience. Being bossy, angry, and snappy will only make my son regress and become very difficult to handle.

I must talk slowly to him and repeat myself several times so that he will understand me. In my work environment, it is also imperative that I am patient. I deal with criminal mentally ill offenders that often act and comprehend like children.

Therefore, patience is mandatory for me to achieve and display so my work environment remains somewhat safe. In addition, patience is a must when participating in a team environment. When many people get together in a team, things often progress rapidly and sometimes get sloppy or misunderstood.

Using patience will maintain consistency, accurateness, and organization. Now that I explained my strengths, I must now convey that I have weaknesses. I am not super human, nor am I perfect.

My weaknesses often frustrate and challenge me, but my positive attitude forces me to correct and conquer my weaknesses. My first weakness is public speaking. I get nervous, my hands get clammy, my face begins to sweat, and I mumble my words when I speak to a large group of people.

This problem does not effect my personal life nor will it effect my on-line learning team, but it does effect my daily duties at work. At work I speak to the public regarding the loved ones and family members that are incarcerated. I am told that my nervousness does not show, but before and during every speechs I feel my hands shake, my feet get clammy, and my face sweat. Over the years, I have fought this battle of public speaking by doing many things.

First, I completed a college level English class. Second, I completed a college level speech class. Third, I volunteered to speak to employees about the safely at a maximum security mental treatment facility. Finally, I am an instructor in law enforcement teaching police officers medical first responder classes. My second weakness that I must confess to is my lack of organization. I organize my work papers by tossing them on my desk and shutting the door so I dont have to look at them.

I fear my computer room. I would be a great anti-Office Max poster boy. Being unorganized effects my personal life because I cant find anything I am looking for in my house. When tax season arrives, my accountant has to threaten me to make an appointment. Also, I tend to avoid all areas of my house that has folders or filing cabinets. My lack or organization effects my work as well because I often lose important personnel documents, training requests, and time requests forms. This problem requires me to complete my paperwork twice and I lose precious, valuable time.

If I dont change my ways, I hate to think of the problems it will cause me in my learning team. Before it gets to that point, I will rekindle my relationship

with Office Max. I will not fear the sight of folders and filing cabinets anymore. I will actually use a monthly calendar, a day planner, a backpack, and a desk with filing cabinets. The fear of performing poorly in school made me realize that organization is very important. I have strengths and I have weaknesses. I have taken a good look at myself in the mirror and I know I am the only one that can help myself conquer my weaknesses and improve my strengths.

My positive attitude and patience are my strengths that I am proud of. In addition, I am motivated to improve my public speaking and organization skills so I can focus on other important issues, such as completing my education, and helping my autistic son. My strengths give me happiness and motivation to help others and my weaknesses are only as weak as I let them be.